

Givin' What You're Given "CHRONOS OR KAIROS Time"

GETTING STARTED

ICE BREAKER: How would you define a Christian Worldview; what is real, true, best, and done?

KEY THOUGHT: We want to live by Kairos, not Chronos Time. To be intentional, not

unintentional about our spiritual formation. To walk in love, light, and wisdom.

GETTING THE POINT

Read Romans 12:1-2 and Ephesians 5:7-10

- 1. How are they similar?
- 2. How does it practically look from these verses to prioritize Kairos (opportune moments) over Chronos (measured time) in your spiritual formation?

Read Ephesians 5:1-21

- 1. As the Holy Spirit empowers, and the Word guides, how can walking in love, light, and wisdom change the way you interact with God and others in community?
- 2. What does it mean for you to imitate God in your daily life?
- 3. How can you actively seek to walk in the light in your own life, especially in challenging situations?

GETTING DEEPER

- 1. What does wisdom mean to you in your relationship with God? How can you cultivate a deeper wisdom as you walk with Christ?
- 2. How do you understand the difference between striving for perfection and cultivating devotion in your walk with Christ? (training as opposed to trying harder | making effort, not earning favor)
- 3. How can you approach the idea of exposing darkness in a way that focuses on personal growth rather than judgment of others?
- 4. How can you encourage others in your community to recognize and seize Kairos moments in their own lives?

GETTING PERSONAL

- 1. In your own spiritual journey how have you experienced transformation from the inside out?
- 2. What habits/practices do you engage in to ensure you are continually being filled with the Holy Spirit? How do these practices affect your daily life?
- 3. What stories (beliefs) have shaped the way you view the world and where do these stories originate?
- 4. How do you see your role in the larger narrative of God's kingdom? What steps can you take to actively participate in His redemptive work more fully in the future?

PRAY...

that we give careful attention to how we walk, not as unwise but as wise, making the best use of our time, not being foolish but understanding the will of the Lord. Give thanks that God empowers us through the Holy Spirit and the Gospel of Grace to do this in security of relationship! Pray we would be intentional about our spiritual formation.