



Nehemiah

Week 3: When Problems are Overwhelming | Teacher: Libin Abraham
Sermon Questions for 10.19.2025

Opener

What are some strategies you've heard of or tried in your own life when problems feel overwhelming?

Read

Nehemiah 2:11-18 ; Job 14:1; Ezra 8:32; Genesis 1:5; Mark 6:31; Luke 28-32; Nehemiah 3:15

Main Points

1. Nehemiah took steps to solve an overwhelming problem: (1) Close the Distance - we can talk about a problem from a distance, but to be a part of solving the problem, we must close the distance. (2) Start from Rest - when there is a lot to do, rest is a rhythm of life we tend to neglect first, but it's essential for the longevity and impact of our life: we don't rest from work, we rest for work! (3) Assess the Need - even when we are overwhelmed, so much of leadership is about discerning the real need and then counting the cost before proceeding with a solution. (4) Gather a Team - when God calls you to something great, it will be too great for you to do it by yourself. (5) Work the Mundane - the mundane matters to God and it can actually lead to miracles.
2. Nehemiah divided the labor force intentionally: (1) Their work matched their Passion. (2) They worked for their Location. (3) Everyone Contribute. (4) Every Name Mattered.
3. Jesus is doing his work in the world through us, his Church. We all contribute something - young or old, every profession and skill - every person is invited because our names matter.

Engage with God in a Group

- Would you say your tendencies are to plan before you act or jump in with what you think needs to be done?
- How do you think the shape of our soul would heal and reset if it was given a change to rest?
- What would it look like, in your life, to "close the distance" for a specific problem that you're aware of?

Bottom Line

God sent Jesus on the earth to solve the problem of sin and he did, but he has kept the Church on the earth 2000 years later because sin's brokenness is still being felt.