



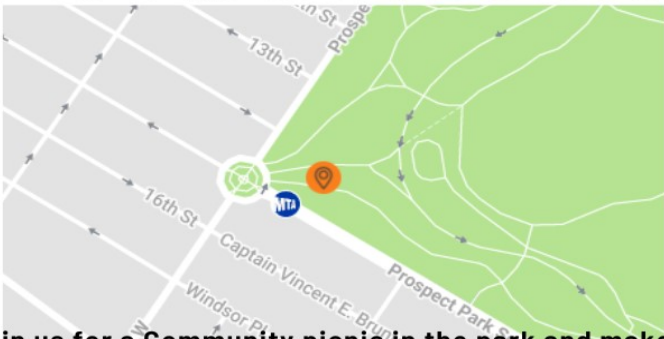
SAINTS CONSTANTINE & HELEN
GREEK ORTHODOX CATHEDRAL OF BROOKLYN

Annual Community Picnic

at Prospect Park

SATURDAY, SEPTEMBER 27TH
11 am to 3 pm - at Prospect Park
15th St. Lawn South - Picnic Area

Looking for a fun and relaxing way to spend a day outdoors?
Join us for a picnic in the park!
Souvlakia, Hotdogs, Hamburgers, Drinks, Good Pareia and more!
Don't forget to bring your beach chairs, soccer balls football, etc.



Join us for a Community picnic in the park and make some
unforgettable memories with your family and friends!

FREE
EVENT

ALL AGES
WELCOME



Our work would not be possible without the support of our community members. Please consider making a donation by scanning the **QR code**.



SAINTS CONSTANTINE & HELEN
GREEK ORTHODOX CATHEDRAL OF BROOKLYN

Rev. Protopresbyter of the Ecumenical Throne Evagoras Constantinides
Dean of the Cathedral



September 21, 2025

Sunday after the Elevation of the Holy Cross
Κυριακή μετά τήν Ὑψωσιν τοῦ Τιμίου Σταυροῦ

Memorial
Evangeline Coffinas —1 year

64 Schermerhorn Street, Brooklyn, New York, 11201
Tel: 718-624-0595 | Email: churchsecretary@afantis.org
www.stconstantinecathedral.org

Service Information

Sunday Worship: Orthros 8:45 am Divine Liturgy 10:00 am

All services are streamed live at

www.stconstantinecathedral.org/live/

The Hymns of Today's Liturgy | Τα Απολυτίκια της Ημέρας

Resurrectional Apolytikion

When the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

Apolytikion of Constantine and Helen

He beheld the image of Your Cross in the Heavens and, as Paul, he too did not receive the call from men. Your Apostle among Kings placed the care of the Royal City in Your hands. Through the intercessions of the Theotokos, O only Loving Lord, keep it ever in peace.

Kontakion

*You who were lifted on the cross voluntarily, * O Christ our God, bestow Your tender compassions * upon Your new community to which You gave Your name. * Cause our faithful emperors to be glad in Your power, * granting them the victories against their adversaries. * And for an ally, Lord, may they have You, * peace as their armor, the trophy invincible.*

Announcements of the Day

- Wednesday, September 24th, at 6:00PM Byzantine Music Lessons (Church Hall)
- Every Wednesday - Chapel for A.Fantis students and parents.
- Coffinas Family offer the coffee hour in memory of Evangeline Coffinas

Ἀπολυτίκιον Ἀναστάσιμον

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ· ὑπήνησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστάς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Απολυτίκιον Αγίων Κωνσταντίνου & Ελένης

Τοῦ Σταυροῦ σου τὸν τύπον ἐν οὐρανῷ θεασάμενος, καὶ ὡς ὁ Παῦλος τὴν κλῆσιν οὐκ ἐξ ἀνθρώπων δεξάμενος, ὁ ἐν βασιλεῦσιν, Ἀπόστολός σου Κύριε, Βασιλεύουσαν πόλιν τῇ χειρὶ σου παρέθετο ἦν περίσφζε διὰ παντὸς ἐν εἰρήνῃ, πρεσβεῖαις τῆς Θεοτόκου, μόνη Φιλάνθρωπε.

Κοντάκιον

Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ, τοὺς οἰκτιρμούς σου δώρησαι, Χριστέ ὁ Θεός. Εὐφρανον ἐν τῇ δυνάμει σου, τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς, κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

SAINTS CONSTANTINE AND HELEN'S

SUNDAY SCHOOL

2025-2026

“GETTING TO KNOW OUR CHURCH”

K - 6TH GRADE

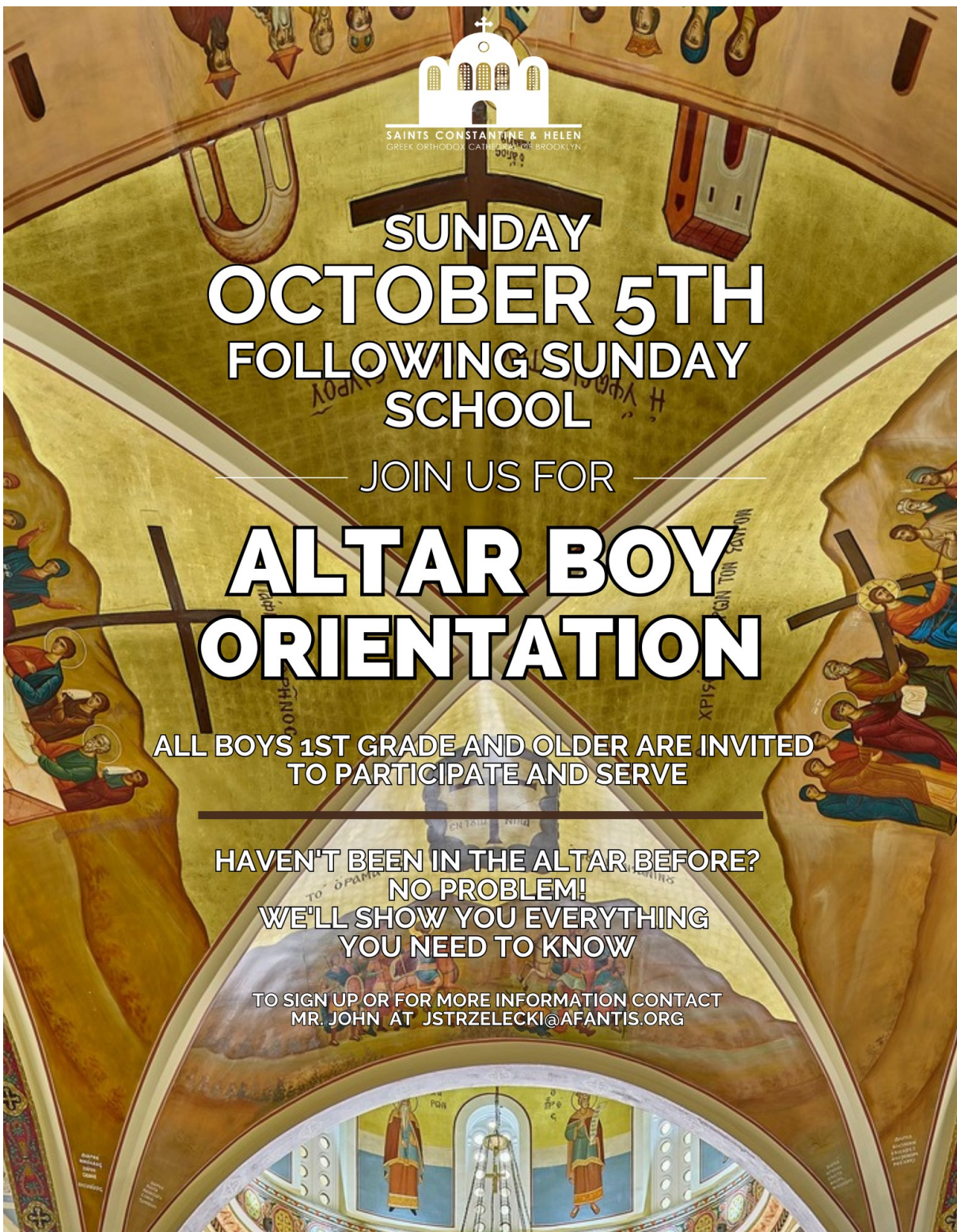
(WE WILL MAKE A SEPARATE PRE-K
CLASS IF THERE IS ENOUGH INTEREST)

SUNDAYS AFTER COMMUNION
BEGINNING
SUNDAY, OCTOBER 5TH



REGISTER THROUGH EASY TITHE
OR IN PERSON IN THE CHURCH

All information (including Sunday School Calendar) go to our Church Website stconstantinecathedral.org/ministries/youth-ministries/ or contact Rachel Kokenes at rachelkokenes6392@gmail.com



SAINTS CONSTANTINE & HELEN
GREEK ORTHODOX CATHEDRAL OF BROOKLYN

SUNDAY OCTOBER 5TH FOLLOWING SUNDAY SCHOOL

JOIN US FOR

ALTAR BOY ORIENTATION

ALL BOYS 1ST GRADE AND OLDER ARE INVITED
TO PARTICIPATE AND SERVE

HAVEN'T BEEN IN THE ALTAR BEFORE?
NO PROBLEM!
WE'LL SHOW YOU EVERYTHING
YOU NEED TO KNOW

TO SIGN UP OR FOR MORE INFORMATION CONTACT
MR. JOHN AT [JSTRZELECKI@AFANTIS.ORG](mailto:jstrzelecki@afantis.org)

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A.Fantis Calendar



2024 National Blue Ribbon Recipient

Empowering Students with Academic Excellence, Character
Development, and a Deep Appreciation for Classical Greek
Culture at New York's Top 3 Ranked PreK-8 School.
Our open House PreK-8, at 9:00am, in the Auditorium on
Friday Sep. 26th

For more information, or to enroll, visit www.afantis.org

The Readings of Today's Liturgy

Epistle & Gospel

The reading is from Paul's Letter to the Galatians. (Gal. 2:16 – 20)

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

The reading is from the holy Gospel according to Mark. (Mk. 8:34 – 38; 9:1)

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Απόστολος και Ευαγγέλιον της Ημέρας

Πρὸς Γαλάτας Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (Γαλ 2:16 – 20)

Ἀδελφοί, εἰδότες ὅτι οὐ δικαιоῦται ἄνθρωπος ἐξ ἔργων νόμου ἐὰν μὴ διὰ πίστεως Ἰησοῦ Χριστοῦ, καὶ ἡμεῖς εἰς Χριστὸν Ἰησοῦν ἐπιστεύσαμεν, ἵνα δικαιωθῶμεν ἐκ πίστεως Χριστοῦ καὶ οὐκ ἐξ ἔργων νόμου, διότι οὐ δικαιωθήσεται ἐξ ἔργων νόμου πᾶσα σὰρξ. εἰ δὲ ζητοῦντες δικαιωθῆναι ἐν Χριστῷ εὐρέθημεν καὶ αὐτοὶ ἁμαρτωλοὶ, ἄρα Χριστὸς ἁμαρτίας διάκονος; μὴ γένοιτο. εἰ γὰρ ἃ κατέλυσα ταῦτα πάλιν οἰκοδομῶ, παραβάτην ἑμαυτὸν συνίστημι. ἐγὼ γὰρ διὰ νόμου νόμῳ ἀπέθανον, ἵνα Θεῷ ζήσω. Χριστῷ συνεσταύρωμαι· ζῶ δὲ οὐκέτι ἐγώ, ζῇ δὲ ἐν ἐμοὶ Χριστός· ὃ δὲ νῦν ζῶ ἐν σαρκί, ἐν πίστει ζῶ τῇ τοῦ υἱοῦ τοῦ Θεοῦ τοῦ ἀγαπήσαντός με καὶ παραδόντος ἑαυτὸν ὑπὲρ ἐμοῦ.

Ἐκ τοῦ κατὰ Μάρκον ἀγίου Εὐαγγελίου τὸ ἀνάγνωσμα. (Μκ 8:34 – 9:1)

Εἶπεν ὁ Κύριος· ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνηθῇ με καὶ τοὺς ἐμούς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνηθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.