

Kingdom Rising – Season 4
“Coming to a Head”

GETTING STARTED

ICE BREAKER: When you hear someone say, “At least I can pray,” what comes to mind?

KEY THOUGHT: *Prayer is the greatest solution, even in the darkest situations.*

GETTING THE POINT

Read Mark 14:26-31

1. Why do you think Jesus warned the disciples ahead of time about falling away? What might that reveal about His care for them?
2. In what ways might we respond like Peter and the disciples, knowing that we’re not always faithful to the Lord?

Read Mark 14:32-50

1. In verses 32–34, Jesus tells Peter, James, and John that His soul is “very sorrowful, even to death.” What do we learn about Jesus’ humanity in this moment?
2. Reread verses 35–36. What stands out to you about how Jesus prays — His words, His posture, or His tone?
3. What does “Yet not what I will, but what you will” teach us about true surrender?
4. In verse 50, all the disciples flee. How does this fulfill what Jesus said earlier, and what does it reveal about human strength versus spiritual dependence?

GETTING PERSONAL

1. When you’re facing a dark or difficult situation, what’s usually your first response — problem-solving, worrying, seeking advice, or praying? Why?
2. Jesus prayed for God’s will, not His own, even when it led to suffering. How do we learn to pray like that — with both honesty and surrender?
3. As a group, reflect on Psalm 118:28–29 — “You are my God, and I will give thanks to you; you are my God; I will extol you. Oh give thanks to the Lord, for he is good; for his steadfast love endures forever!” How does this closing praise connect to Jesus’ example in Gethsemane?

PRAY...

That we would remain faithful to the Lord, being watchful and prayerful, to avoid temptation – both in the good times and the bad, trusting in God’s steadfast love and faithfulness!