

# **NEWS AND ANNOUNCEMENTS** October 5, 2025

Updates and more information at: gslcva.org/ Livestream: Facebook Live | YouTube | Vimeo

Preschool: Facebook

Vanco online giving: gslcva.org/giving

2 Kings 5:1-3, 7-15c | 2 Timothy 2:8-15 | Luke 17:11-19

Text to Give: 833-761-1059



1133 Reston Ave., Herndon, VA 20170 | 703-437-5020

**Next Service Readings:** 

# Do It Your Way 0.5K-today!

Join the Good Shepherd team today, Sunday, October 5, from 2:00 to 4:00 p.m. at Lake Anne Plaza for the most fun 650 steps at the 0.5K fundraiser for the South Lakes High School Food Pantry! Register by scanning the QR code to the right, ensure you select Good Shepherd Lutheran Church.



### Ladies' Sunday Bible Study

The Ladies' Bible Study will be meet today in room 203, following today's 8:00 a.m. worship service. Join us as we study Donna Snows' book, Strong and Courageous: Studying God's Promises in Joshua. Questions? Contact Heidi Cooper (heidi@gslcva.org).

# Sunday Adult Bible Study

The Adult Bible study will meet in room 111, following today's 8:00 a.m. worship service. The group will take an in-depth look at John's gospel, using William Barclay's The Gospel of John, Volumes One and Two. Questions? Contact Pastor Gary James (pastorgary@gslcva.org).

# Interested in Sticky Faith? Discussion meeting today

Pastor James is seeking to form a 5-session Bible study on Sticky Faith, Everyday Ideas to Build Lasting Faith in Your Kids. The study is geared toward parents of tweens and teens, although all are invited. We are planning to start with an interest meeting today, Sunday, October 5 if enough folks have registered. The location will be provided during announcements. Interested? Contact Pastor Gary James (pastorgary@gslcva.org).

# New Connections Class-starts today!

Are you interested in learning more about Good Shepherd? Would you like to make a deeper connection with us and our ministries? If so, we would love to engage with you. Our next Connections Class starts today, Sunday, October 5, during the Sunday school hour, in room 202, and runs for three consecutive weeks.

Session One: Learn more about how Good Shepherd operates, what ministries and opportunities we have for service and Christian education. | Session Two: Pastor Johann will give you a mini primer on what we teach and preach. | Session Three: Connect with a current member who will help you explore areas of our life and ministry where you might like to become involved.

Can't make one of the sessions? No problem! We offer make up classes. After completing the classes, you are invited to become a member of our congregation, should you choose to do so. No pressure! If you are transferring to Good Shepherd from another LCMS church, you don't need to attend session two, unless you would like to. Interested? Contact the church office or Heidi Cooper (heidi@gslcva.org).

#### Life Groups

**Word Workers: Wednesday, October 8:** 7:30 p.m. to 9:00 p.m. Virtual (Zoom) **2GETHER4LUNCH: Thursday, October 9:** 11:30 a.m. Euro Bistro (Herndon)

Women's Thursday Morning Bible Study: Thursday, October 9: 10:00 a.m. to 11:30 a.m. GSLC (Room 203)

Men's Friday Bible Study: Friday, October 10: 7:00 a.m. to 8:00 a.m. at Panera Bread (Elden Street)

Men's Brotherhood Breakfast: Saturday, October 11: 8:30 a.m. at La Madeleine (Reston) Manic Mondays: Monday, October 13: 7:00 a.m. to 8:00 a.m. at Panera Bread (Elden Street)

Interested in our Life Groups? Check out our webpage for details or stay tuned for further updates in future emails.

# Women's Retreat-registration ongoing!

Ladies, get ready for the Women's Retreat in Winchester on November 7-9. Enjoy a weekend filled with faith, fun, and fellowship. Sign up by clicking the link on the top of our website to go to the registration page (https://gslcva.org/womens-retreat/). Questions? Contact Heidi Cooper (heidi@gslcva.org).

### Fall SED High School Youth Gathering—registration extended!

Hey high-schoolers! Join us for the Fall High School Youth Gathering at Watermarks Camp in Scottsville, Virginia, from Friday, October 31, through Sunday, November 2. This year's theme is "NO OTHER NAME BUT JESUS." Who are you? At any stage of life, this can be a hard question, but in high school it can really be a struggle. Where does God's name fit in with your identity? God's name has the power to save, and in His name, we find out who we really are. Looking at Acts 4, we know that "NO OTHER NAME BUT JESUS" has the power to save, bring us comfort, belonging, and purpose.

The late registration deadline is Friday, October 10, and costs \$185.00. Questions? Contact Holly Vanderhoof (holly@gslcva.org) for more information.

#### Workcamp 2026

Hey high-schoolers and parents, it is time to think about Workcamp 2026! Registration is now open, and a link will be available very soon! Hopefully by now you've heard about Workcamp – our annual HSM Summer Mission Trip with Group Mission Trips. A \$100.00 non-refundable deposit is due by Sunday, October 19 (the registration deadline for this event). This camp is currently FULL for this year's event and registration is on a "first-come-first-served" basis since we have reserved a limited number of spots. Stay tuned for details and register as soon as possible to guarantee your spot! Friends welcome! Questions? Contact Holly Vanderhoof (holly@gslcva.org) for more information.

#### Fall Family Fun Festival

Join us on Sunday, October 19, for Good Shepherd's Annual Fall Family Fun Festival starting at 12:15 p.m. in the lower church parking lot. Brats and hot dogs will be served along with beer and cider. Bring a side dish or desert to share. Decorate your trunk and don a costume for the kids to enjoy Trunk or Treat after this Oktoberfest-style lunch. Invite your friends and family to join the fun. Sign up by scanning the  $\ensuremath{\mathsf{QR}}$  code to the right.



#### **Events This Week**

Worship Service: Sunday, October 12: 8:00 a.m. (Order of Matins) and 11:00 a.m. (Contemporary/Praise services) | Questions? Check out our website (https://gslcva.org/worship/services/)

Choir Practice: Sunday, October 12: 9:30 a.m. (choir room) | Questions? Check out our website under "Education": kids, youth, and

Sunday School: Sunday, October 12: 9:30 a.m. (kids, youth, adults) | Questions? Contact Anne Lee (anne@gslcva.org)

Prayer Gathering: Wednesday, October 8: 7:00 p.m. (video teleconference)

Community Service: Monday, October 6: 2:00 p.m. to 4:00 p.m. Food Pantry (pantry rooms) | Wednesday, October 8: 10:00 a.m. to 12:00 p.m. SLHS Food Pantry (pantry rooms) | Thursday, October 9: 2:30 p.m. to 3:30 p.m. SLHS Food Pantry transport for distribution at SLHS (lower parking lot) | Questions? Contact Holly Vanderhoof (holly@gslcva.org) SEE OTHER SIDE for more opportunities.

# **Community Service**

**Family Opportunity 10 & up! Adopt a Highway.** Join us on **Saturday, October 25**, at 8:30 a.m. for a light breakfast in the Fellowship Hall. Pickup begins promptly at 9:00 a.m. It takes approximately 1.5 to 2 hours of your time, and service hours can be earned. It's a beautiful stroll along Reston Parkway because of helpers like you! Help us keep God's creation beautiful! (Rain date November 22). *For safety reasons, volunteers must be at least 10 years old and accompanied by an adult if they are under 16. Please bring your own gloves.* 

**Do you know of someone who needs help finding resources in our area?** For a list of comprehensive services in our area please call or visit: 2-1-1 Virginia. 2-1-1 Virginia is a source of information about community and social services available in Fairfax County and statewide. When you dial 2-1-1, a trained professional will listen to your situation and suggest sources to help using one of the largest databases of health and human services in Virginia.

Volunteers needed! The Closet of Greater Herndon. Congregation scheduled days have returned to The Closet! Good Shepherd's next volunteer days are October 23, November 14 and December 9. The Closet needs volunteers to maintain day to day operations. Please consider donating some time to this valuable resource in our community. Scan the QR

maintain day to day operations. Please consider donating some time code to the right to signup or visit: <a href="http://tinyurl.com/5n7kbmb2">http://tinyurl.com/5n7kbmb2</a>.

**Thanksgiving Meals.** Help us support Cornerstones clients with a nice Thanksgiving meal this year. We have shoppers lined up and ready to go! You can provide a full meal with a \$60 donation which includes non-perishable food and a \$25 grocery gift card. Meals will be assembled on November 16 and delivered to Cornerstones on November 19. **Online donations can be made at:** https://tinyurl.com/4dznmmm2 or via scanning the QR Code to the right.

**Hypothermia Shelter Meals – SIGNUP OPEN!** An opportunity to serve through supporting the hypothermia shelter meals program is fast approaching! Every Wednesday from the beginning of December through the end of March (17 weeks), we prepare, provide, and serve hot meals for **40** guests. **Would you like to know what it is like to prepare food for the Hypothermia Prevention Program?** The best way to think about preparing the food is to consider what you would bring if this were a picnic. You need to

provide food in disposable containers and include any needed (sturdy) plates, bowls, cups, napkins, eating utensils. One consideration is that the clients often don't have a full set of teeth - shredded or ground meat is preferable to chunks of meat. The same is true about the fruit. This year the need is much greater as they are serving about 80 people. **We will be helping with that number by providing a minimum of 40 meals**. Serving in person is also back this year but you still have the option to drop off the meals! Volunteers must be at least 18 years old to serve in the shelter. For more information and to signup visit: <a href="https://tinyurl.com/4n5m8b9u">https://tinyurl.com/4n5m8b9u</a> or scan the QR code to the right.

**South Lakes Food Pantry - Continues to Serve the Community!** 

The Food Pantry has distributed more than **TWO MILLION SEVEN HUNDRED THOUSAND POUNDS** of food and toiletries to our neighbors in need. What a significant difference you've made in the community with your support of this incredible ministry. *If you are interested in helping, email Holly Vanderhoof* (holly@gslcva.org) to get up-to-date volunteer needs. Needs are on the rise. We are averaging well over **7,000 pounds** (3½ tons) of food to families and students in need each week. Please consider shopping from our urgent needs (see list below) or donating money to the pantry so that they can purchase food for the pantry.

#### **NO-CONTACT Donation curbside drop offs:**

Mondays (2:00 p.m. until 4:00 p.m.) Wednesdays (10:00 a.m. until 12:00 p.m.)

Donations may also be shipped to the church: SLHS Food Pantry, c/o GSLC, 1133 Reston Ave., Herndon, VA 20170

**DRIVERS NEEDED.** Looking for additional drivers on Thursday afternoons, 2:50 p.m. to 3:30 p.m. Bags will be loaded at GSLC and then unloaded at the school for you. Interested? Please contact Holly (holly@gslcva.org). **LOADING VOLUNTEERS NEEDED.** We are averaging 200 bags each week, not including the additional donations of fresh produce and meat from Trader Joe's. Volunteers would meet at the church lower parking lot at 2:30 p.m. Please allow 45-60 minutes for this volunteer need.

**URGENT NEEDS:** jelly, peanut butter, diced tomatoes, pasta sauce, pasta, boxed mac & cheese, canned meat, bar soap **Women Giving Back.** Come and support women and children in crisis on a first step to stability by providing quality clothing at no cost, assisted by a caring and committed community. From grassroots humble beginnings, Women Giving Back has grown into an organization that serves more than 24,000 women and children in need every year. Visit: <a href="https://womengivingback.org">https://womengivingback.org</a>. for more information.

Cornerstones Volunteer Opportunities: Cornerstones offers a multitude of volunteer opportunities to serve members of our community. Opportunities include Farmers Market Gleaning, Career Mentors, Financial Literacy Mentors, Interpreters, Front Desk Assistants, Pathways to Sustainable Employment Program Volunteers and so much more. Visit <a href="https://tinyurl.com/mvzzu4ue">https://tinyurl.com/mvzzu4ue</a> to sign up for a volunteer hub and to learn more about these opportunities as well as their virtual volunteer orientation sessions. Interested? Please contact Holly Vanderhoof (holly@gslcva.org).

### Calling all Hikers and Walkers!

Fall colors should be on display during our next GSLC Hiking Group outing. On **Sunday, October 26**, we will walk the paved paths that circle Lake Anne. The paths are all paved along this route but there are rolling hills along much of it. If people wish to take a mini walk, they may turn around and return to the start once we have crossed the Monet Bridge and viewed the intricate rock gardens (1/4-mile total walk). Walkers may complete the entire loop around Lake Anne (1 1/2-miles). This walk is very kid friendly as there are multiple play structures for kids along the way. A walk leader will stay with each group to ensure everyone has a safe and enjoyable walk.

We will gather in the church entry area following the 11:00 a.m. worship service to drive and/or carpool over to Lake Anne Plaza. If anyone wants to meet directly at the walk start, we'll meet at the Robert E. Simon bench about 12:30 p.m. We'll walk along the storefronts toward the Monet Bridge paying close attention to the beautiful gardens along the way. After we cross the bridge, we'll walk through the neighborhood to the left. A resident there has created incredibly intricate and amusing rock gardens which are sure to make you smile. The boldest may set back out to walk the whole lake loop a second time to make it a 3-mile walk.

Things to bring include comfortable shoes, a bottle of water, a light snack, and your happiest self. Please let us know if you intend to join us so we don't leave anyone behind at church. Questions? Contact Jeannie, John, and Drew through the church office (gslc@gslcva.org).

#### **New Member Sunday**

We warmly invite anyone interested in becoming a member of Good Shepherd Lutheran Church to reach out and begin the journey of faith and fellowship. New members will be officially welcomed during our worship services on **Sunday, November 16**.

Questions? Contact Heidi Cooper (heidi@gslcva.org).

#### Sign up for the online church directory

We encourage you to join Good Shepherd's online church directory. It's a great way to connect with other members and to help you match names with faces. We use the "Instant Church Directory" app – an OPT-IN only, so if you don't provide us with information on you and your family, you will NOT appear in the directory. To sign up, send the name and email address for ONE PERSON in your family to the church office (gslc@gslcva.org). Members and non-members who regularly attend GSLC are invited to join our online directory. Please let us know if you'd like to join our directory community!

### **GSLC Tax-Free Donations**

Are you  $70\frac{1}{2}$  and taking an IRA distribution? Make your donation to GSLC tax free through Qualified Charitable Distributions (QCD) directly from your IRA. This is the only method under U.S. tax law to donate Required Minimum Distribution (RMD) amounts tax-free. It's available to IRA owners age  $70\frac{1}{2}$  or older. You can transfer up to \$100,000 per year directly from your IRA to one or more IRS-approved charities. The amount of the QCD is excluded from your taxable income and fulfills your RMD. For married couples, each spouse with their own IRA can give \$100,000, effectively \$200,000 combined. Check with your investment advisor for details and applicable regulations.





