

Proverbs 23:29-35

Keep Your Head & Your Heart

About Alcohol

Making it personal:



1. What part has alcohol played in your life? This is a useful question, though uncomfortable.
2. Read **Proverbs 23:29-35**. What does the author warn us about? What does he say happens to people who “linger over wine” (or other alcohol)? How have you seen this to be true?
3. Read **Ephesians 5:18-20**. What is God’s life-giving alternative to lingering over alcohol?