

*Questions for Reflection and Discussion*

Praise to the LORD our Help

*Psalms 124*

*Read Psalm 124.*



1. How have the psalms of ascents impacted you, so far?
2. What do you know about King David? How do you see his personal experiences coming out in Psalm 124?
3. What is one threat that the LORD has delivered you out of...that you wish He'd have delivered you from?
4. How can you help those closest to you to experience the LORD's help in their troubles?