

K-5TH GRADE AT HOME

OCTOBER 4TH, 2026



BIG IDEA

Step one, trust God.

BIBLE

Elijah and the Widow at Zarephath

1 Kings 17:8–16; Mark 12:38–44

ABOUT THIS WEEK

Could you bake a whole loaf of bread with one small scoop of flour and a little splash of oil? It might not seem like enough, but God's recipes never fail. This week, we'll hear about how God prepared Elijah and the widow at Zarephath during the famine. As they baked with what they had, God provided and reminded them to **step one, trust**

QUESTIONS

BIBLE QUESTIONS

- What did God promise Elijah when God sent him to Zarephath? A widow would give him food.
- What did Elijah tell the widow to do? Make him a small loaf of bread first.
- What did God promise the widow if she trusted God and followed Elijah's instructions? Her flour and oil would not run out until God sends rain.
- Read Mark 12:43-44. On a scale of 1 to 10, with 10 being "super difficult," how difficult would it be for you to trust God enough to give him everything you have? Why?

APPLICATION QUESTIONS

- How would you have reacted if Elijah told you to use your last ingredients to make him a meal first?
- What's a situation where hearing, "Don't be afraid," from God would help you (or would've helped you) trust more?
- What are things in your life you can trust God with right now?

ACTIVITY

INSTRUCTIONS: Prepare index cards with different things we can trust God with: family, friendships, health, food, safety, guidance, help, and the like. Mix them all up and invite a kid to draw a card. Then discuss together how your family can trust God with that item.

- Why do we need to trust God with this?
- What are some things that we can do about this?
- What are some things only God can do about this?

We talked about a lot of different things we can trust God with—some big, some small—but every single one matters to God, and trusting God means knowing we don't have to carry it all alone.

Just like following a recipe, trusting God is a step we can take every day—even when we don't know what the finished result will be.

MEMORY VERSE

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)

K-5TH GRADE AT HOME

OCTOBER 11TH, 2026



BIG IDEA

Step two, talk to God.

BIBLE

Hannah Prays for a Baby

I Samuel 1:4–20; Psalm 16

ABOUT THIS WEEK

Sometimes it feels like life is a busy kitchen, with plates spinning everywhere and no idea which one to grab first. This week, we'll hear about how God prepared Hannah for a baby when she prayed, showing that even when life feels overwhelming, talking to God helps us find peace and direction.

No matter what's happening, we can remember to **step two, talk to God**.

QUESTIONS

BIBLE QUESTIONS

- **Why was Hannah so deeply troubled?**
Because she couldn't have children and was being teased for it.
- **What did Hannah promise God if she was given a son?** To give her son back to God to serve God.
- **Why did Hannah name her baby Samuel?**
Because she asked the Lord for him.
- **Read 1 Samuel 1:18. Hannah had more peace after talking to God. Have you ever experienced God's peace in your heart after talking to God?**

APPLICATION QUESTIONS

- **Do you ever feel like you can't talk with God about something? Why or why not?**
- **Why do you think God wants us to pray?**
- **What is one thing you want to tell God right now?**

ACTIVITY

INSTRUCTIONS: Create a paper table runner with a long piece of paper (or pieces taped together) for your kitchen table. Spend the week adding prayers to your table each morning, mealtime, homework session, or whenever!

God loves it when we pray. Sometimes it's helpful to write out our prayers. Let's write or draw a prayer to God together as a family!

Consider prompting prayers with the following questions.

- What can you thank God for today?
- What do you love about God?
- Where do you need God to give you wisdom?
- What do you need God to forgive you for?
- Who is someone you know that needs God's help?

MEMORY VERSE

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)

K-5TH GRADE AT HOME

OCTOBER 18TH, 2026



BIG IDEA

Step three, listen to God.

BIBLE

God Calls Samuel

I Samuel 3:1–10, 19–21; Proverbs 2:1–5

ABOUT THIS WEEK

Cooking up something delicious means following a recipe carefully — if you miss a step, the whole thing can fall apart! This week, we'll see how God prepared Samuel, and learn that just like following a recipe, we need to listen closely when God speaks. When we trust God's instructions, we can grow stronger in faith and wisdom by choosing to **step three, listen to God**.

QUESTIONS

BIBLE QUESTIONS

- **Who did Samuel think was calling his name? Who was actually calling Samuel?** Eli. God.
- **What did Eli tell Samuel to do when God called him the next time?** Say, "Speak, Lord, for your servant is listening."
- **How did God continue to reveal who God is to Samuel?** God kept speaking to him and gave him messages to share.
- **Read Proverbs 2:1. How do you store up things people say? How does storing up things God says help us?** You can remember them, think about them, write them down. It can help us make wise choices and stay close to God.

APPLICATION QUESTIONS

- **Have you ever heard God speak to you?**
- **Who is someone in your life who can help you recognize and respond to God's voice?**
- **How can you make space to listen to God without distractions?**

ACTIVITY

INSTRUCTIONS: *For this activity, make sounds using kitchen tools, appliances, pots, pans, cookie sheets, or whatever else is in your kitchen! See how many your kids can guess correctly when their eyes are closed (or wearing a blindfold)! Consider playing the sounds in order of what you deem easiest to identify to hardest.*

Talking to God is very important, but listening to God is equally or maybe even more important! There are many things God wants to tell us and share with us as we walk with God. God wants to guide us, comfort us, and encourage us, so it's so important to remember step three, listen to God!

MEMORY VERSE

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)

K-5TH GRADE AT HOME

OCTOBER 25TH, 2026



BIG IDEA

Step four, leave the results to God.

BIBLE

God Promises a Savior

Jeremiah 33:14–16; Luke 21:29–33

ABOUT THIS WEEK

Waiting for cookies to cool or plates to be filled can feel like forever when you're hungry! This week, we'll hear about how God prepared the people for a Savior, showing that the waiting was part of something wonderful. Just like in the kitchen when we trust the process without rushing it, we can **step four, leave the results to God**.

QUESTIONS

BIBLE QUESTIONS

- **What message did Jeremiah give to God's people?** Stop disobeying God. Turn back to God.
- **Did God's people listen? What happened because they did not listen to God?** No. They were taken away from their land.
- **What did God promise despite the people's disobedience?** To send a Savior.
- **Read Jeremiah 33:14. God's good promise was made to the people of Israel and Judah. How does God's "good promise" apply to us today?** It's still for us—Jesus came to save everyone!

APPLICATION QUESTIONS

- **God chose to save us even though humans continuously choose to disobey God. What does this tell us about God?**
- **What do you think the Kingdom of God will be like?**
- **How can knowing that God is taking care of the results help you serve God better? What will you do differently with this knowledge?**

ACTIVITY

INSTRUCTIONS: *Invite your kid into the kitchen to make a meal or a dessert together! Let them help and see all the ingredients and work put into the meal. Then talk about how God makes everything work together too!*

It was so cool seeing all the different ingredients that went into this dish and how it was prepared. I would have never thought that putting all those foods and spices together would create something that tasted so good! That's how it is with God, too. Remember? **Step four, leave the results to God!**

God already knows how everything fits together. The results are set! Jesus is our savior, and Jesus has already defeated sin and death. It's because of this that, one day, we'll get to be with God forever. It's the sweetest dessert!

MEMORY VERSE

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)