



Nehemiah

Week 8: Holy Burdens | Teacher: Steve Frissell

Sermon Questions for 11.23.2025

Opener

What is a favorite TV show that you loved but were disappointed with how it ended?

Read

Nehemiah 13; Nehemiah 1:1-4; Luke 19:41-44; Hebrews 7:25; John 17; Philippians 2:6-8; John 3:17; John 1:14; Matthew 16:18; Ephesians 2:20-22; Hebrews 12:2-3; Luke 4:18-19; Matthew 21:12-13; John 19:30; John 4:23-24; Luke 22:20; Hebrews 8:6-13; 1 Peter 2:9; John 2:13-17; Ephesians 5:25-27; Matthew 9:36

Main Points

1. Nehemiah risked his life to bring people into the city of God. Jesus gave his life to bring people into the city of God.
2. As we've studied Nehemiah, we've seen 12 ways that Nehemiah points us to Jesus:
 - a. Nehemiah's holy burden (1:1-4), Nehemiah's intercessory prayer (1:5-11), Sent from the king's palace (2:1-8), Surveying the ruin (2:11-15), Calling and mobilizing the people (2:17-18), Facing opposition (4:1-13; 6:1-14), Confronting injustice among his people (5:1-13), Completing the work (6:15-16), Reestablishing worship (chapters 7-9), Renewing covenant faithfulness (chapters 9-10), Restoring community life and order (chapters 11-12), Purifying the temple and the people (chapter 13).
3. There is something that breaks your heart that came from the heart of God. To better understand our holy burden, ask yourself: What injustice or pain makes you righteously angry? What stories move you to tears again and again? What burden keeps resurfacing in your prayers? When do you feel most alive and aligned with God's heart? Visit benttree.org/burden to discover yours!
4. God uses holy burdens to help us see what he's leading us to step into by faith.

Engage with God in a Group

- How has God used holy burdens to move his people in history to bring Kingdom change in this world?
- Which area do you sense is the holy burden God's given you?
- What would be a bold and courageous step of faith for you as you think about the holy burden you sense God leading you into?

Bottom Line

The ache you feel when you encounter brokenness that grieves God's heart - that's a holy burden.