

Proverbs 23

Keep Your Head & Heart About Food

Going Deeper...



1. Food is fundamentally a good thing! What Scripture can you think of that supports that fact?
2. Sharing food is also a very good thing! How did Jesus model this? How has food played a role in encouraging you in recent months? How can you use food to encourage others?
3. What warnings about food do you see in Proverbs 23?

