



VICTORIOUS SECRETS

Keep It Simple

In our Christian journey, we develop our faith over time. Spiritual disciplines, then, are habits, practices, and experiences designed to help grow and strengthen certain qualities of spirit — to build one's character and expand the breadth of one's inner life. Some spiritual disciplines are personal, inward exercises that are practiced alone; others require interpersonal relationships and are practiced in community. This series will take a deeper dive into how we can become victorious in developing our relationship with God.

- What is something that stuck out to you from last Sunday's teaching?
- Circle Time: Has Christianity ever felt too hard or unachievable to you? Why or why not?
 - In what ways have you noticed Christians over complicating Christianity? What effect did that have on others?
 - How do you think over complicating Christianity impacts the way the world perceives Christians?
 - In his message, Dave taught us about simplicity as a tool for living a victorious life in Christ. In your experience, what does this look like?
- Read Matthew 6:25-33
 - In your own words, describe what you think Jesus means in v.27.
 - The word for hour in Greek translates into *forearm* or *cubit*. What this insinuates is that Jesus is not talk about time. He is talking about a measure. The theologian, John Nolland, asserts that this statement implies, "You cannot by worrying gain the seniority to which you aspire."
 - How, if any, does this change the way you understand what Jesus is trying to say?
 - Is Jesus being harsh in v.30 by challenging the audience's level of faith? Why or why not?
 - In your experience, does the concept of faith simplify things or complicate things?
 - What about when life takes a turn for the worse? How do you reconciling keeping the faith when things aren't working out?
 - In your own words, what do you think Jesus means in v.33?
 - "His Kingdom and his righteousness" refers to his faithfulness to humanity... What are some of the major ways God has displayed his faithfulness to you?
 - Then, as a result of seeking God's Kingdom, *these things* will be given to you. Literally, He knows all of what you need and your submission to His provision of your basic necessities. Define what basic necessities is.
 - What are some basic necessities other than food, water, and shelter?
- What are some complicated areas of your faith currently? What are some steps you can take to simplify?