



Sermon Discussion Guide

August 24, 2025

Refresh

Read Psalm 1 to get the Scripture passage back in your mind.

Discuss

Psalm 1 presents only two categories of people, the righteous and the wicked. Why do you think modern culture resists such a sharp distinction? How does this inform the way we see people around us—even those who might seem “moral” or “good,” but have never trusted in Christ?

Verse 1 describes the progression of sin for the wicked (walking—standing—sitting). In what ways does our flesh and the allure of sin make this progression so easy? How can we grow in discerning whether this pattern is taking root in our lives?

Verse 2 says the blessed man “delights” in the instruction of the Lord. How is delight different from mere duty when it comes to reading Scripture? Why is it often that we spend time in God’s Word more out of duty than delight?

Read Jeremiah 15:16 together as a group. How does this verse describe for us what it looks like to grow in our delight for God’s Word? What are some practical steps you could take to grow in your delight of God’s Word?

In what ways are the descriptions of the righteous and the wicked contrasted in verses 3-4? In what ways have you seen these two descriptions evidenced in others around you? How might we reach people that are blown away by the winds of the culture?

The sermon emphasized that ultimately Psalm 1 points us to Jesus as the truly righteous man. How does seeing Christ as the fulfillment of this Psalm change the way we read and apply it to our own lives?