

Christ Set Us Free:  
A Study through the Book of Galatians  
WHERE'S THE FRUIT?

Galatians 5:22-24

Living in a way that is consistent with the leading of the Holy Spirit

TRUTHS WE NEED TO KNOW

GOD WANTS TO TRANSFORM OUR LIVES TO MAKE US MORE LIKE JESUS

Romans 8:28-29 = And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose. For those whom He foreknew, He also predestined to become conformed to the image of His Son, so that He would be the firstborn among many brethren

WE CAN ONLY LIVE A LIFE THAT DISPLAYS THE FRUIT OF THE SPIRIT BECAUSE OF THE INDWELLING PRESENCE OF THE HOLY SPIRIT

THE FRUIT OF THE SPIRIT IS EVIDENCE OF OUR WALK WITH GOD

Luke 6:44 = For each tree is known by its own fruit...

THE FRUIT OF THE SPIRIT IS NOT OPTIONAL

John 15 = I am the true vine, and My Father is the vinedresser.<sup>2</sup> Every branch in Me that does not bear fruit, He takes away; and every branch that bears fruit, He prunes it so that it may bear more fruit...<sup>5</sup> I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing... My Father is glorified by this, that you bear much fruit, and so prove to be My disciples.

IT IS NOT THE FRUITS OF THE SPIRIT, THIS FRUIT IS SINGULAR. IT IS THE WHOLE OF WHAT IS TO DESCRIBE US.

THIS IS NOT AN EXHAUSTIVE LIST, THERE ARE OTHER VIRTUES WE SHOULD BE DISPLAYING IN OUR LIVES

Ephesians 4:1-3 = Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace.

Colossians 3:12-13 = So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other...

#### GALATIANS 5:16-25

But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

But if you are led by the Spirit, you are not under the Law. Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Now those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us not become boastful, challenging one another, envying one another.

The Fruit of the Spirit is LOVE

#### Love & God

Romans 5:5, 8 = and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us...But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us.

#### Love & Us

1 Corinthians 13:4-8 = Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, does not rejoice in unrighteousness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails...

Mark 12 :30-31 = and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these.

#### Love is

Love is a decision to compassionately, righteously and responsibly seek the wellbeing of another, in ways that lead them to their eternal good. It expects nothing in return. It is not based on emotion.

Love in Action

The Fruit of the Spirit is JOY

Joy & God

Psalm 16:11 = You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever.

John 15:11 = These things I have spoken to you so that My joy may be in you, and that your joy may be made full.

Luke 10:21 = At that very time He rejoiced greatly in the Holy Spirit, and said, "I praise You, O Father, Lord of heaven and earth, that You have hidden these things from the wise and intelligent and have revealed them to infants. Yes, Father, for this way was well-pleasing in Your sight.

HEBREWS 12:2 = fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Joy & Us

1 Thessalonians 5:16 = Rejoice always

Philippians 4:4 = Rejoice in the Lord always; again I will say, rejoice!

James 1:2 = Consider it all joy, my brethren, when you encounter various trials.

Psalm 32:11 = Be glad in the Lord and rejoice, you righteous ones; And shout for joy, all you who are upright in heart.

Psalm 118:24 = This is the day which the Lord has made; let us rejoice and be glad in it.

Psalm 100:1-2 = Shout joyfully to the Lord, all the earth. Serv the Lord with gladness; come before Him with joyful singing.

Joy is

The joy is characterized as deeper than mere fleeting happiness based on circumstances. Joy is a good feeling in the soul that is produced by the Holy Spirit because of a relationship with God and a recognition of His goodness and promises.

Joy in Action

## The Fruit of the Spirit is PEACE

### Peace & God

Colossians 1:19-20 = For it was the Father's good pleasure for all the fullness to dwell in Him, and through Him to reconcile all things to Himself, having made peace through the blood of His cross...

Romans 5:1 = Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,

### Peace & Us

Philippians 4:7 = And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

John 14 :27 = Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.

John 16:33 = These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world.

### Peace is

Peace is an inner quietness and trust in God's sovereignty and justice

There is peace in knowing that God made a way – salvation.

There is peace in knowing that we can come to God, the Prince of peace, and that we can cast our cares on Him because He cares for us

### Peace in Action

## The Fruit of the Spirit is PATIENCE

### Patience & God

Psalms 86:15 = But You, O Lord, are a God merciful and gracious, Slow to anger and abundant in lovingkindness and truth.

2 Peter 3 = The Lord is not slow about His promise, as some count slowness, but is patient toward you, not wishing for any to perish but for all to come to repentance.

1 Peter 3:20 = ...when the patience of God kept waiting in the days of Noah, during the construction of the ark, in which a few, that is, eight persons, were brought safely through the water.

## Patience & Us

James 1:2-3 = Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance [patience]. And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing.

Psalms 37:7 = Rest in the Lord and wait patiently for Him; do not fret because of him who prospers in his way, because of the man who carries out wicked schemes.

Patience is

Waiting, without complaining.

Is also translated as long-suffering and endurance.

It is the ability to persevere in difficult situations.

It is being slow to anger and rich in kindness and fidelity (Exodus 34:6)

Have patience, have patience. Don't be in such a hurry.

When you get impatient, you only start to worry.

Remember, remember that God is patient, too.

Just think of all the times when others have to wait for you.

(source: Herbert the snail in Music Machine)

## Patience in Action

The Fruit of the Spirit is KINDNESS

## Kindness & God

Titus 3:4-5 = But when the kindness of God our Savior and His love for mankind appeared, He saved us, not on the basis of deeds which we have done in righteousness, but according to His mercy, by the washing of regeneration and renewing by the Holy Spirit,

Romans 2:4 = Or do you think lightly of the riches of His kindness and tolerance and patience, not knowing that the kindness of God leads you to repentance?

## Kindness & Us

Ephesians 4:32 = Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

Kindness is

The quality of being and acting friendly, generous, and considerate toward others.

Having a deep love and compassion, extending beyond simple good naturedness.

## Kindness in Action

### The Fruit of the Spirit is GOODNESS

#### Goodness & God

Psalm 106:1 = Praise the Lord. Oh give thanks to the Lord, for He is good,  
For His lovingkindness is everlasting.

#### Goodness & Us

Galatians 6:9-10 = Let us not lose heart in doing good, for in due time we will reap if we do not grow weary. 10 So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith.

Luke 6:27-28 = But I say to you who hear, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.

#### Goodness is

The quality or state of being good, encompassing moral excellence, virtue, and beneficial acts. It can be seen in actions that are beneficial and kind.

## Goodness in Action

### The Fruit of the Spirit is FAITHFULNESS

#### Faithfulness & God

Psalm 36:5 = Your lovingkindness, O Lord, extends to the heavens, Your faithfulness reaches to the skies.

2 Thessalonians 3:3 = But the Lord is faithful, and He will strengthen and protect you from the evil one

#### Faithfulness & Us

Luke 16:10 = He who is faithful in a very little thing is faithful also in much; and he who is unrighteous in a very little thing is unrighteous also in much.

1 Samuel 12:24 = But be sure to fear the Lord and serve him faithfully with all your heart; consider what great things he has done for you.

Matthew 25:23 = His master said to him, 'Well done, good and faithful slave. You were faithful with a few things, I will put you in charge of many things; enter into the joy of your master.'

Faithfulness is

Faithfulness is an unwavering commitment, reliability, and trustworthiness. both in God and in His followers.

It involves staying true to commitments, persevering through difficulties, and maintaining a firm conviction in God's promises.

Faithfulness also speaks to the amount of trust that others can place in us. When we are faithful there is no gap between what we promise and what we perform. It's in this consistency that we not only build trust with others, but we also point them toward the One who is faithful and true.

Faithfulness in Action

The Fruit of the Spirit is GENTLENESS

Gentleness & God

Matthew 11:28-29 = Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.

Gentleness & Us

Mathew 5:5 = Blessed are the gentle, for they shall inherit the earth.

Galatians 6:1 = Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; each one looking to yourself, so that you too will not be tempted.

Proverbs 15:1 = A gentle answer turns away wrath, but a harsh word stirs up anger.

Gentleness is

The Greek word for gentleness is often translated as "meek," but it's important to remember that it's not about being timid or weak. Instead, it's about being gentle in spirit and behavior, even when faced with adversity. Willingly submissive when you have the power not to be.

Gentleness in Action

The Fruit of the Spirit is SELF-CONTROL

Self-Control & God

Malachi 3:6 = For I, the Lord, do not change; therefore you, O sons of Jacob, are not consumed.

Matthew 25:53-54 = Or do you think that I cannot appeal to My Father, and He will at once put at My disposal more than twelve legions of angels? How then will the Scriptures be fulfilled, which say that it must happen this way?"

Romans 8:31-32 = What then shall we say to these things? If God is for us, who is against us? He who did not spare His own Son, but delivered Him over for us all, how will He not also with Him freely give us all things?

### Self-Control & Us

Proverbs 25:28 = Like a city that is broken into and without walls is a man who has no control over his spirit.

Galatians 5:15 = But I say, walk by the Spirit, and you will not carry out the desire of the flesh

2 Timothy 2:11-12 = For the grace of God has appeared, bringing salvation to all men, instructing us to deny ungodliness and worldly desires and to live sensibly, righteously and godly in the present age,

Romans 7:18-20 = For I know that nothing good dwells in me, that is, in my flesh; for the willing is present in me, but the doing of the good is not. For the good that I want, I do not do, but I practice the very evil that I do not want. But if I am doing the very thing I do not want, I am no longer the one doing it, but sin which dwells in me.

Romans 6:6 = knowing this, that our old self was crucified with Him, in order that our body of sin might be done away with, so that we would no longer be slaves to sin

Self-control is necessary because we are at war with our own sinful desires. James describes those desires as dragging us away and enticing us into sin (see 1:14). Peter says they war against our souls (see 1 Peter 2:11). Paul speaks of them as deceitful (see Ephesians 4:22). What makes these sinful desires so dangerous is that they dwell within our own hearts. External temptations would not be nearly so dangerous were it not for the fact that they find this ally of desire right within our own breast. (Jerry Bridges in *The Practice of Godliness*)

### Self-Control is

The ability to restrain oneself from acting on sinful desires and instead pursuing a life pleasing to God.

It is about exercising restraint and moderation in various aspects of life, including thoughts, words, and actions.

### Self-Control in Action

Galatians 5:22-24

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

The believer who walks in the Spirit and manifests the fruit of the Spirit does not need a system of laws to produce the right attitudes and behaviors for they rise from within, through the power of God the Spirit in our life.