

CULTIVATE

THE FRUIT OF A SPIRIT-FILLED LIFE



"Gentleness" - October 26, 2025

Sermon by Pastor Tim Ghali

Group Leader Notes

We continue in our Cultivate Series with our 7th message – this time on the virtue of Gentleness. Have we underestimated the power of gentleness in such an intense, fast-moving, tough world? What models of gentleness do we have access to, and how can we be ready to show gentleness to one another?

Today, we want to unpack what this truth holds for us.

Main Scripture Reading: John 4:1-30

Group Discussion

Begin in prayer before reading and discussing the text.

- **Q** – Read John 4:1-30 (feel free to break it in two sections). What do you find interesting or confusing in the passage?
- **Q** – To truly understand the significance of Jesus' conversation with the Samaritan woman, we need to appreciate the context and the tension between the Jewish and of Samaritan population. What points do you think Jesus was making in pursuing a conversation with the woman at the well?
- **Q** – It is often presumed that the woman was of ill-character and because she had been married five previous times. But it is more likely that she was the victim of male exploitation and Jesus ministering to her could have been a way of saying, "God has seen and found you." We can enjoy a diversity of understandings here but what do you think the significance is of this woman returning back to town proclaiming that she has found the Messiah?
- **Q** – Pastor Tim told a story where he was able to use the power of gentleness to remove a couple of bullies and show care to someone who needed a hug. Describe a time when you experienced the power of gentleness – whether you were the giver or receiver.

Let's Pray