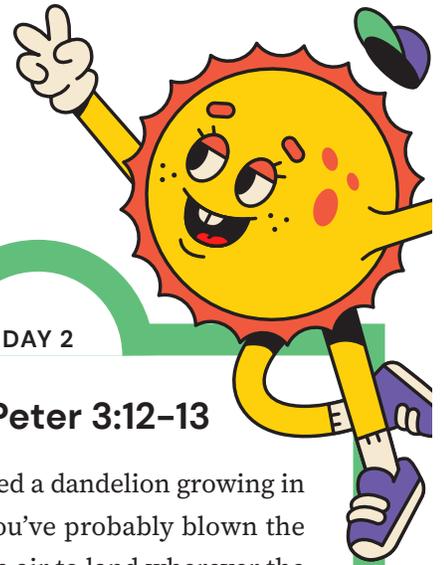


# Live It Out—Discover how to love like Jesus



## DAY 1

### Read Galatians 6:10

How old are you? Write it in the blank below:

.....

What are some ways that you as a(n) ..... year old can do good or look out for others this week? Think about three places you'll go this week (like home, church, and the soccer field). Now think about the people in each of those locations (your sister, your small group leader, and your fellow teammates). Next to each location, write down one way you could do good and look out for the people you've listed.

Location	Ways to Do Good
.....	.....
.....	.....
.....	.....

## DAY 2

### Read 1 Peter 3:12–13

Have you ever picked a dandelion growing in your yard? If so, you've probably blown the dried seeds into the air to land wherever the wind might take them. What if you thought about spreading God's goodness like those scattering seeds?

When you choose to do the right thing by looking out for others, sometimes people notice and say, "Thank you!" Sometimes, the good you do will inspire others to do the same. But sometimes when you look out for others, nothing happens. Sometimes no one notices. Sometimes you might even be made fun of or teased. Today's verse reminds us that looking out for others is always noticed by God.

This week, when you have an opportunity to help and look out for others, just do it. Don't hesitate. Don't worry about what other people think. Remember how fun it is just to pick that flower, blow with all your might, and watch the seeds scatter. Don't worry about where they land. Keep doing good by looking out for others.



DAY 3

### Read Acts 20:35

Jesus gave his followers some pretty clear instructions on how they should treat others. He said it more blessed to GIVE than to RECEIVE. One is better. Giving. Serving. Helping. And no matter what is going on in our lives, whether good or bad, we can always, always help others. And when we choose to help, even when life is hard, it shows others what we believe.

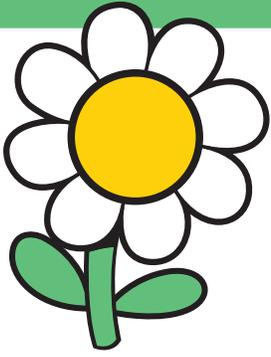
#### Decode This

Key				
1-A	7-G	13-M	19-S	25-Y
2-B	8-H	14-N	20-T	26-z
3-C	9-I	15-O	21-U	
4-D	10-J	16-P	22-V	
5-E	11-K	17-Q	23-W	
6-F	12-L	18-R	24-X	

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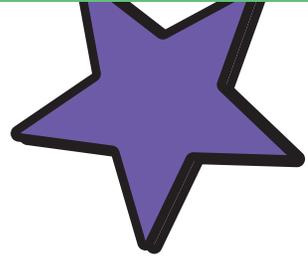


DAY 4

### Read Matthew 5:42

When was the last time you helped or looked out for someone else? Maybe you helped a friend with his homework. Maybe you cleaned up the toys so your sister didn't have to do it all by herself. Jesus said that whenever anyone asks for something, you should give it. When someone asks to borrow something— even if it's your younger brother— your answer should be "yes." Your faith isn't just about what you believe in your heart. It's about how you LIVE it out in the world around you. It's about how to treat others and put their needs first.

So we have a little "faith challenge" for you. Just for tomorrow— for ONE day— every time someone asks you to do something to help, your challenge is to say "yes". Every. Single. Time. When it's convenient and when it isn't. When it's easy and when it's not. For one day. Are you up for the challenge?



Look out for one another.

