

Disciple-Making Movement (DMM)

Overview of a DMM group:

- DMM is a 20-week facilitating process of **discovering God through scripture** using an overview of God's story.
- DMM is based on Matt 28, "...and **teach them to obey** the commands I've taught you." Help teach them to read scripture (hear what God is saying to them) and obey what is says.
- DMM allows everyone in the group to gain confidence in facilitating the discussion questions. The goal is for everyone to be learning together.

Key Aspects of the Group:

- **Build Relationship** with each other:
 - Accountability, *Listen* and Share, Pray for each other
- **Connect to God's Word:**
 - Read the scripture passage together and discuss using the DMM questions (below).
 - Using the same weekly questions builds predictability, helping people to read scripture and hear God speaking to them. The focus is on Jesus and not the structure.
 - Focus only on what the weekly passage is saying, not on other passages.
- **Obey / Respond to God's Word:**
 - Each person makes a commitment to how they will respond, according to how the Spirit is leading them. Each person will share how this went in the next meeting time.

Role of the Group Leader:

- When inviting people to join the group, ask for an 8-week commitment. The full 20 weeks can seem like too much, but an 8-week commitment is doable. After the 8 weeks, then ask/encourage people to continue the full 20 weeks. Most will want to continue.
- First Meeting is based on relationship building. Have everyone share their personal spiritual story. Questions to help people tell their story this include:
 - (Creation:) Who or what most shaped who you thought you were, and where you got your real value and "identity" in life from?
 - (Fall:) How was your relationship with God and others (and anything else in your life), NOT the way it was supposed to be (as God intended it...)? Why was that?
 - (Redemption:) Have you come to know Jesus?
 - (Yes:) How did you come to put your faith and trust in Him? Who is Jesus to you at this point in your life?
 - (No:) Is there anything keeping you from pursuing a relationship with Jesus at this point in your life?
 - (Restoration, if answered Redemption - Yes:) What changed in your life when you started a relationship with Jesus? What do you want to see God change in your life now?
- Allow people to be themselves. People who are anti Church are not necessarily anti God. Talk to everyone like they are Christ followers. Share about your relationship with Jesus without preaching.
- The heart of discipleship is obedience-based, not knowledge-based so keep it simple...disciple instead of parent.

- Emphasize self-discovery: Ask good questions rather than giving answers. Ex: How did that make you feel? What was your heart focused on? What does _____ look like to you? (Use The Coach Model overview [document](#) or [book](#) as a guide for learning how to listen and ask questions that provide thought provoking answers.)
- Resist the urge to correct someone; wait for the Spirit to speak to them. Allow people to change according to how God transforms their heart (in time) through His Word. You can help this process by simply walking alongside them. This may take a couple weeks (or more) of them reading scripture to hear corrections from God in their own mis-theology.
- Offer to meet with the person facilitating before the meeting to discuss any questions or hesitations they have and pray for them. Give them experience first (facilitating), then give them information (two tips to facilitate better next time.)
- Email the copies of the Scripture passages and the weekly questions. Members can print off if desired.
- The goal for DMM is for multiplication. Plant seeds that group members will be able to create a new group of their own so that others will discover God's Word and learn to be obedient to what God is saying to them.

DMM Weekly Questions

Accountability:

1. What did you do based on last week's Scripture? (See below question #8)

Build Relationship:

2. What are you thankful for this week (one or two things)?
3. What are your struggles or needs for the week (one or two things)? How can we as a group pray for you and/or meet any of those needs this week?

Read and Discuss:

4. Read the Passage. Summarize it in your own words.
5. What does this tell us (reveal) about God?
6. What does this tell us (reveal) about humans?
7. What does this tell us (reveal) about God's plan?

Make a Commitment (I Will...):

8. If what you read is true, what are you going to do about it this week? (Everyone answers and BE SPECIFIC. This can be something very small and who they are going to tell about what they learned.)

DMM Scripture for Discovering God

This is the series of readings that we will go through during this study. Each story teaches an important aspect about God that needs to be learned.

CREATION

1. Genesis 1: 1-25 There is a God and He created the world
2. Genesis 2: 4-24 God created man and woman

FALL and FLOOD

3. Genesis 3: 1-24 Man and woman disobey God and are judged
4. Genesis 6:5 – Genesis 8:14
 God grieves over man and woman's disobedience – there are consequences for disobedience
 – God uses a flood to destroy humanity and only saves Noah and his family

GOD'S PREPARATION FOR A SAVIOR

5. Genesis 12: 1-8, Genesis 15: 1-6; Genesis 17: 1-7; Genesis 22:1-19
 God blesses Abram and tests his faith
6. Exodus 20:1-21 God gives His commandments to His people
7. Leviticus 4: 1-35 God required offerings for the sins of his people
8. Isaiah 53 God tells of the future suffering of the promised savior

GOD SENDS A SAVIOR

9. Luke 1:26-38; Luke 2: 1-20 Jesus is born according to the prophecy
10. Matt 3; John 1:29-34 John testifies that Jesus is the promised Son of God
11. John 3: 1-21 Jesus is God's only son, sent to save the world
12. John 4: 1-26, John 39-42 Jesus is the promised Messiah
13. Luke 5: 17-26 Jesus has the authority to forgive sins
14. Mark 4:35-41 Jesus has authority over the wind and sea
15. Mark 5: 1-20 Jesus has authority over evil spirits
16. John 11: 1-44 Jesus has authority over death
17. Matt 26: 17-30; John 18:1 – John 19:16
 Jesus predicts his betrayal, makes a promise to his disciples and is betrayed like he predicted
18. Luke 23:32-56; Luke 24: 1-12
 Jesus dies and is resurrected according to prophecy
19. Luke 24: 36-53 Jesus died and came back to life to fulfil prophecy and for the forgiveness of sins
20. John 3: 1-21 If we believe in Christ, we can have eternal life