



Sermon Discussion Guide November 9, 2025

Refresh

Read Ephesians 6:10-13 to get the Scripture passage back in your mind.

Discuss

1. Spiritual Warfare and Reality

Paul compares the Christian life to a battlefield, not a game. How does seeing the Christian life as “warfare” (Eph. 6:10–13) change the way we view daily struggles, temptations, or discouragements? In what ways do you think we underestimate the seriousness of this spiritual battle?

2. The Source of Temptation

James 1:14 says each person is tempted when “he is lured and enticed by his own desire.” Why do you think it’s so easy to blame others—or even Satan—for our sin rather than taking personal responsibility? What helps you recognize when a temptation is beginning to grow in your own heart?

3. The Moment of Battle

The sermon described the moment of temptation as a “battle moment” where armor is essential. Can you describe a recent situation where you felt that moment of internal wrestling between God’s will and your own desires? What piece of the “armor of God” (truth, righteousness, faith, etc.) would have been most helpful in that situation?

4. The Deceptive Nature of Sin

James paints a vivid image of sin as something that looks good but “gives birth to death.” Why do you think sin can appear so attractive, even when we know its consequences? How can we remind ourselves—and each other—of the true cost of sin before we give in?

5. The Grace That Restores

The sermon closed with 1 John 1:9: *“If we confess our sins, he is faithful and just to forgive us.”* How does that promise affect the way you respond after you fall into sin? What can our group do to create a culture where confession and restoration are safe and encouraged?