

4S/PREK AT HOME GUIDE

October 4, 2026



BIG IDEA

Step one, trust God.

BIBLE

Elijah and the Widow at Zarephath
1 Kings 17:8–16

ABOUT THIS WEEK

Could you bake a whole loaf of bread with one small scoop of flour and a little splash of oil? It might not seem like enough, but God's recipes never fail. This week, we'll hear about how God prepared Elijah and the widow at Zarephath during the famine. As they baked with what they had, God provided and reminded them to **step one, trust God**.

QUESTIONS

- Who did God send to help the woman and her son? Elijah.
- Did the oil and flour run out after the woman shared her bread with Elijah? No. God made sure they always had enough.
- When things are hard or you don't know what to do, who can you trust?
- What is something you can trust God with today?

ACTIVITY

WHAT TO DO

Distribute a placemat handout to your kid. Encourage them to decorate their placemats with food stickers or pictures and drawings of their own.

Optional: Laminate for longer use.

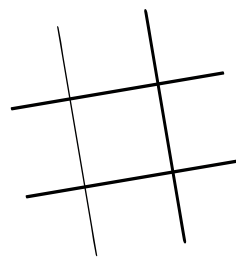
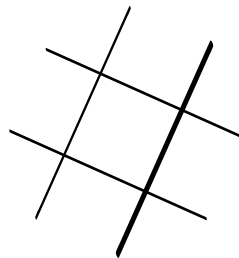
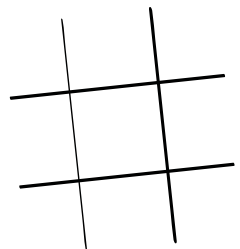
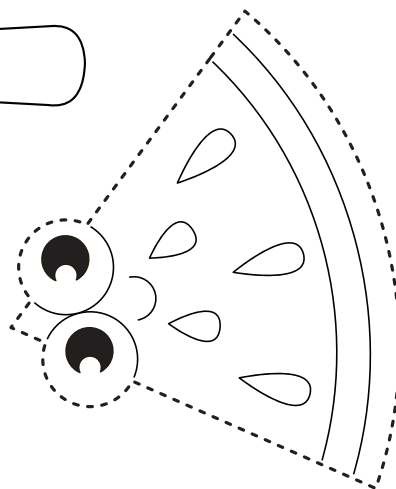
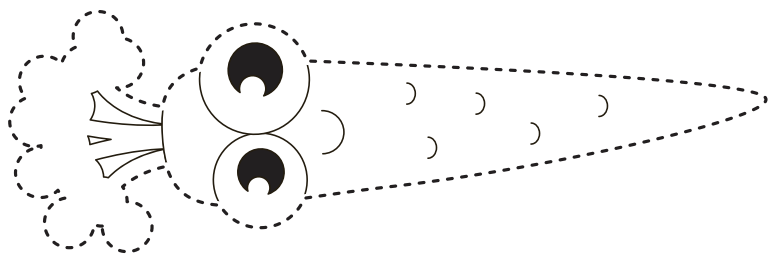
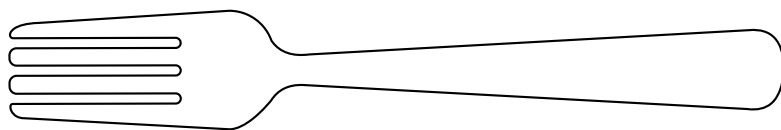
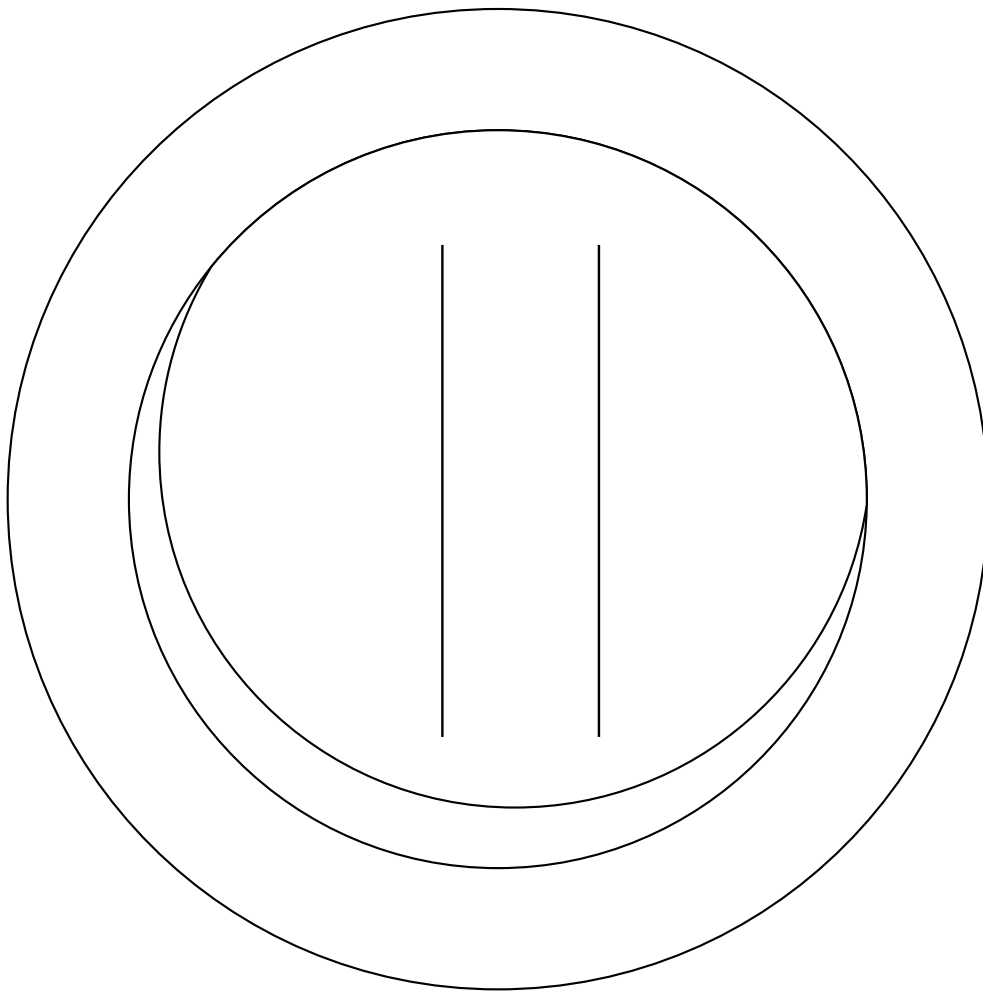
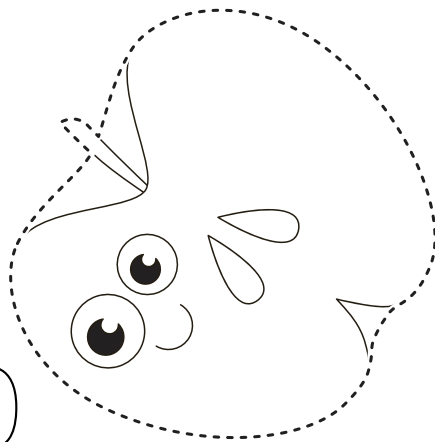
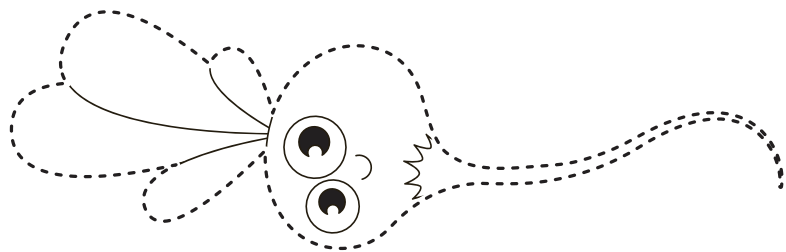
WHAT TO SAY

This placemat shows the food we like to eat—but just like Elijah and the woman in our story, we can remember that everything we have comes from God.

Step one, trust God! God will always take care of us.

MEMORY VERSE: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)

Thank you God for...



THE BIG IDEA: Step one, trust God.
THE BIBLE: Elijah and the Widow at Zarephath: I Kings 17:8-16



Trust God



INGREDIENTS:

- | | | |
|--------------------------------------|------------------------------------|--------------------------------------|
| ☐ water | ☐ robe | ☐ clean cloth |
| ☐ clean water | ☐ water 2nd | ☐ robe, clean |

4S/PREK AT HOME GUIDE

October 11, 2026



BIG IDEA

Step two, talk to God.

BIBLE

Hannah Prays for a Baby

I Samuel 1:4–20

ABOUT THIS WEEK

Sometimes it feels like life is a busy kitchen, with plates spinning everywhere and no idea which one to grab first. This week, we'll hear about how God prepared Hannah for a baby when she prayed, showing that even when life feels overwhelming, talking to God helps us find peace and direction. No matter what's happening, we can remember to **step two, talk to God**.

QUESTIONS

- What did Hannah talk to God about? She told God how sad and hurt she was. She asked God for a son.
- What did Hannah promise she would do if God gave her a baby? To give her baby back to God to serve and help at the temple.
- Why did Hannah name her baby Samuel? Because Samuel means "God heard," and God heard and answered her prayer.
- Do you think God hears your prayers?
- Can you think of something you need?

ACTIVITY

WHAT TO DO

Grab a piece of paper and pencil. Pretend you are a chef in a restaurant. Have your kid tell you their "order." Then, draw their order on the piece of paper and hand it to them. Have them try to draw your order next!

WHAT TO SAY

Today we pretended to be chefs! We didn't really make the food, but we did try our best to draw our "orders." Did I get your "order" right? Luckily, God is way better at listening to us and giving us what we need! And, unlike being at a restaurant, God knows what we need even when we don't ask! But, it is important that we ask anyway. Step two, talk to God...because that's what helps us know God more!

MEMORY VERSE: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)

THE BIG IDEA: Step three, listen to God.
THE BIBLE: God Calls Samuel: I Samuel 3:1-10; 19-21

STEP
③

Listen To GOD



INGREDIENTS:

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# 4S/PREK AT HOME GUIDE

October 18, 2026



## BIG IDEA

Step three, listen to God.

## BIBLE

God Calls Samuel  
1 Samuel 3:1–10, 19–21

## ABOUT THIS WEEK

Cooking up something delicious means following a recipe carefully — if you miss a step, the whole thing can fall apart! This week, we'll see how God prepared Samuel, and learn that just like following a recipe, we need to listen closely when God speaks. When we trust God's instructions, we can grow stronger in faith and wisdom by choosing to step three, listen to God.

## QUESTIONS

- What did Samuel hear in the middle of the night? Someone calling his name.
- Who did Samuel think was calling him? Eli.
- Who really called Samuel? God.
- Can we listen to God even if we are little? Yes!
- Who can help you listen and follow what God says? Parents, friends, or teachers who follow God.

## ACTIVITY

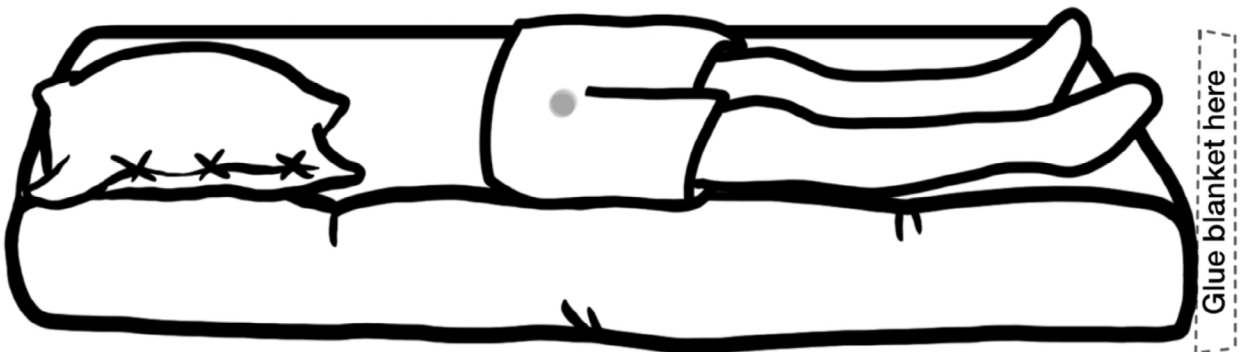
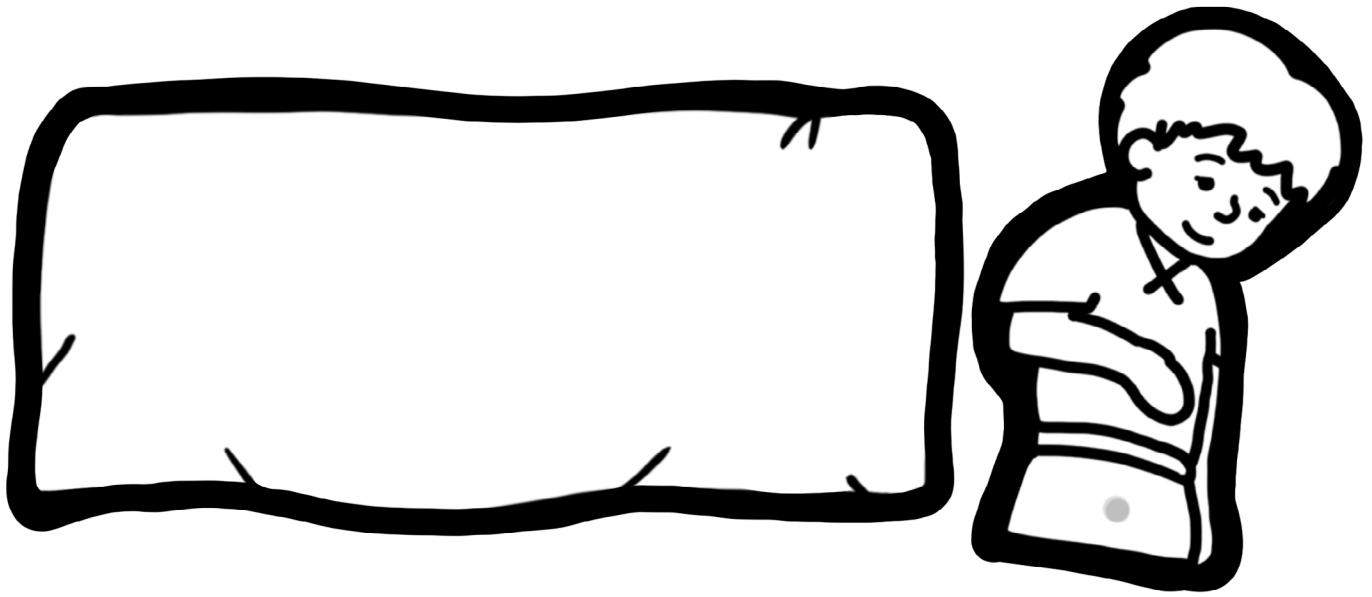
### WHAT TO DO

Distribute the handout with Samuel's bed and encourage your kid to color the pictures. Help them cut out Samuel. Use a brass fastener to attach Samuel to the page so he can sit up and lay down in bed (or just glue down). Then, kids can glue or tape the blanket picture at the foot of the bed to make a blanket they can lift up.

### WHAT TO SAY

Samuel was sleeping... but when God called Samuel's name, Samuel was ready to listen. Just like Samuel, we can be ready to listen any time, too. That's step three, listen to God!

**MEMORY VERSE:** "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)



**WEEK 3 • Samuel's Bed**

**BIG IDEA:** Step three, listen to God. • **BIBLE:** 1 Samuel 3:1–10, 19–21

**THE BIG IDEA:** Step three, listen to God.  
**THE BIBLE:** God Calls Samuel: I Samuel 3:1-10; 19-21

STEP  
③

Listen To GOD



INGREDIENTS:

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4S/PREK AT HOME GUIDE

October 25, 2026



BIG IDEA

Step four, leave the results to God.

BIBLE

God Promises a Savior
Jeremiah 33:14–16

ABOUT THIS WEEK

Waiting for cookies to cool or plates to be filled can feel like forever when you're hungry! This week, we'll hear about how God prepared the people for a Savior, showing that the waiting was part of something wonderful. Just like in the kitchen when we trust the process without rushing it, we can **step four, leave the results to God**.

QUESTIONS

- Who made a big promise to the people? God.
- What did God promise to send? A Savior.
- Who was the promised Savior? Jesus!
- What can you do when you have to wait for something? Trust God and be patient.

ACTIVITY

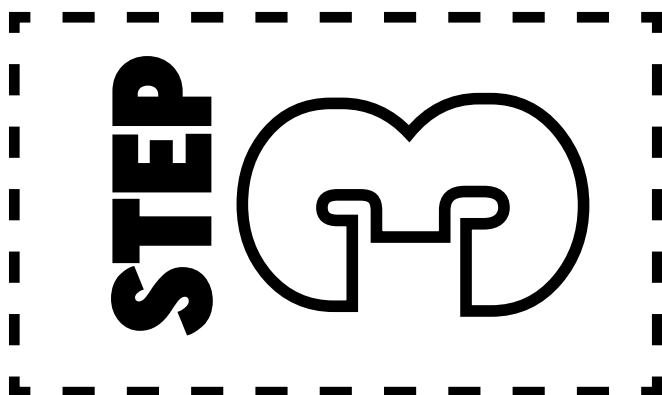
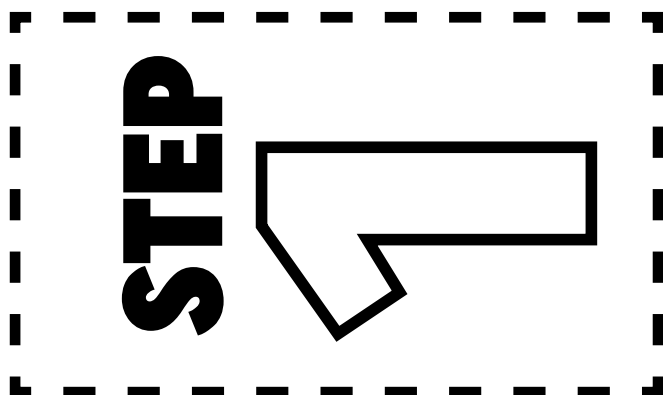
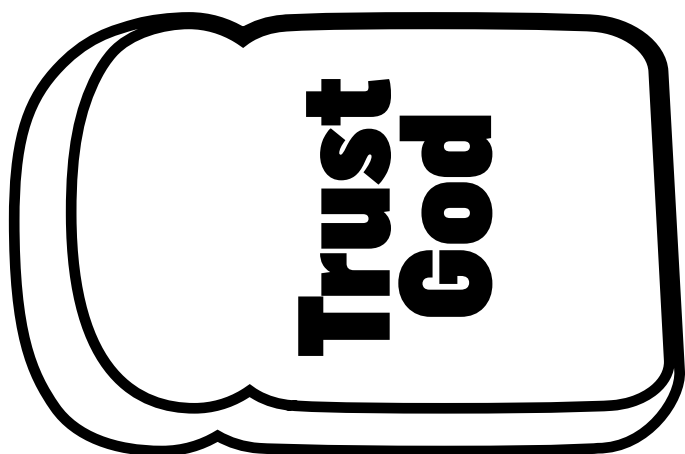
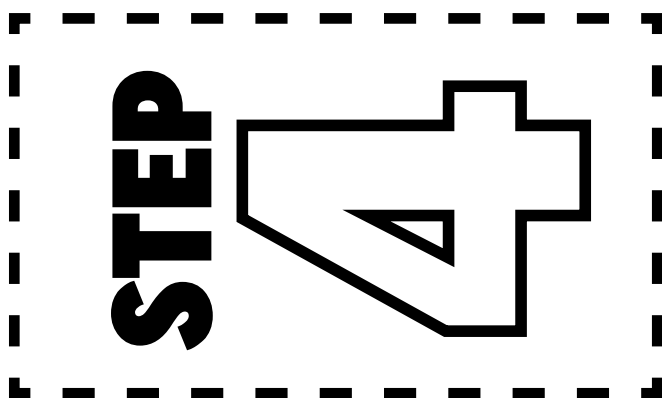
WHAT TO DO

Give each kid four index cards and a copy of the handout. Have them color their handout, then help them cut out each item and glue it on separate index cards. Hole punch the corner of each card and bind them together with binder rings.

WHAT TO SAY

Let's remember our recipe for following God every day! Step one, trust God. Step two, talk to God. Step three, listen to God. Step four, leave the results to God!

MEMORY VERSE: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."— Ephesians 2:10 (NIV)



THE BIG IDEA: Step four, leave the results to God.
THE BIBLE: God Promises a Savior: Jeremiah 33:14-16

STEP
4

LEAVE THE RESULTS
TO GOD



INGREDIENTS:
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🍌 ~ ~ ~ 🍇 ~ ~ ~ 🍷 ~ ~ ~