



Sermon Discussion Guide

September 13, 2026

Refresh

Read Matthew 5:5 to get the Scripture passage back in your mind.

Discuss

How is biblical meekness different from how we might initially think of it? How would you explain meekness in your own words?

Pastor Sam described meekness as strength submitted to God's control. In what areas of our lives is it hardest to surrender to God rather than trying to control life's circumstances ourselves?

Psalm 37 connects meekness with trusting God to deal with injustice. What about God can lead us to fully trust Him? Why does trusting God make it easier for us to respond gently when we are mistreated?

According to 1 Peter 2:23, Jesus did not retaliate when mistreated but instead "entrusted himself to him who judges justly." What might that look like in practice for us when someone insults, criticizes, or wrongs us?

Pastor Sam connected meekness with forgiveness. Why is an unwillingness to forgive often tied to pride, anger, or a desire for vengeance? How should remembering how much Christ has forgiven us shape our response to others?

In what ways should a Christian go about cultivating true meekness in his or her life? What role does that Spirit play in that? What rhythms could we establish or develop to help us grow in meekness?