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Bible Training
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Working on My Loving (Part I)

1. There are four sense of the Scripture – The Literal sense is understanding the text straight forth meaning; the Allegorical sense is finding symbolic or metaphorical meaning in the text. Anagogical – We can view realities and events in terms of their eternal significance, leading us toward our true Homeland. The Church on earth is a sign of our Heavenly Jerusalem. This life determines our eternity. The Moral sense leads us to greater faith and trust in God by not just hearing God's Word, but also acting on it.
2. Using this Sense of the Scripture, to obey the Word of God, by Living in Love will demand a great giving of oneself.
3. God's Love Language is us. John 3:16 – God so loved the world (the earth together with all of its countries, people and its natural features) that He gave (brought forth, committed, granted, offer up, yielded) His only Begotten Son....."JESUS" bringing peace on earth, the greatest gift of all.
4. By this will all men know that you are my Disciples, that you have love one toward another. John 13:34,35. We will discuss some emotional love actions that can help us understand and love each other better. Understanding and practicing this information can salvage many relationships in our lives.
5. 1 Cor 13, 1 Cor 13:3 – "No matter what I say, what I believe and what I do, I am nothing. Life without love is worthless."
6. There are a number of ways we can express love; one way is by Words of Affirmation (emotional support or encouragement; to motivate). Words that communicate your love, appreciation and respect, for another person or yourself. The tongue has the power of life and death! Proverb 18:21; Proverb 15:23; 25:11
7. Verbal compliments are far greater motivators than nagging words.
8. One way to affirm a person is to look them in the eye and talk to them about themselves.
9. The object of love is not getting something you want, but by doing something for the well-being of someone else. However, when we receive affirming words, we are far more likely to be motivated, to reciprocate doing something the other person may desire you to do.
10. Giving verbal compliments is one way of expressing words of affirmation to others. That takes humility.
11. Another dialect is encouraging words. All of us have felt insecure. Love can speak with an encouraging word and change a person's day or even their life.
12. Encouragement requires empathy and seeing the world from others perspective. We must be willing to impart action, to give of ourselves, to help others, that's love.
13. The first thing we must do is find out what is important to the other person/people.
14. Kind words can be kind words. Love is kind. We can communicate love verbally with kind words. Proverb 31:26
15. The statement, "I love you" said with tenderness and kindness can be a genuine expression of love. But the tone in which it is said, can give it an entire different meaning. Sometimes our words say one thing and our tone says another.
16. Forgiveness is the way of love. When we have been wronged, you have two options, justice (being a judge) or forgiveness (God's Way).
17. The best thing we can do with failures of the past is let it go. We cannot erase the past, but we can accept it as history.
18. Another affirmation can be humble words. Loves makes request, not demands.

19. When we demand things from our spouses, we become parents. Most men have already had or have a Mother. And most Women have or have had a Father. The way we express ourselves verbally to any and everyone is important and usually will determine the response without or within.
20. NOTE: When we acknowledge and respect each other, we affirm each other's worth or ability.
21. We can never receive genuine love by way of demand. People may comply, but they may respond with resentment instead of genuine love.
22. A request creates the possibility for an expression of love, whereas a demand suffocates that possibility.
23. TIP: Try giving indirect words of affirmation- that is saying positive things about your spouse, or children when he or she is present or when they are not present- it will get back, unless the person is jealous, lol!! Or tell your in laws how great your person is, or the kids how great the Dad or Mom is or Saints how wonderful other Saints are, etc...
24. TIP: Make a list of affirmations to people you need to strengthen relationships with!!
25. TIP: MAKE A SIGN AND POST IT, TO REMIND YOU THAT WORDS ARE IMPORTANT. And use them with care.
26. The second way is Quality time. Being in the same Church, House, job etc. implicates quality time.
27. Some people are simply happy with you spending time with them. Families are a lot like this. If they feel you are spending time with other things or people, they will hate that thing or person.
28. Some people in Church are like that, just speaking helps the love relationship. It's not enough to be in the same room, the key is quality time. In restaurants, I cannot believe the way people ignore each other. It's unbelievable. One of the strongest tools Satan has put into man's hand, when used improperly, is the telephone.
29. I am not speaking of taking up all of people's time, sometimes just a few minutes or, mini vacations with Family or lunch on Sunday after Church etc....
30. PRAYER: Lord, help us to learn to talk. Quality conversation can spark romantic or brotherly love. A conversation where we can share feelings, thoughts, or desires in a friendly manner and in an uninterrupted context.
31. Especially in a marriage, if your spouse desires quality time, it is crucial to acknowledge their desires, as long, it does not interfere with God's time.
32. Some women like to speak with their husband about stuff, just to talk, not for them to fix it. We just like to talk!! And want their attention. Sometimes we are all so busy giving advice, we cannot listen. Some Adults are trained to analyze problems and create solution. At that point love means just listening.
33. TIPS: Love means maintaining eye contact when people are talking!! Do not listen to people, doing something else. It makes people feel unimportant. Stop interrupting; observe body language. Help me Jesus.
34. Let us not possess the "Dead Seas" and "Babbling Brooks Syndrome". Dead Sea goes nowhere, it receives experiences, thoughts and emotions but does not give, those kinds of people are happy not to talk. On the other hand, Babbling Brook, whatever enters into the eye gate or the ear gate comes out of the mouth gate, and there are seldom 60 seconds between the two. You never get to know Dead Sea and know too much of Babbling Brook. Pray for conversations to flow from Dead Sea so they can experience love and feel a part.
35. Quality activities are giving others your undivided attention or giving your family individual attention. The emphasis is not what you are doing but why. Men like doing stuff, football, sports, etc..... The purpose is to experience things and time together to grow in love.
36. The essential ingredients in Quality activities are: (1) at least one person wants to do it (2) the other is willing to do it (3) Both or all of you know why you are doing it- to express love together.
37. The last action in Part I, we will discuss the Receiving of Gifts. A gift can be a reminder of love. John 3:16 (Jesus); Acts 2:38, (Gift of the Holy Ghost) 1 Cor 12:4-10 (Gifts of the Spirit); Romans 6:23 (Gift of Life); Ep 3:7 (Gift of Grace); 1 Cor 12:28 (Gift of Healing) etc.....
38. Visual symbols of love are more important to some than others.

39. A gift is something you can hold in your hand, see or feel etc... and say they were thinking of me.
40. A gift is a symbol of thought. It does not matter how much it cost, (to some people it does). It was still a thought. lol
41. The thought was planted. Action and time were taken to secure the gift. It is designed to make you feel loved. It speaks love to some.
42. Gifts are symbols of love. That's why rings at a wedding are outward and visible signs of an inward spiritual bond, that unite two hearts in love that have no end. It is verbalizing a significant truth; symbols have emotional value.
43. Love Gifts can come in all sizes, colors, and shapes. Some are expensive and others are free.
44. To the individual whose primary desires are gifts, make sure your relationship is not one of manipulation and deception.
45. In your efforts to show love, find out what the person's desire are. Stay in your budget. If God has touched a person heart, an inexpensive ink pen can seem like a diamond ring, or house or car or whatever.
46. Give the Gift of self. Men can be a little different than women. Example: games, events, childbirth, etc.
47. If the physical presence of your Spouse is important to you, tell them!! They may not understand.
48. Not all gifts are created or given equally, some grand, some glittery, some a spa weekend getaway. Others are small and sentimental, be thankful for all of them or liberal enough to give them all to another Brother or Sister in Christ.
49. Life is all about love. Because God is LOVE. DIVINE LOVE IS ETERNAL.
50. It is in love that we are most like HIM. 1 Peter 2:17; John 13:34-35.
51. Why is LOVE so important to God?? We are HIS family and one day we will all be together forever, and we must learn to love each other down here. Love and Kindness is how we WIN SOULS and how GOD won us. Isaiah 63:7.
52. Love cannot be learned in isolation. God designed us to Fellowship. Relationships are what life is all about.
53. Love is not a good part of your life, it is your life.; 1 John 3:14-18. 1 John 4:18-21.