



Sermon Discussion Guide

November 30, 2025

Refresh

Read Mark 14:32-36 to get the Scripture passage back in your mind.

Discuss

What stands out to you most about Jesus' loneliness in Gethsemane? In what ways does understanding His increasing isolation deepen your appreciation of His sacrifice?

Jesus prays, "Remove this cup," yet submits with, "Not what I will, but what you will." How does Jesus' honesty and obedience inform us of how we ought to pray in our moments of suffering?

The cup represents God's righteous wrath for sin. How does meditating on the reality of the "cup" help us see both the weight of our sin and the beauty of God's grace in Christ?

Pastor Mark highlighted the painful nature of the silence of the Father in Gethsemane. Why is it so hard when God seems silent amid our pain and suffering? How should we respond when God seems to be silent, and how does Jesus' experience help us better understand how we should live when we feel this way?

Hebrews 4:15-16 says we can draw near to Christ because He sympathizes with our weakness. Take some time as a group to reflect on the ways Jesus suffered for us. How do His sufferings embolden us to trust Him when we suffer in our lives?

In what ways does this passage remind us anew of the love of Jesus on our behalf? Why is it critically important to remind ourselves of His love? What are some practical ways you can keep the reality of His love for you at the forefront of your mind this coming week?