

## Week 1 - Life is Like a Vapor



### Bottom Line

Nothing in life will truly satisfy us apart from God.



### Goal of the lesson

For students to learn and own, on any level, that when we search for meaning apart from God, we lose our core meaning and purpose in life...and what it means to live well in this world.



### Scripture

**Ecclesiastes 1 & 2**  
**Proverb Passages &**  
**Colossians 3:23-24**



## Small Group Questions

- Re-read Ecclesiastes 1:1-11
  - What verses or phrases stood out to you? Why?
  - What is something in your life that you're striving for or stressing about that feels meaningless? Why?
- Re-read Ecclesiastes 1:12-18 & 2:12-17
  - What verses or phrases stood out to you? Why?
- Read the following Proverbs (2:6, 3:13-15 & 4:7)
  - What do you think the critic is missing or not saying that the proverbs understand?
- Re-read Ecclesiastes 2:1-11, 18-26
  - What verses or phrases stood out to you? Why?
  - What is something you're working hard at right now that doesn't feel meaningless? But it's hard and stressful.
  - What do you think makes the work you do, the striving you do, meaningful to you? Do you think the critic would agree with you?
- Read Colossians 3:23-24
  - How does this verse help us put this passage (and perhaps our own work) into perspective?

## Closing Activity



Take prayer requests and pray in your small groups.