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**CROSS WINDS** 

**2023-2024**  
**CHILDREN AND  
YOUTH PROGRAM  
REGISTRATION**

[www.crosswindslife.org](http://www.crosswindslife.org)

Registration is open for fall programming.

Be sure to visit the church website and register your children and youth for the fall.



## Cross Winds

### United Methodist Church

15051 Weaver Lake Road

Maple Grove, MN 55311

Phone: 763-494-9463

Website: [crosswindslife.org](http://crosswindslife.org)

Office Hours:

Monday - Thursday

9:00 am - 2:00 pm

## Sign Up To Stay Connected

Contact Michelle Schober to be added to the email distribution lists for

- "Cross Winds Life", distributed on Thursdays - includes pastor's note, important information about the life of the church, and links for upcoming events
- Prayer Chain email updates

## Finance Update

We will have our challenge this month as our expenses will likely exceed our giving for the month of August. Historical giving also indicates that giving will be less than the monthly expenses for the month of August. Therefore, we need all your giving to support all of our CWUMC ministries. If you have not pledged for this year it's not too late and no amount is too small. We welcome all of your support, and thank you again for your blessings and giving for all of our ministries at CWUMC.

If you have questions about our 2023 Budget, pledging or questions related to our Capital Campaign Fund, Endowment Fund, or Mortgage Balance please contact us at [finance@crosswindsumc.org](mailto:finance@crosswindsumc.org).

## Ministry Staff

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Nursery Supervisor



## Pastor's Note by Stina Koppes



*"Let there be chosen as cellarer of the monastery a member who is wise, mature in conduct, temperate, not gluttonous, not proud, excitable, offensive, stingy or wasteful, but God-fearing and like a parent to the who community.... Let them regard all the vessels and goods of the monastery as if they were the sacred vessels of the altar, aware that nothing is to be neglected. The cellarer should not be prone to greed, not be wasteful or extravagant with the monastery's goods, but do everything with moderation and according to the bidding of the superior."*

~ Rule of Benedict, Chapter 31 excerpts

The Rule of St. Benedict was written centuries ago for people seeking to live deeply in Christian community. Although pieces of the rule require some interpretation, modernization, and wisdom from those who have chosen to live as Benedictines, overall, the rule is very practical. One of my favorite chapters of the rule has to do with how we take care of our stuff.

In Chapter 31, Benedict explains that our stuff matters. All of it should be treated with care and respect as if it were "sacred vessels of the altar." This does not mean we are called to worship our stuff, but Benedict does admonish us to take good care of what we have. If you were to read the entire rule, you would also hear the importance of moderation, temperance, and prudence. Take only what you need. Keep only what you need. Be content and happy when you need less. Be gracious with others who may need more.

So, this summer, I encourage you to engage in the spiritual practice of making an inventory of your stuff. Pay attention to what you have. How are you taking good care of it, as if it were sacred vessels of the altar? Is this something you need in your life now or is it time to give it to someone else? Is your stuff suffocating you? Or are there things you need in this next phase of life that you are lacking?

When you are at church this summer, you will see that together we are deep in the work of caring for our stuff. Over the summer, we are making inventories, sorting, and caring for our items throughout the building. What is it we need for the ministry that is ahead? What things do we need to let go of or give to someone else? How are we committing to taking good care of all our stuff, so that it is shown proper respect? In our work, I pray that we can channel a bit of good old Benedict. "Let [us] regard all the vessels and goods of the [church] as if they were the sacred vessels of the altar, aware that nothing is to be neglected." (Rule of St. Benedict, Chapter 31)

May our tending, sorting, and preparations be a source of redemption, renewal, and recreation for our church and our very lives.

# SO ALL ARE *Welcome*

So welcome each other,  
in the same way that  
Christ also welcomed  
you, for God's glory  
Romans 15:7

## Capital Campaign - Kitchen Blessing

As construction wraps up on the new kitchen, we continue to give thanks for your generosity! Thanks to the commitment of your prayers, presence, gifts, and service, we have been able to build a new commercially licensed kitchen within budget.

The Kitchen Management Team continues to work diligently to procure the items needed for the kitchen, provide guidance on operations management, and equip us for the next phase of ministry together.

To celebrate this incredible ministry milestone, we have invited Bishop Lanette Plambeck (resident bishop for the Dakotas-Minnesota Episcopal Area of The United Methodist Church) to celebrate with us. Be sure to save the date for this upcoming event:



## KITCHEN BLESSING



**SUNDAY, OCTOBER 15**

Join us for a special worship and luncheon as we welcome Bishop Lanette Plambeck to Cross Winds UMC. Bishop Lanette will be our guest preacher as we consecrate our new kitchen and enjoy a home cooked meal afterwards!



# SO ALL ARE *Welcome*

So welcome each other,  
in the same way that  
Christ also welcomed  
you, for God's glory  
Romans 15:7

## **Next Steps for the Capital Campaign**

As we continue to settle into the new kitchen, we will be taking some time to catch our breath and prepare for the next round of projects as pledge money continues to come in. We anticipate that the next major project you will see in 2024 will be upgrades to our front doors, to provide better security and access to our facility.

## **Kitchen Management Team**

The Kitchen Management Team continues to work diligently on getting the kitchen ready for community use. This task force, which reports to the Trustees and Board is represented by Jeanine Ronning (Board member and hospitality tri-chair), Maureen Wiethorn (hospitality tri-chair), Rev. Joyce Sluss (Minister of Community Engagement), Faustina Otoo (commercial kitchen and catering experience), Allyson Tarnowski (commercial kitchen and hospitality experience), John Mbali (board member), and Pastor Stina.

In addition to purchasing items for the kitchen such as plates, cookie sheets, and spatulas, the team is busy identifying other top needs such as shelving and storage. The team is also working hard on creating a Cross Winds Kitchen Manual, so that we maintain good operational standards for all community needs. The manual will be incorporated into use through our staff, ministry teams, and community partners, so that everyone feels ready and equipped to use the kitchen. Next steps for the team also include ensuring we have systems in place for training, maintenance, cleaning, and good care of the kitchen.

We are grateful for the work of the Kitchen Team and excited to see how the kitchen will be used in the years to come.

Be sure to join us as we Bless the Kitchen on Sunday, October 15th with Bishop Lanette!

# THIRSTY



## August WORSHIP SERIES

*When the summer heat gets intense, we begin to realize how thirsty the world can become. Sometimes in the periods of drought and thirst, we begin to realize how God reaches out with grace to care, transform, and renew the world. Join us for this five week series as we explore God's grace amidst our thirsts. Based on Rev. Rhoda Preston's book, "Thirsty," we will explore different Biblical passages to deepen our faith and quench our thirst. We are excited to welcome Rev. Preston as a guest preacher on August 27th as a highlight to this series. Be sure to join us on Wednesday nights outside on the new deck as we discuss the weekly sermons and enjoy a time of fellowship with one another, including fun treats. Learn more about the Wednesday gatherings in the announcements section. Interested in reading Rev. Preston's book? Copies are available at church.*

### **August 6 - When There is Nothing**

Exodus 17:1-7

When the summer heat gets intense, we begin to realize how thirsty the world can become. Sometimes in the periods of drought and thirst, we begin to realize how God reaches out with grace to care, transform, and renew the world. Join us as we begin a summer series, "Thirsty" which explores how our own experiences of thirst can be a meeting place for God.

### **August 20 - Thirst for Conversation**

John 4:4-14

Traveling in the summer can be thirsty and tiring work. In our scripture lesson for today, we encounter Jesus taking a break for water while on the road. He meets a woman, asks for a drink, and they begin to talk about the deeper thirsts in life. Sometimes when we pause and listen to our physical needs, our bodies give expression to what our souls thirst for as well. How does God respond when we are thirsty?

### **August 13 - Filling Jars**

John 2:1-12

Weddings are a time of great celebration and anticipation. We want everything to be perfect, but know that is an almost impossible task. When Jesus attended a wedding in Cana, the wine ran out, but through Mary's encouragement, Jesus displayed an unlikely miracle. What happens when God shows up in our celebrations and our stress, heaping grace upon grace in our lives in tangible ways?

### **August 27 - Grace is Costly**

Rev. Rhoda Preston

Water is central to life, yet sometimes we just don't want to drink it. We find ourselves dehydrated. Sometimes we spiritually dehydrate ourselves because the choices ahead of us seem challenging or distasteful. Today, we explore the grace that comes from costly sacrifices as we welcome Rev. Rhoda Preston, author of "Thirsty" to preach a word of hope.

# THIRSTY

## August Worship Series

### Wednesday Social Gatherings August 9-30 6:30-7:30 pm



#### August Thirsty Worship Series – Wednesday Social Gatherings

August 9-30, 6:30-7:30 pm

Gather with Pastor Stina on the new church deck for mid-week gatherings that connect with our August worship series, “Thirsty.” Each week will include beverages and snacks that accompany the theme for the week. No prep work is required and conversations will be casual as we enjoy a time of fellowship and refreshment. For people interested in deeper personal study, we have copies of Rev. Rhoda Preston’s book, “Thirsty” at the church to enrich your time of personal devotion. In case of inclement weather, we will gather in the Fellowship Hall.

- August 9: Grace is Surprising - Reflection on Chapter 7 - Vanilla Rosemary Lemonade
- August 16: Grace is Abundant - Reflection on Chapter 12 - Wedding Punch
- August 23: God's Grace is Deep - Reflection on Chapter 13 - Peach Iced Tea
- August 30: Grace is Costly - Reflection on Chapter 15 - Fruit Smoothies

#### The Good Life: The Wisdom of David and Solomon Fall Worship Series

David and Solomon are two of the most famous kings in the Old Testament, with kingships that marked the golden age of Israel. Throughout their reigns, David and Solomon had their triumphs and tribulations as they wrestled with the meaning of life, the pursuit of justice, and what it meant to live honorably. In addition to the historical books of the Bible, both kings have several wisdom books attributed to them, such as Proverbs, Ecclesiastes, Song of Solomon, and many of the Psalms. Join us this fall as we dive into the lives of David and Solomon, reading not only their historical accounts, but also searching the books of wisdom that search to find the meaning of a good life.

# Adult Ministries and Small Groups

Find a way to connect with others  
at Cross Winds!



## Grief Share - Fall Class Starting September 11

Mondays 6:30-8:00pm

Community members who have experienced the death of a family member or friend are invited to register for the GriefShare program held at Cross Winds UMC.

Grief Share will be held on Mondays beginning September 11 in the adult education room of Cross Winds UMC. [Register online](#) - or contact Pastor Stina for more information. Suggested donation of \$20.

This nondenominational program features Christ-centered, biblical teaching that focuses on grief topics associated with the death of a loved one. The DVD seminar features nationally respected grief experts and real-life stories of people, followed by a small group discussion about what was seen on the DVD. Many grieving people find they are only beginning the work of healing when friends or family have returned to their daily life routines. Past participants have related how helpful the information and follow-up discussions were to them. Your bereavement experience may be recent or not so recent. You will find encouragement, comfort, and help in grieving the death of a spouse, child, parent, sibling, other family member, or friend. No matter what the cause of your loved one's death, this is an opportunity to be around people who understand what you are feeling. You will learn how to recognize the symptoms of being stuck in grief and that you do not need to live in bondage as a slave to certain emotions. You will learn valuable information about facing your new normal in life and renewing your hope for the future. Grief-related books/materials are made available for participants.



## Game Group

Thursday, August 17, 1:30 pm

Do you like to play board games or enjoy fellowship with church friends? You are invited to bring your favorite board game to Fellowship Hall for fun and fellowship. Please bring your own beverage of choice. No need to sign up. Just show up! Contact Marlan Tevis for more information or for questions.

## Senior Facilities Team

Wednesday Mornings, 9:00-11:00 am

Gather for fellowship and service with other men on Wednesday mornings. This group meets weekly downstairs for coffee and connection. Then the group works away at various indoor and outdoor projects. Men are welcome to attend as their schedule permits. Group facilitator is Roger Roth.



## Prayer Shawl Ministry

Monday, August 28, 1:30pm

Prayer Shawl Ministry will meet Monday, August 28 at 1:30 pm. Bring your own beverage and project that you are working on. New members welcome.

# CROSS WINDS CHILDREN



Deborah, Joseph, Abram and Ruth-  
so much learning; so much truth!



## Feeling called to serve?

Are you feeling called to serve in Children's Ministry? We are looking to add to our team for the 2023-2024 school year! Come and be a blessing all while being blessed in the Kid Min program!



## Nursery Help Needed

Our nursery is hiring additional staff for the upcoming school year! Be a blessing to our littlest friends all while being blessed by them in return! For more information, contact Amber Lahtinen at [amber@crosswindsumc.org](mailto:amber@crosswindsumc.org)

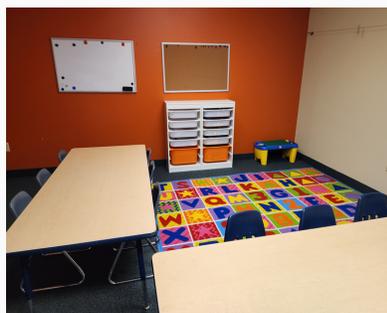
## Fall Registration

Our classrooms are getting ready! All we need is YOU!

[Register Now!](#)

## Wednesday Evening Programming

Exciting news!! Children's Ministry is expanding into Wednesday evenings! What an exciting way to grow in our relationship with God and with each other. Family dinner will be from 5:30-6:30 and programming for all ages from 6:30-7:30! Children's programming will be the same lesson as taught the previous Sunday but with different activities to allow for deeper learning and more fun!





## Youth Ministry Updates

“Keep loving each other like family. Don’t neglect to open up your homes to guests, because by doing this some have been hosts to angels without knowing it.” ~ *Hebrews 13:1-2*

As we enjoy this homestretch of summer, I pray that you are truly enjoying it! Summer at its best is a time to recharge, regroup, and go on a few adventures. At our house, summer especially has been a time of hospitality, where we have the chance to open our house to guests. Practically speaking at my house, this involves a lot of food, a lot of games, a lot of campfires, and a lot of nerf darts scattered throughout the yard. Extending hospitality is good for the soul. It gives us a chance to practice loving others like family and deepen friendships.

Making friends and caring for others matters. Our friends are some of the most important people in our lives. Our friends know us best. They’re the people we’ve spent countless hours with telling stories, laughing, and creating memories together. We all know having great friendships means a lot more than just having people to hang out with, but how do you find friends like that? How do you build the kinds of friendships that last? And what do you do if you feel like your friendships aren’t everything you’d want them to be? My hope is that this coming year, in our time together, you’ll get a chance to experience what it takes to build friendships that last because they are built on something deeper and better. Be sure to check out the information about our upcoming activities and think about how God is calling you to participate – and maybe even bring a new friend.

## Summer Festival Camp

A big thanks to our Summer Festival Camp chaperones Alyssa Honmyhr and Cheryl Purkat for bringing our CW middle school crew to camp! A great time was had by all growing in faith, hope, and love.





**Youth DELIVER HOPE Second Harvest & Social Time**  
**August 2, 11am-5pm**  
 Combined outing with White Bear UMC

### Deliver Hope – Second Harvest Trip & Social Time August 2, 11am-5pm

Deliver hope where it's needed most by volunteering at Second Harvest with youth from Cross Winds AND White Bear Lake UMC. We will meet at church for lunch and ice breakers, then carpool to Second Harvest in Brooklyn Park to assist with sorting and packing food. Afterwards, the groups will meet up for a fun afternoon activity to celebrate. Learn more about [Second Harvest](#). [Online registration](#) is due by July 30. Group limited to 12 (grades 6-12). Cost \$10. Scholarships available upon request. Contact Pastor Stina for more information.

### Youth Night at Fish Lake - August 22, 5-8pm

Calling all middle school and high school youth. Join us for an end-of-summer youth gathering at Fish Lake. We will meet at church at 5 pm and carpool to Fish Lake Park for swimming, BBQ dinner, and a team corn hole tournament. Plan to wear your swimsuit and bring your appetite and an outdoor chair. We will return to church at 8 pm for parent pickup. Rising 6th graders are encouraged to attend! [Register online](#) by Friday, August 18. This is a FREE Event.

In case of rain, we will have a rain date held for Thursday, August 24. For more information, contact Pastor Stina ([stinakoppes@crosswindsumc.org](mailto:stinakoppes@crosswindsumc.org)) or Lori Lahtinen ([lorilahtinen@crosswindsumc.org](mailto:lorilahtinen@crosswindsumc.org)).

**End of Summer Youth Gathering**  
**Fish Lake Park**  
**Tuesday, August 22, 5-8 pm**  
 Join for a great time of swimming, BBQ, and a team corn hole tournament  
**Register online**

**2023-2024**  
**CHILDREN AND YOUTH PROGRAM REGISTRATION**  
[www.crosswindsumc.org](http://www.crosswindsumc.org)

### Fall Programming Preview and Registration

The new information about fall youth programming (grades 6-12) is ready! This year, we are expanding Wednesday evening programming to include weekly meals and group opportunities for all ages starting September 20th. We also are offering a Sunday morning music program at the 9am hour beginning in September. Information & registration about fall programming is available online - <https://crosswindslife.org/engage/youth/>

### Four Ways to Learn About Fall Youth Programming

- Aug 22nd Youth Night (parent check in time at 5pm, 15-minute check in with Pastor Stina before students leave for Fish Lake)
- **Sept 10th (11am)** - Parent meeting (social time and check in with Pastor after worship)
- **Sept 20th** (5:30pm dinner, 6:30pm program) - Wednesday Evening Fall Kick Off
- **Contact Pastor Stina** ([stinakoppes@crosswindsumc.org](mailto:stinakoppes@crosswindsumc.org))



Sunday,  
August 6th  
at 9am

## BREAKFAST WITH THE BOARD



### Breakfast with the Board Sunday, August 6, 9am

Gather for a home cooked breakfast in the fellowship hall on Sunday, August 6th at 9am for a time of fellowship and conversation with the Cross Winds Board. Breakfast will be served at 9am by the hospitality team. The Board will provide a brief presentation from 9:15-9:30am followed by a time for questions. There will be a freewill offering to help assist the cost of food.

### Feed My Starving Children - THANK YOU!

A big thanks to everyone who helped at the Delano UMC Mobile Pack in support of Feed My Starving Children earlier this summer. During the Cross Winds shift, over 17,000 meals were packed. Over the total event, 108,864 meals were packed, providing meals for 298 children for a year. Keep up the great work!



### Girl Scout Garden Update

A big thank you to our Senior Facilities Team for purchasing a commemorative rock for our butterfly garden. Last summer, Junior Girl Scout Troop 18266 planted this garden to earn their Bronze Leadership award. They created this sustainable perennial garden with the intention to increase habitat for butterflies and bees.





# WEDNESDAY EVENING COMMUNITY GROUPS

Seasonally - September through April

5:30pm - 6:30pm - Community Meal

6:30pm-7:30pm - Small Groups (all ages)

## Wednesday Nights at Cross Winds

Groups are offered for all ages from nursery through adult from September through April . Each series begins and ends with a community night, which is an event for all ages and great for friends to join. Small groups meet for approximately 6-8 weeks and then conclude with a community night celebration!

## COMMUNITY DINNERS OFFERED

### 5:30-6:30pm in the Fellowship Hall

On community and class nights during the school year, dinner is served in the fellowship hall for everyone. Suggested donations are posted to help offset the cost of food. Volunteers are always welcome to help join the meal team.

## SMALL GROUPS MEET 6:30pm-7:30pm

**Nursery** is available for children (ages 0-3)

**Elementary** - PreK through 5th grade

**Youth** - Middle School (grades 6-8) and Senior High (grades 9-12)

**Adults** - Bible Studies and Music Programs

NOTE: CHOIR rehearsal is from 6:30-8pm & has additional rehearsals.

## FALL 2023 SEMESTER SCHEDULE AT A GLANCE

Sept 20th – Community Night (Back2School) - dinner & open house

Sept 27th – Class night

Oct 4th – Class night

Oct 11th – Class night

Oct 18th - NO CLASSES (MEA Break)

Oct 25th – Class night

Nov 1st – Class night

Nov 8th – Class night

Nov 15th – Community Night (Thanksgiving event)

Nov 22nd - NO CLASS



# WEDNESDAY NIGHT MEALS

## Volunteer Opportunities

### **Wednesday Night Meal - Volunteer Opportunities**

#### **Meal Team Coordinators (9-month commitment)**

We are looking for 2-3 volunteers who will serve on the coordination team with Pastor Stina. These members are not responsible for cooking weekly but will provide leadership on equipping volunteers for work and assessing the emerging needs of the program.

#### **Lead Cook (volunteer one meal at a time)**

Volunteer to be the lead cook for one or more Wednesday evening meals. The Lead Cook will be responsible for necessary shopping and coordinating meal prep work needed with assistants to cook the meal. Prior to the first volunteer experience, you will receive orientation training.

#### **Assistant Cook/Server (volunteer one meal at a time)**

Volunteer to assist with food preparation, service, and clean-up of a Wednesday night meal. No advance prep work will be required, but volunteers will be asked to help between 4-7pm for assistance with the evening meal when you are serving for the night.

*To volunteer for any of these opportunities, fill out a [volunteer interest form](#), connection card, or contact Pastor Stina ([stinakoppes@crosswindsumc.org](mailto:stinakoppes@crosswindsumc.org)).*

# Music Notes

## Cross Winds Choir Kick-off

Wednesday, August 30, 6:30-8:00 pm

Cross Winds Choir is open to all singers from 9th grade-adult. It is not only a group that produces beautiful worship music, but also provides fellowship, friendship, spiritual growth, and care for its members. Rehearsals will continue Wednesdays from 6:30-8:00 pm from September-May.



## Music Instrumentalist Needed

We incorporate instruments of all kinds including strings, brass and woodwinds, and keyboards in much of our worship music; please let me know if you play an instrument, and would like to play in worship. You can contact me for opportunities throughout the year to share your musical gifts and talents in worship.

For more information contact Lori Lahtinen, Director of Worship and Music Ministries at [lorilahtinen@crosswindsumc.org](mailto:lorilahtinen@crosswindsumc.org)



## Higher Ground Youth Choir

The youth choir meets on Sunday morning at 9am twice per month. They will sing for worship each month. Grades 6-12 are invited to join us. Watch for details coming in September. Go to the [Children/Youth registration form](#) to sign up



# Cross Winds

United Methodist Church

15051 Weaver Lake Rd  
Maple Grove, MN 55311

Return Service Requested

## **The Compass**

is the monthly newsletter of  
Cross Winds United Methodist Church

[www.crosswindslife.org](http://www.crosswindslife.org)

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