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KITCHEN BLESSING

SUNDAY, OCTOBER 15

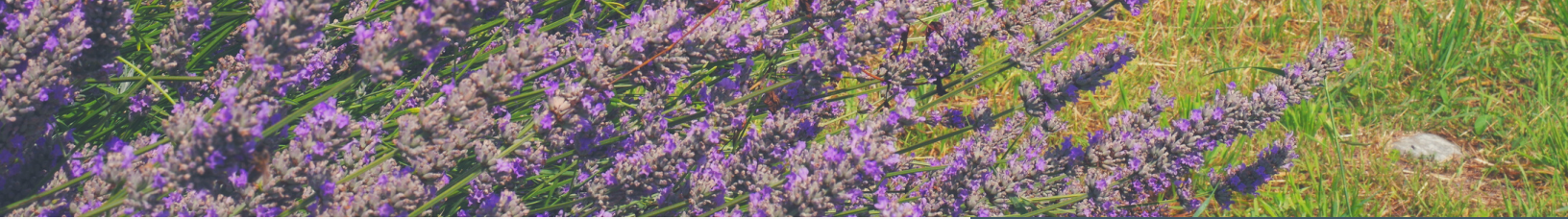


We will welcome Bishop Lanette Plambeck as our guest preacher as we consecrate our new kitchen!

Kitchen Blessing

Thank you to all who have contributed time, talents, and gifts toward our new commercial kitchen!

Join us for a special worship and luncheon as we welcome Bishop Lanette Plambeck to Cross Winds UMC. Bishop Lanette will be our guest preacher as we consecrate our new kitchen. We will enjoy a wonderful lasagna meal after worship! All Are Welcome! Come Celebrate!



Cross Winds

United Methodist Church

15051 Weaver Lake Road

Maple Grove, MN 55311

Phone: 763-494-9463

Website: crosswindslife.org

Office Hours:

Monday - Thursday

9:00 am - 2:00 pm

Sign Up To Stay Connected

Contact Michelle Schober to be added to the email distribution lists for

- "Cross Winds Life", distributed on Thursdays - includes pastor's note, important information about the life of the church, and links for upcoming events
- Prayer Chain email updates

Finance Update

Thanks for all your care and giving for this year through September, even though just a short time ago we had a slight surplus we will head into October with a deficit in our current operating accounts. We still have time before the end of the year to change this direction. No amount is too small as this will help all of us get to the goal of having no deficit in our operating fund. We welcome any support that you can provide, and thank you again for your blessings and giving for all of our ministries at CWUMC.

If you have questions about our 2023 Budget, pledging or questions related to our Capital Campaign Fund, Endowment Fund, or Mortgage Balance please contact us at finance@crosswindsumc.org.

Ministry Staff

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Accompanist

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Cheryl Purkat

Nursery Supervisor



Pastor's Note by Stina Koppes



"They are like a tree replanted by streams of water, which bears fruit at just the right time and whose leaves don't fade. Whatever they do succeeds."

~ Psalm 1:3

Above the desk in my home office is a simple framed print of Psalm 1, which was originally designed for the St. John's Bible. In my church office, I have a tapestry hung on the wall with an embroidered tree, intentionally placed there to remind me of the Psalms. Wherever I sit down to work, these are the words that are placed before me as a reminder.

The Psalms are important for my prayer life and search for wisdom. Years ago, I started praying them daily, following the recommended cycle provided by Benedictine monastics. It was not something that was very enjoyable at the beginning. Rather it felt arduous and remote. However, over time, there has been a softening.

The Psalms have permeated my life like a stream of water, nourishing my roots. If there are any fruits or gifts that I have to share, it is because of the Psalms that sustain my life. I cannot name for you the moment when I switched from a sense of duty to delight in praying the Psalms, but I will say that over time, I have come to genuinely hunger for them. For me, praying the Psalms is like eating good food, and if I do not take my daily nourishment of them, I find myself grumpy hungry.

Since my time with the Psalms has centered on prayer, more than analytical study, I confess that I cannot usually tell you which Psalm number something comes from. Instead, it is like phrases and wisdom is written in my heart. They are just there, nourishing my roots. Thankfully because of the gifts of modern technology, if I do need to access the actual Psalm numbers for reference, I can use something like Bible Gateway or another Bible app to help locate it. What a relief!

So, this fall, as we continue in our worship series, "The Good Life: The Wisdom of David and Solomon" I commend to you in your own search for wisdom the practice of praying the Psalms. Many of these Psalms are attributed to King David and even a couple Psalms are attributed to Solomon, which is why I bring them up during our fall series. As you start, may God bless your prayer time, nourishing your roots, and strengthening you to bear fruit at the right time. If you're looking for a specific reading plan or different translations, I encourage you to speak with me.

SO ALL ARE

Welcome

So welcome each other,
in the same way that
Christ also welcomed
you, for God's glory
Romans 15:7

Fall Congregational Forums: So All Are Welcome In Our Facility

As renovations are nearing completion, we are committed to anchoring Cross Winds in the vision we have for our church and how we hope to steward the space for our flourishing community. With the help of Flourish Placemaking Collective as our consultants, this fall we are engaging in a series of intentional discernment conversations among elected leadership, staff, and the congregation to articulate our mission, vision, and values with respect to facility usage and future community partnerships. We invite all Cross Winds friends and members to two fall congregational forums which will provide mutual space for storytelling, dreaming, forming, and defining our vision for facility use in the years to come.

Please join us for the second congregational forum:

- Sunday, October 29th (11:15am-12:30pm) - a time of forming and defining the vision

For additional information, please contact Pastor Stina or Becky Real (Board Chair).

**So All Are Welcome
in Our Facility**

Congregational Forum

**Sunday, October 29
11:15am**

**CROSS
WINDS**



Annual Giving Drive



crosswindslife.org

Annual Giving Drive *Every Good Gift*

As we prepare for the year ahead in ministry, we give thanks that “Every good and perfect gift is from above.” (James 1:17) Your generosity makes it possible for Cross Winds to keep doing all the good we can. We are excited to continue that work together through your support! As we prepare for the future, we ask for your commitment to the 2024 Annual Giving Drive. Information and commitment cards are available at the church office or online. Please return a commitment card or fill out the electronic form by November 12th. By sending in your Annual Giving Commitment, you help us plan for the coming year. Your commitment can be changed and does not set up your donation. It simply tells us what you are planning. Thank you for your ongoing generosity and support. If you have questions regarding annual giving, please contact the Church Office.

Congregational Financial Forum - October 22

The Cross Winds Board and Finance Committees invite you to a congregational meeting on Sunday, Oct 22nd, at 11am to discuss the 2024 proposed budget and review 2023 church finances. For additional information, contact Pastor Stina, Becky Real (Board Chair), Don Bushen (Finance Chair), or Steve Weeks (Financial Secretary).

Cross Winds Charge Conference - November 14

There will be a Charge Conference at Cross Winds UMC on Tuesday, November 14th at 6:30pm for the purpose of reviewing and approving the 2024 Pastoral Compensation forms. At a Charge Conference, all church members are welcome to attend to provide voice only, while Board members have voice and vote. For more information, please contact the Staff Parish Relations Chair (SPRC), Lisa Midgarden, or Pastor Stina.



David and Solomon are two of the most famous kings in the Old Testament, with kingships that marked the golden age of Israel. Throughout their reigns, David and Solomon had their triumphs and tribulations as they wrestled with the meaning of life, the pursuit of justice, and what it meant to live honorably. In addition to the historical books of the Bible, both kings have several wisdom books attributed to them, such as Proverbs, Ecclesiastes, Song of Solomon, and many of the Psalms. Join us this fall as we dive into the lives of David and Solomon, reading not only their historical accounts, but also searching the books of wisdom that search to find the meaning of a good life.

October 1 - The Truly Happy Person

Psalm 1

The Book of Psalms are ancient poems composed by many wisdom figures, including some attributed to King David. Today we explore what the Psalms say about our pursuit of a good life and happiness.

October 15 - Bishop Plambeck and the Blessing of the Kitchen

1 Kings 3:1-15

Today we welcome, Bishop Lanette Plambeck, our resident bishop for the Dakotas-Minnesota Area. Ordained an elder in the Iowa Conference in 2005, Bishop Plambeck earned a B.A. in religious studies and political science from Morningside University in Sioux City, Iowa. After serving as an intelligence analyst in the United States Army, she worked as an executive and therapist for person-centered agencies. In 2001, she completed her master of divinity with an emphasis on evangelism at Saint Paul School of Theology in Leawood, Kansas, then received a doctor of ministry in church leadership excellence in 2013 from Wesley Theological Seminary in Washington, D.C. Bishop Lanette will be our guest preacher and bless our new kitchen. Afterwards, the hospitality team will host a lasagna luncheon to celebrate.

October 8 - A Matter of the Heart

1 Chronicles 21:18-29 - Rev. Cynthia Williams

Today we welcome, Rev. Cynthia Williams, to the pulpit. Pastor Cynthia is our Twin Cities District Superintendent of the MN Annual Conference of the United Methodist Church, providing leadership and support to Cross Winds. During worship, we also will celebrate our students who are receiving Bibles and being commissioned as acolytes.

October 22 - The Beginning of Wisdom

Proverbs 1:1-7

The book of Proverbs is a collection of wisdom sayings that are often attributed to King Solomon. Throughout the book, we are given the perspective of a teacher, who offers insights on a wide range of subjects from relationships to wealth to spirituality. Today we explore how individual proverbial sayings can guide us through our lives as we search for wisdom. Guest musicians the Jumpin' Jehosafats.

October 29 - A Person of Strength

Proverbs 31 excerpts

The Book of Proverbs concludes with the image of a wise woman who is praised for her strength of character. What does it mean to cultivate strength of character in our lives so that we too can live with maturity, grace, and impact?

Adult Ministries and Small Groups

Find a way to connect with others
at Cross Winds!



Game Group

3rd Thursday of the Month - 1:30 pm
Bring a board game and your own beverage

Game Group

Thursday, October 19, 1:30 pm

Do you like to play board games or enjoy fellowship with church friends? You are invited to bring your favorite board game to church for fun and fellowship. Please bring your own beverage of choice. No need to sign up. Just show up! Contact Marlan Tevis for more information or for questions.

Stitches of Love Fall Kick-off

Thursday, October 5, 1:00 pm

Stitches of Love sews mission projects - quilts and school bags for UMCOR and feminine hygiene kits for Days for Girls. All levels of sewers welcome!

This group meets every other month on the first Thursday of the month. Contact JoAn Baker or Jane Ducklow for questions.



Prayer Shawl Ministry

Monday, October 23, 1:30pm

Prayer Shawl Ministry will meet Monday, October 23 at 1:30 pm. Bring your own beverage and project that you are working on. New members welcome.

Senior Facilities Team

Wednesdays , 9:00-11:00 am

Gather for fellowship and service with other men on Wednesday mornings. This group meets weekly downstairs for coffee and connection. Then the group works away at various indoor and outdoor projects. Men are welcome to attend as their schedule permits.



Adult Ministries and Small Groups



David's Dysfunctional Relationships

Sunday Morning Adult
Education Class

6 Week Series Begins
September 17th (9am)

Rev. Lori Walber

Fall Adult Sunday School Class David's Dysfunctional Relationships

Sundays 9:00 am - Thru October 22

Join Rev. Lori Walber on Sunday mornings at 9am thru October 22. for the fall adult education Sunday School class. This fall, we will look at King David's relationships with Saul, Michal, Bathsheba, Nathan and Absalom.

Wednesday Evening Adult Education Mountaintop Moments

Wednesdays 6:30 pm
Thru November 8 (no Oct 18 class)

Join the journey through the mountains in scripture. From Mount Sinai, where Moses received the Ten Commandments, to Mount Tabor, the place of the Transfiguration of Jesus Christ, and four other mountains along the way. This small group will use a video series narrated by author Ed Robb. We'll discuss six major biblical events that happened on or from a mountain. Special guests in the videos share their personal "mountaintop moments." During our fellowship and learning, we'll listen for God's invitation to our own mountaintop moments.



Grief Share - Fall Class Thru December 4

Mondays 6:30-8:00pm

Grief Share will be held on Mondays in the adult education room of Cross Winds UMC. [Register online](#) - or contact Pastor Stina for more information. Suggested donation of \$20.

You will find encouragement, comfort, and help in grieving the death of a spouse, child, parent, sibling, other family member, or friend. No matter what the cause of your loved one's death, this is an opportunity to be around people who understand what you are feeling.



Adult Ministries and Small Groups



**6 WEEK
FALL SERIES**

**WEDNESDAY NIGHT
PARENT GROUP
6:30-7:30PM
BEGINS SEPT 27TH**

www.windelife.org



Wednesday Night Parenting Conversations

Wednesdays 6:30 pm
Thru November 8 (no Oct 18 class)

Being the best parent you can be has its ups and downs for children of any age. This will be informal conversations about selected topics or those that are most important to you. The group will determine the topics and direction of these conversations. Come to hear from others, express your concerns OR talk about what has worked for you. Please come. You will make the group a successful resource for all parents.


Wednesday Afternoon Book Study A Hole in the World

Wednesdays 1:00 pm
October 4-November 8

In a raw and inspiring reflection on grief--selected by Publishers Weekly as one of the best books of the year--a mourning sister processes her personal story of loss by exploring the history of bereavement customs.

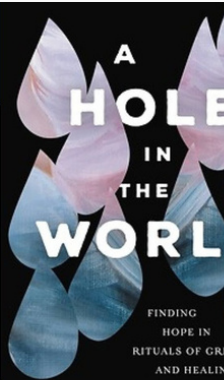
When Amanda Held Opelt suffered a season of loss -- including three miscarriages and the unexpected death of her sister, New York Times bestselling writer Rachel Held Evans--she was confronted with sorrow she didn't know to how face. Her search for answers led her to discover that generations past embraced rituals that served as vessels for pain and aided in the process of grieving and healing. Today, many of these traditions have been lost as religious practice declines, cultures amalgamate, death is sanitized, and pain is averted. Opelt explores the history of human grief practices and how previous generations have journeyed through periods of suffering. The class meets in the Adult Education Room on the lower level of the church and will be led by Pastor Shirley. Register for the class [HERE](#). Books are available at church and cost \$15.

Wednesdays
at 1pm
Fall Book Study



6 SESSIONS
BEGINS OCTOBER 4TH

LED BY PASTOR SHIRLEY



**A
HOLE
IN
THE
WORLD**

FINDING
HOPE IN
RITUALS OF GRIEF
AND HEALING

CROSS WINDS CHILDREN



We kicked off September right! Learning, loving and being a light!



Nursery Help Needed

Our nursery is hiring additional staff for the upcoming school year! Be a blessing to our littlest friends all while being blessed by them in return! For more information, contact Amber Lahtinen at amber@crosswindsumc.org

Feeling called to serve?

Are you feeling called to serve in Children's Ministry? We are looking to add to our team for the 2023-2024 school year! Come and be a blessing all while being blessed in the Kid Min program!



CROSS WINDS CHILDREN



Sunday & Wednesday programs!



Wednesday Evening Programming

Family dinner will be from 5:30-6:30 and programming for all ages from 6:30-7:30! Children's programming will be the same lesson as taught the previous Sunday but with different activities to allow for deeper learning and more fun! ALL children (birth through 12th grade) must be registered- [Click to Register for Child and Youth Programs](#) or scan the QR code!

Registration is Now Open

Nursery through 5th grade!



Education, worship & fellowship!

Important Dates:

- Sept 10: Sunday School Open House 9am
- Sept 17: First day of Sunday School
- Sept 20: Back 2 School Night- dinner & open house
- Oct 1: Acolyte lesson with Mr Tom 9am
- Oct 8: Student blessing - Bibles, acolytes and more



Acolyte Training

Mr. Tom will be training a new class of acolytes for this year on October 1 at 9am! If you are in 3rd, 4th or 5th grade please plan to join him for a lesson! Acolytes are an important part of ministry and we are thankful for their service!

Blessing of Students

Sunday, October 8



I ♥ SUNDAY

Blessing Sunday School Teachers and Students
Blessing of Bibles for Students
Blessing our Acolytes

Student Blessing - October 8

On October 8 during 10am worship, we will be blessing our students. Kindergarten and 4th grade students will receive their Bibles, acolytes will be recognized, and all students will be prayed for. Be sure to join us in this celebration!



Youth Ministry Updates

The school year youth gatherings are in full swing. What a joy!

On Wednesday nights, students (grades 6-12) gather for food, fun, fellowship, and faith. It is great to welcome our new 6th graders to the Middle School crew AND expand our Wednesday gatherings to include a senior high group. I'm grateful to have this year to be the lead Middle School teacher and honored to have JoAn Baker join me as the lead Senior High teacher. Along with other adults who will join us over the course of the year, we are excited for the year ahead. We've got a lot of great activities coming up that will be wonderful to invite friends to join, so stay tuned!

On Sunday mornings, we have a newly expanded music and worship arts program, coordinated by Lori Lahtinen, Cindy Bailey, Ali Lundin, and Chuck Mann. Students in grades 6-12 have the opportunity to share their musical gifts and spoken word talents. I am really excited to have students join me as worship leaders, both as the Higher Ground music team, as well as students who will be preparing to read scripture, lead worship, and prepare dramas to be shared in worship throughout the school year.

Thank you, students, for your commitment. Thank you, parents, for your support. Looking forward to a Spirit-filled year together.



Youth Update and Calendar on the Cross Winds Website

The new church website features a youth section which serves as a gateway for you to learn about upcoming events, weekly schedules, and other church activities. Be sure to check out the calendar section or featured events, which have options to sync things to your personal calendar.

Learn more - <https://crosswindslife.org/engage/youth/>

We also are sending out new youth email updates. Be sure to update your church profile with the directory forms or contact the office to subscribe to the youth email e-news.



CROSS WINDS UMC SENIOR HIGH

SUMMER MISSION TRIP

JULY 6-12, 2024

STUDENTS IN GRADES 8-12



2024 Senior High Mission Trip

July 6-12, 2024

Destination - Benton Harbor, MI

Total Cost - Full Cost is approximately \$900 (Fundraising opportunities will be available for individuals to possibly raise up to 50%)

Eligible - Students in grades 8-12 (during the 2023-2024 school year)

Sample Service Projects and Activities: Partner with local organizations to meet ongoing needs in the community. Students may serve all or part of the week at a food shelf, clothing distribution center, or by assisting with painting, cleaning or simple repair projects. During a week in Benton Harbor, our group will partner with local organizations to serve the city across age and racial divides. In the evenings, we will tour the community and learn about the fine arts revitalization in Benton Harbor from a community friend. We'll also have the opportunity to experience local BBQ, visit a Lake Michigan beach, and explore Benton Harbor's sister city, St. Joseph. YouthWorks has partnered with this community since 2000.

Housing Arrangements: Groups are housed in a local church, school or community building. Participants need to bring their own sleeping bags, pillows and sleeping pads or air mattresses that are twin-size or smaller. All females and males sleep in separate rooms, including married Adult Leaders. Showers are available either on site or at a nearby location. Off-site showers may be at local community center, YMCA or public high school which may include open shower rooms or private stalls. Specific details will be available in the spring as they are confirmed in each community.

Transportation: Chaperones will be responsible for driving students in rented vans from Cross Winds to Benton Harbor, MI and back home.

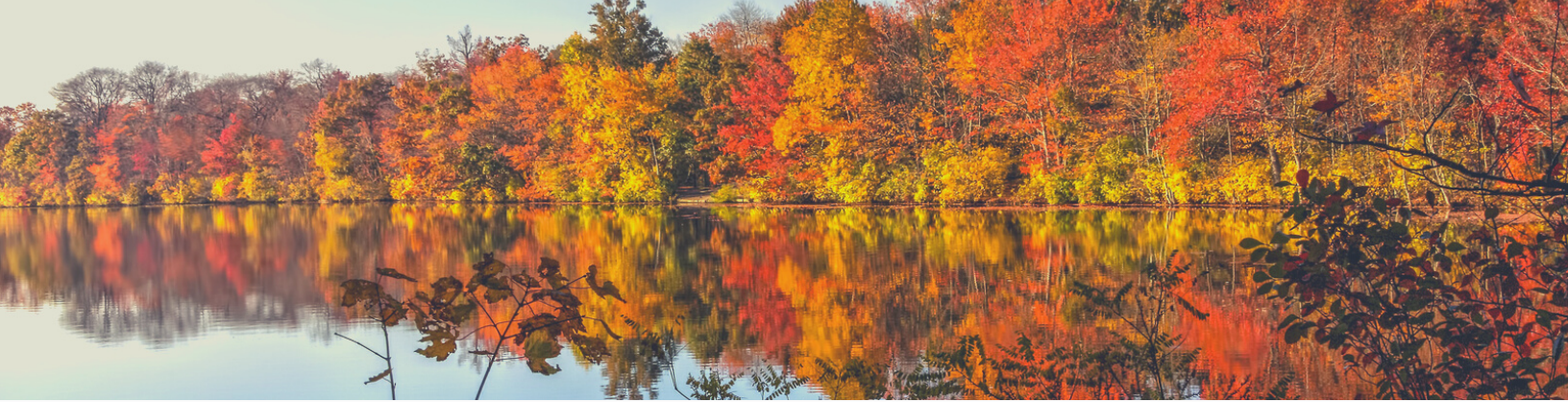
Priority Registration Due By - October 15, 2023 (\$50 due at registration)

Final registration due by December 1, 2023

Participants will be asked to assist with fundraising efforts and attend three team meetings.

Information about fundraising commitments will be available in mid-October.

To learn more, visit the youth webpage - <https://crosswindslife.org/engage/youth/>



Cross Winds Church Directory

Paper Directory available October

If you haven't yet updated your information, please out the online form contact the office

Cross Winds Directory Updates

We have been working hard on updating our church database and directory. If you have not filled out a form yet, copies are available at church or online at: [Directory Update Form](#).

Beginning Sunday, October 1 Michelle Schober, Director of Administration, will be available on Sunday mornings to distribute copies of our paper directories. Paper copies only include information that we have been given permission to publish. So, if you would like to be in the directory, please reach out to Michelle (on Sunday mornings or during office hours) to fill out the form for future publications.

As we continue to work with our new church management software, we hope to offer online limited church account access, regulated by our staff to ensure confidentiality and proper use of information, by the end of the year.

New Member Sunday - November 19

During worship on Sunday, November 19th, we are honored to welcome new members to Cross Winds. If you are interested in becoming a member, stop by a "Coffee with the Pastor" event or contact Pastor Stina (stinakoppes@crosswindsumc.org) to learn more about joining the church.

New Member Sunday
November 19

Contact Pastor Stina or attend a "Coffee With the Pastor" to learn more about joining the church.



Can Do Canines - Good Luck Auggie!

On Sunday, Sept 10th, we blessed Auggie as he prepares for the next section of his Can Do Canine training. Auggie has been a regular Cross Winds friend, joining his trainer, JoAn Baker at many Cross Winds activities. We'll miss seeing Auggie at Cross Winds, but are excited for the ways he will do all the good he can!

COFFEE with the PASTOR

offered monthly - every 2nd Sunday
at 9:00 AM

Baptism Workshop
preparing for the sacrament of baptism with Pastor Stina

offered monthly - every 3rd Sunday
October thru May
9:00 AM

September Spotlights



Great turn out for the return of Wednesday dinners!



Wonderful Worship Skit!



Cross Winds

United Methodist Church

15051 Weaver Lake Rd
Maple Grove, MN 55311

Return Service Requested

The Compass

is the monthly newsletter of
Cross Winds United Methodist Church

www.crosswindslife.org

Phone: 763-494-4963

