

BODY LANGUAGE



We Are His Body

The influence of a culture that is constantly becoming more consumeristic is to apply an individualistic approach to church. In this Lenten series we address the pervasiveness of individuality in the church. This is an opportunity to join the movement of church in unity with each other and with the Spirit.

- What is one thing that stood out to you from this week's message?
- Circle Time: John talked to us about Identity... If you had to explain your identity how would you do it?
 - What is your identity at work, church, home?
 - Is your identity different at these different places? If so, explain the differences.
 - How, if at all, does your identity in one of these areas affect your identity in the others?
- Read Ephesians 1:22-23
 - What truth do you see Paul proclaiming in this passage about our identity?
 - Describe in your own words the relationship between humanity and Christ that Paul is trying to illustrate?
 - What do you think Paul means when he describes Christ as the head and us as the body?
 - When meeting someone face to face for the first time what is the very first thing you experience about someone's identity before you even speak to them or they speak to you?
 - There's a few old cliché's that speak to how this works with Christians. "Preach the gospel always, but only use words when necessary." What does that mean?
 - Another is, "The way you live your life may be the only scripture some people ever read"
 - With all this in mind, what might Paul be trying to tell us about how "the body" is representative of the identity of Christ?
 - Do you think Christians are very good at representing Christ with their lives? Why or why not?
- Read John 13:34-35
 - What do you find significant in this passage?
 - Jesus is saying the greatest proclamation to the world about who He is lies in how we love each other! Why is this so difficult for the world to see about who we are?
 - Is it interesting to you that Jesus says this right after He washes His disciples feet? He literally explains to them how to be the "body of Christ" after washing their body. What do you find to be significant about that fact? How can we emulate this example in our own lives?