

CULTIVATE

THE FRUIT OF A SPIRIT-FILLED LIFE



"Patience"

October 5, 2025

Sermon by Pastor Tom VanAntwerp

Group Leader Notes

We continue in our Cultivate Series with our 4th message – this time on the virtue of Patience. How do we grow in patience in a world that is rushed, stressed, and pushes us to the brink? Today we want to unpack what this truth holds for us today.

Main Scripture Reading: James 5:7-11

Group Discussion

Begin in prayer before reading and discussing the text.

- **Q** – On a scale of 1-10, how patient would you describe yourself?
 - Where in your life does patience come easy? Where in your life is patience most challenging?
- **Q – Read** James 5:7-11, what observations do you make? What questions does this text raise for you? What comes to mind as you consider the relationship between patience and suffering?
- **Q** – In your own words, what do you think Pastor Tom meant when he said, "We are being habituated away from patience!"
- **Q** – Tom mentioned 4 ways to grow in patience: Embrace Boredom, Experience Prayer, Exercise Gratitude, Express Creativity – Which of these resonate with you?
- **Q – As** we meditate on James 5:7
 - *Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains.*
 - As we fill our lives with the power of the Holy Spirit, how can we grow in the virtue of patience?

Let's Pray