Sunday Morning Worship

November 1, 2026

FIRSTBAPTIST
CHURCH
UPPERMARLBORO

7415 SW Crain Highway, Upper Marlboro, MD 20772

301-952-0117 :: www.fbcum.org :: fbcum@firstbaptistum.com

Order of Worship

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November 1, 2026

Welcome & Announcements

Silent Prayer

Call to Worship — Isaiah 40:27-31

Song — Come Now Almighty King
Song — Rejoice

Responsive Scripture Reading — Hebrews 13:1-6

Pastoral Prayer

Song — All My Help Comes from the Lord (Psalm 121)

Prayer of Thanks

Worship Through Giving of Tithes and Offerings

Message — Bill Lowry
"Our Help Comes from the Lord"
Psalm 121

Celebration of the Lord's Supper

Song — He Will Hold Me Fast
Song — Doxology

Benediction

Comfort Rooms: To help accommodate families with small children and individuals with special needs or medical conditions, a live video feed of the worship service is available in rooms 116, 117/118, 119, 120-125.

Visitors & Guests: Stop by the Welcome Desk for church information and to receive a welcome packet.
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Call to Worship — Isaiah 40:27-31 (ESV)

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27 Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the Lord,
and my right is disregarded by my God"?
28 Have you not known? Have you not heard?
The Lord is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
29 He gives power to the faint,
and to him who has no might he increases
strength.
30 Even youths shall faint and be weary,
and young men shall fall exhausted;
31 but they who wait for the Lord shall renew their
strength;
they shall mount up with wings like eagles;
they shall run and not be weary;
they shall walk and not faint.

Come Now Almighty King

Bob Kauflin | John Spiro | Martin Madan

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Verse 1:
Come now Almighty King
Help us Your name to sing
We will declare Your praise
Righteous in all Your ways
Father all glorious
O'er all victorious
Come and reign over us
Ancient of Days

Verse 2:
Come now incarnate Word
Take up Your mighty sword
Our humble prayers attend
Faithful until the end
Come and Your people bless
And give Your Word success
Lord of all righteousness
On us descend

Verse 3:
Come Holy Spirit come
Your perfect will be done
Brighten our darkened hearts
Your precious life impart
Guide us into Your truth
So we might bear more fruit
Fill us with more of You
Spirit of power

Verse 4:
To the great One in Three
Eternal praises be
Timeless unchanging Lord
Now and forevermore
Your sovereign majesty
May we in glory see
And to eternity
Love and adore

Rejoice

Keith and Kristyn Getty

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Verse 1:
Rejoice in the Lord now and always
Sing it again, we rejoice
Delight in the love he has shown us
Gratefully lift up your voice
His gentleness among us
Will join our hearts with praise
We gather in his goodness
A family of grace

Chorus:
With each breath He's given praise the Lord
In these times we live in
We will praise the Lord
Throughout every season, I am sure
We have every reason to praise the Lord

Verse 2:
Rejoice and be anxious for nothing
Praying for all that you need
Come with a song of thanksgiving
Lay your requests at his feet
His peace will fall upon us
To guard our hearts and minds
In Christ who reigns eternal
The shepherd of our lives

Verse 3:
Rejoice in the Lord now and always
Tell of the good he has done
Worship the Lord to remember
All of the joy yet to come
The hope that burns within us
The dark cannot destroy
With praise that's never ending
We say again rejoice

Responsive Scripture Reading — Hebrews 13:1-6

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[1] Let brotherly love continue. [2] Do not neglect to show hospitality to strangers, for thereby some have entertained angels unawares. [3] Remember those who are in prison, as though in prison with them, and those who are mistreated, since you also are in the body. [4] Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous. [5] Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you." [6] So we can confidently say,

"The Lord is my helper;
I will not fear;
what can man do to me?"

All My Help Comes from the Lord (Psalm 121)

Cleophus Robinson

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Chorus:

All my help, (all my help)
comes from the Lord.
All my help, (all my help)
comes from the Lord, (the Lord).
All my needs that I'm possessing.
All my help, all my help, all my help
comes from the Lord, (the Lord).

Verse 1:

Father I stretch, (I stretch) my hands to Thee.
I know that You, (only you,) remember me.
When others forget, when others forget
and leave me alone,
I know that Jesus, Jesus, Jesus will hear my groan.

Verse 2:

When I am weak, (when I'm weak)
He gives me strength.
When I am lonely, He comforts me.
When I am tired of the load that I am bearing,
He gives me courage, courage, courage
to bear my share.

He Will Hold Me Fast

Ada Habershon | Matt Merker

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Verse 1:

When I fear my faith will fail
Christ will hold me fast
When the tempter would prevail
He will hold me fast
I could never keep my hold
Through life's fearful path
For my love is often cold
He must hold me fast

Chorus:

He will hold me fast
He will hold me fast
For my Savior loves me so
He will hold me fast

Verse 2:

Those He saves are His delight
Christ will hold me fast
Precious in His holy sight
He will hold me fast
He'll not let my soul be lost
His Promises shall last
Bought by Him at such a cost
He will hold me fast

Verse 3:

For my life He bled and died
Christ will hold me fast
Justice has been satisfied
He will hold me fast
Raised with Him to endless life
He will hold me fast
'Till our faith is turned to sight
When he comes at last

Sermon Notes :: “Our Help Comes from the Lord” :: Psalm 121

Church Covenant

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Having, as we trust, been brought by divine grace to repent and believe in the Lord Jesus Christ and to give up ourselves to Him, and having been baptized upon our profession of faith, in the name of the Father and of the Son and of the Holy Spirit, we do now, relying on His gracious aid, solemnly and joyfully renew our covenant with each other.

We will engage in assembling ourselves together while praying for one another. We will strive for and promote the spiritual growth and advancement of the church by; sustaining worship, ordinances, discipline, and doctrines; contributing cheerfully and regularly to the support of the ministry, the expenses of the church, the relief of the poor, and the spread of the gospel through all nations.

As a body of believers, we agree to maintain family and personal devotions, to educate our children in the Christian faith, and to seek the salvation of our family and acquaintances. We will seek to avoid all practices or speech which bring unwarranted harm to the body or jeopardize our own or another's faith.

We will walk together in Christian love by faithfully caring for, watching over, and admonishing one another as occasions may require. In conflict, we will seek to follow Christ’s example of reconciliation without delay. We will always strive to be humble and courteous in our speech and slow to take offense. We agree that should we leave this place, we will, as soon as possible, unite with a like-minded church where we can carry out the spirit of this covenant and the principles of God's Word.
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This Week at First Baptist Church

Sunday, November 1 (DST Ends)
9:00 AM DiscipleLIFE classes
10:00 AM Sunday Worship w/ Lord's Supper
6:00 PM Youth Night

Monday, November 2

Tuesday, November 3
10:30 AM Tuesday Ladies Bible Study
12:30 PM Praying & Crocheting
6:30 PM Elders Meeting

Wednesday, November 4
6:30 PM Church Prayer Meeting

Thursday, November 5

Friday, November 6

Saturday, November 7
6:30 AM Bible Boot Camp (Men's Study)
8:30 AM Titus 2 (Ladies Study)

Sunday, November 8
9:00 AM DiscipleLIFE classes
10:00 AM Sunday Worship
12:00 PM Starting Point Seminar (after worship)
6:00 PM Youth Night

Upcoming Events at First Baptist Church

Sunday, November 8 — Staring Point Seminar following worship
Starting Point is the first step for anyone interested in becoming a church member or simply finding out more about who we are and what we believe here at FBCUM

Friday, November 13 & Saturday, November 14 - Men's Retreat @ Camp Wabanna

Sunday, November 22
6:30pm — Thanksgiving Prayer Service

Sunday, November 29 — First Sunday of Advent

Sunday, December 6 — Budget Review Meeting following worship

Sunday, December 13 — Church Members Meeting following worship

Ministry Spotlight

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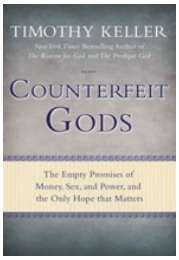
"Ministry Spotlight" highlights church ministries and programs at FBC Upper Marlboro. We hope you'll consider how you can pray for and support these ministry efforts. Pick up a copy of "Places to Serve" in the magazine racks near the exits for information on all the church ministries.

Bookstall Ministry

Bookstall Ministry Leader :: Deacon, Isaac Neal

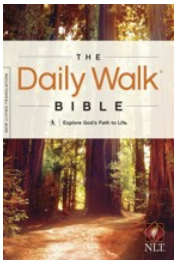
The Bookstall Ministry serves as a discipleship tool to support spiritual growth. All of the books have been recommended by our pastors to ensure that this congregation has access to sound and doctrinally faithful resources. All of our resources are chosen with you in mind—Christians seeking to grow.

Below are a few book recommendations from the Bookstall Ministry:



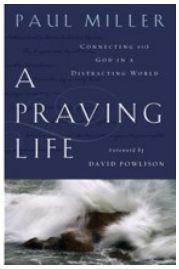
Counterfeit Gods by Timothy Keller

Have you ever thought money, power, or love would bring you happiness? Discover how only God can wholly satisfy our cravings! Keller explores Scripture to demonstrate how our hearts can turn good, wholesome things into idols that drive us. Using classic Bible stories, he reveals the key to understanding our society and transforming our own minds.



Daily Walk Bible -- *Reference*

Reading through the Bible is difficult. The Daily Walk Bible will help you complete the journey. The Daily Walk Bible offers a simple daily reading plan and tools to help you complete the journey. Each day's reading includes an overview to give you a bird's-eye view of the reading, several chapters from the Bible, an Insight offering an interesting fact, and My Daily Walk — a short devotion to help you reflect on and apply a specific insight from the day's reading. Every seventh day offers a pause on the journey as you are invited to *Look Back* over the readings from the previous week, *Look Up* to God, and *Look Ahead* to the reading to come. This edition features clear and understandable New Living Translation.



A Praying Life by Paul Miller

Miller offers a practical real-life approach to prayer for busy families! His honest down-to-earth advice shows you how to practice praying in the midst of daily routine. You'll learn to pray like a child, live your Father's story, understand unanswered petitions, and more. Includes tips on using tools such as prayer cards and journaling.

For more information about these or other books at the Book Stall, visit our website or visit the Book Stall today! Interested in joining the Book Stall, please see Isaac Neal.
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Praying with First Baptist Church

A Prayer Guide for the week of November 1

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Prayer of the week:

We often learn to pray by using the examples in Scripture as a springboard and inspiration for our own prayer life. This week, we encourage you to use the prayer of the Apostle Paul from the book of Romans 15:5-6:

" [5] May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, [6] that together you may with one voice glorify the God and Father of our Lord Jesus Christ."

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We recognize our need for God's help in all the areas of our lives. The categories and requests listed below are intentional ways to pray for each other as a church family. For help in knowing how and what to pray for, look up the Scripture included with each item.

Ongoing prayer items in the life of our church:

- Pray for opportunities and boldness to share the gospel with loved ones (Matt. 28:19)
- Pray for conversions (John 3:3, Acts 16:14)
- Pray for the children of our church to hear and understand the gospel and be saved. (Luke 8:8)
- Pray for the preaching of God's word – for faithfulness, fruitfulness, and God's glory (2 Tim. 4:2, 1 Cor. 2:4-5, Isa. 55:10-11)
- Pray for increased one to one discipleship relationships in our church family (Matt. 28:19-20)
- Pray for unity in our diversity both on Sunday and through the week (Rom. 15:13, Eph 4:2-3)
- Pray for continued growth and joy in the gospel (1 Cor. 15:1-5, 2 Pet. 1:12)
- Pray for growth in holiness, hatred of sin and growth in humility (Prov. 8:13, 1 Pet. 1:14-16)
- Pray for honest, loving relationships in our church (Col. 3:12-13, James 5:16)
- Pray for families: marriages to thrive, parents to teach/love/discipline carefully, and children to obey (Eph. 5:22-6:4)
- Pray that giving would be faithful, joyful, consistent, and sacrificial (2 Cor. 8:9)

Prayer items outside our church:

- Pray for fruitful ministry in other gospel-proclaiming churches in our area. (Rom. 15:20, 1 Cor. 16:1-3, Matt. 28:19-20)
- Pray that our elected officials would fear God, seek His wisdom, have integrity, humility, and work together for the good of society and not self. (1 Tim. 2:1-2, Rom. 13:1-7)
- Pray that God would bring a swift end to wars going on throughout the world and establish peace. Pray for protection and care for the many refugees fleeing to safety. Pray that those impacted would trust in God in the midst of their suffering. (Ps. 139:23-24)

- Pray for the persecuted church in Iran who regularly suffer harsh treatment from authorities. Pray for safety of believers who risk their lives to gather and worship in secret churches. Pray for the release and the comfort of the Holy Spirit for the large number of church leaders that have been imprisoned in the last year. (1 Peter 1:3-7; 1 Thes 4:13; Ps. 2)
- Pray for our ministry partners locally and around the world—Baptist Convention of Maryland/ Delaware (BCM/D), North American Mission Board (NAMB) and International Mission Board (IMB). Pray especially for those we have direct partnerships with: Jeremy McClain (Mercy of Christ Fellowship Church, DC), Joel Kurz (The Garden Church, Baltimore), Daniel and Brandy Spandler-Davison (Bangkok City Baptist Church, Thailand), and Tommie van der Walt (Imprint, South Africa). Pray the gospel would flourish and churches would be planted and strengthened through their work. Pray God would supply their needs. (Ps 93:4, Col. 1:5-6, 1 Pet. 4:12-17)

Particular prayer items in the life of our church:

- Pray for our elders, deacons, staff, and ministry leaders in this 2027 budgeting season. Pray that God would give wisdom and clear vision for how our church family can do the most good with the resources He has provided. (Matthew 6:21; Eph. 5:15-17)
- Pray we would practice humility as we help one another endure in faith (1 Pt 5:5)
- Pray for our Deacons as they serve the practical needs of the church family and our community. Pray that God would give them daily strength to complete the tasks needed. Pray that God would give them wisdom to know how to best serve and love those in their care. (Gal 6:9-10; Acts 6:1-4)
- Pray we would care more about God's opinion of us than the praise of man. (Pr 29:25; 14:26)
- Pray that our church family would not grow weary of doing good. Pray that we would live and interact with one another in a way that reveals God's steadfast love and mercy to the world. (Gal 6:9)
- Pray that we know a profound contentment no matter what circumstances we find ourselves in – a contentment from knowing God is our help. (Heb. 13:5-6)
- Pray God would guard our church from fear, anxiety, and disunity. Pray that we would trust that God is good and be assured that He is in control. (John 13:34-35)
- Pray that God would help us comprehend his good design for the church and center our lives around it for the sake of his glory being made known. (Eph 3:10; 3:21)
- Pray for our homebound church members (see church directory for contact info): Margaret Austin, Diane Babcock, Earl Baker II, Willie and Barbara Banks, Christine Butler, Jim Ernster, Murhl Flowers, Marjorie Griffin, Jackie Jones, Derrick Randall, Kathy Schweitzer, Tony and Lorraine Yuriar. Pray God would comfort them and provide for all of their needs. (Psalm 23)
- The following individuals have expressed particular prayer concerns:

Family of Marjorie Griffin (died Oct 29), Jackie Jones, Gregory Joy, Eileen Kessler

[Consult the church directory for a list of homebound members who are unable to attend.]

(To submit a prayer request, please use the Prayer Request Card available in the sanctuary and drop them in the offering basket or contact the Prayer Room at 301-952-8877.)

Announcements

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1. Church Prayer Meeting THIS Wednesday, Nov 4, at 6:30pm. Come early at 5:30pm for a simple meal and fellowship. Contact John and Jess Almy if you'd like to help with the meal.

2. Men's Retreat :: November 13-14 at Camp Wabanna :: Registration is Open. This year's FBCUM men's retreat is a chance to step away from the noise, stand shoulder to shoulder with other brothers in Christ, and honestly pursue the freedom, accountability, and godly manhood that flow from surrendering every part of our lives to Christ. $80/person includes 3 meals and overnight lodging. Scholarships available. Scan the QR code for more info and to register.

3. Young Adult Gathering :: Nov 8 at 4pm :: The Foster's House. All Young Adults are invited to this time of discussion, fellowship, and food. Contact Tre Fields for more info or questions.

4. Operation Christmas Child. Thank YOU for your prayers and support! All 125 boxes have been distributed! You may return your boxes to room 115 as they are completed but no later than Nov. 8, 2026. If you do not have a box but would like to contribute, please drop by room 115 after the worship service for more details. Thank you!

5. Ladies Christmas Tea. Stop by the table in the Fellowship Hall after the service to sign up to host a table, volunteer, or ask questions. The Christmas Tea will be on Saturday, December 5th. Reservations for the event will start in November. See Camille Hawit for more information.

6. Audio/Visual Team Volunteers Needed. The A/V team is looking for individuals to serve the church family by helping the gospel to be heard. No experience is required. We will show you everything you need to know. If interested contact Mosi Winder (301-661-2702; mosi.winder@gmail.com).

7. Interested in Church Membership? Attend Starting Point :: Nov 8 after worship. Starting Point is a seminar-style meeting following the worship service open to anyone interested in joining our church family or learning about who we are and what we believe. Approximately 12-2:30pm. A light lunch will be served. Register by contacting the church office or using the digital communication card below.

8. Giving. We thank God for the faithful giving of our church family that sustains the gospel ministry here at FBC Upper Marlboro. As a reminder, there are three ways you can give:

- online: click the link or scan the QR code,
- in-person: designated boxes in the church foyer or during the worship service,
- by mail: send to the church office.

Digital Communication Card

Are you interested in receiving more information about the church, meeting with a pastor, or sharing a prayer need? Scan the QR code to fill in our digital communication card and someone will follow up with you. You're always welcome to contact the church office: 301-952-0117.
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Fear Not!

Psalm 121

"Our Help Comes From the Lord"– November 1, 2026

Introduction

Someone has said, "Life is tough, but so are you." The first part of that saying is extremely honest. There are happy and fun times, but there are also challenging times. What are the challenging times you have experienced or are now experiencing? These common experiences make life hard. Then there is the shock of crises. This can be heartbreaking.

What do we do with the second part of that quote? We all struggle with so many things. We are not as tough as we think we are. The most important struggle of our life is our struggle with sin. We all need God's help. Here, the psalmist talked about what God has done. You cannot make it in this life on your own. You cannot take care of your own sin. You are not self-sufficient. You must be God-sufficient. He is enough. If you are in Christ, He is with you. He goes before you, and He is your rear-guard. He is your help.

This psalm and the other Psalms of Accents were an encouragement to those headed to Jerusalem. They taught spiritual lessons as they encountered the difficult journey. More importantly, they talk about the difficulty of life and God's help. These psalms were inspirational. Jesus would have sung this very psalm every year – starting with His family when He was a child as well as on the way to Jerusalem to the cross. If Jesus cried out to God for help, why wouldn't you? Where do you go for help? Your entire Christian life is an accent – from your salvation to eternity in Heaven. God is your help. He is your keeper. You are safest in God's will. You can trust Him.

Sermon Outline

1. God is our Helper. Vs. 1-2
2. God is our Keeper. Vs. 3-4
3. God is our Protector. Vs. 5-6
4. God is our Preserver. Vs. 7-9

Read & Discuss

1. Read vs. 1-2

Whose eyes were lifted? The Psalmist. Here, he refers to himself in the first person. He knew that God was his helper. God is the Creator of the entire universe. He was looking up to Jerusalem, and he understood that he and the other travelers were under God's watchful care. You are under that same care if you are a Christian. He will get you to your final destination. Have you asked for help this week? Where is your security found? This journey to Jerusalem was a hard journey – just as hard as your life's journey. God is as present in the journey as He is in the destination.

God is bigger than you and I. He who is bigger, created it all – the moon, the stars, the planets. What or who do you look to for help and security? Sometimes you may look at family or the government. The Psalmist's gaze did not stop when he looked upward to the hills. He looked upward to the God who made the hills. He will guide and guard you until you reach Heaven. You are in His mighty hands. You will not be left, lost or forsaken. (Hebrews 13:1-6) God has unlimited power. (Genesis 1:1-3; John 1:3) Do you believe that? Do you trust Him? Does your life reflect your trust in the Lord? (Psalm 145:10-12; Psalm 24:1; Isaiah 40) You must try to understand how mighty and holy God is, and where you would be without Jesus. You cannot be reconciled to God without Jesus. (Psalm 37:39) You need God's help and God's grace. He is good. He is always on time. Be joyful in Him.

2. Read vs. 3-4

In these verses, the Psalmist is reminding YOU of God's care. He is your keeper. This is very personal. God will not even let your foot be moved without His allowing it. He will guard, preserve, and watch over your life. The word "keeper" is the same word used to refer to a shepherd who protects his flock, a gardener who tends to his garden, or a homeowner protecting his home and family. God will keep you on the path of righteousness. You may trip and fall, but He will pick you up again. God sees it all. He is always working and watching. God

keeps His people. Do you ever feel like you are stumbling and faltering? Does your sin discourage you? God is there to pick you up. He watches over you; He is your personal keeper. You are secure in Him. What is taking place in your life now that causes you concern? Do you regret something you have done or said? God will forgive and put you back on the right path. (Psalm 66:8-9; Proverbs 3:21-27; Psalm 37:23-24; Isaiah 40:28-31) He will help you stand against the enemy when you use His armor. (Ephesians 6:10-20) In what do you stand? You stand in grace. (Romans 5:2) You stand in the gospel. (1 Corinthians 15) You stand in courage and strength. (1 Corinthians 16) You stand in faith. (2 Corinthians 1) You stand in Christian liberty. (Galatians 5) You stand in Christian unity. (Philippians 1). You stand in the Lord. (Philippians 4) You can go on and on. There are affirming words in the Old Testament and the New about how you stand in the Lord. God is the one holding you up. Is there something that keeps you up at night? You can sleep because God is watching over you.

3. Read vs. 5-6
God is our protector. Just as God protected Israel when they left Egypt, He will protect you. God takes up a deliberate position to protect you from spiritual attacks against which you are most vulnerable. Think about this…How do you get in a person's shadow? You come closer and closer to them. God is not distant. He is close to those who are in Christ. God is on your right hand. You can stand in His shadow.

You may encounter trials, trouble, and tribulation. In those times, do you wonder if God is still there? He IS!! He will never leave you – no matter the time of day or circumstance. When the heat is on and you feel beat up by the world – He is there. This is a great promise!!

4. Read vs. 7-8
God is our Helper, Keeper, Protector, and He is also the Preserver. He will preserve your life – FOREVER! Evil things will still happen because we live in a fallen world; however, your salvation is secure. Nothing can take that away. You are in God's hand. You can have great confidence in God's preserving power. Any and everything that comes into your life, God can use it for good. (Jude 25)

In Christ, you will be presented blameless to the Father with immense joy. In John 10:27, Jesus says that His sheep know His voice, and He knows them. Jesus gives eternal life. No one can snatch you out of the hand of Jesus! It is a gift. You do not have to find help. Help has found you! It is only through Jesus' life, death, and resurrection that you can have salvation and a home in Heaven. Do you know Him as your Lord and Savior? As a Christian, do you trust Him in good times and bad? Remember who God is!

Prayer of Response

1) After hearing God's Word, what sin do I need to *confess*? From what do I need to *repent*?

2) How should my life be lived this week based on what I have heard? What should I *understand*, *believe, desire*, or *do*?

Spend time praying together in response to God's word asking for His help and greater faith to follow Him in the week to come. If you missed the sermon on Sunday or would like to listen again, visit our website at www.fbcum.org.

Next week's sermon text: Luke 12:49-59 **"How Great is My Distress!"**

6Family Guide for week of November 1st, 2026

Deuteronomy 6:6–7 And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

FIRSTBAPTIST CHURCH UPPERMARLBORO

Suggestions on getting started:

- Decide on a time & place (breakfast, dinner, before bed, etc.)
- Start simple and short (ten minutes or less). Start with three things: 1) Read God's word, 2) Pray together and 3) Sing together. Scripture memory and catechism questions are *optional* if you have the time. Better to start small than bite off more than you can chew and give up.
- Be flexible. It doesn't need to look cookie-cutter similar for every family. Know yourself and know your kids: their personality, age, maturity, etc. [For younger kids consider starting with a good children's Bible like *The Big Picture Story Bible*.]
- If you don't know the answer to a question someone has, don't act like you do! Say something like, "Great question, let me look into that." Study, ask a pastor or Christian friend and get back to them.
- Embrace the chaos. Kids are kids – don't expect it to be a perfect roundtable discussion with quiet, attentive children every time. Be patient and persistent. Patterns and habits help to set expectations over time.
- To learn more about family worship check out Donald Whitney's book (available at our church bookstall): *Family Worship: In the Bible, In History, and In Your Home.*

Family Guide for week of November 1st, 2026

Deuteronomy 6:6–7 And these words that I command you today shall be on your heart. You shall teach them diligently to your children and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

FIRSTBAPTIST CHURCH UPPERMARLBORO

Bible Intake: (Listening to God)
Day 1 – 1 Timothy 1:12-20
Day 2 – 1 Timothy 2:1-15
Day 3 – 1 Timothy 3:1-13
Day 4 – 1 Timothy 3:14-16
Day 5 – 1 Timothy 4:1-5

*Read Luke 12:49-59 in preparation for church on Sunday, November 8, 2026

Prayer: (Talking to God)

Pray about one thing you read in Scripture together.

Pray for a few church members on pg. 1 of our church directory. Pray for any specific needs of you and your family.

Ask God to help you see the world the way He wants you to today. Ask Him to show you what's true, guide your choices, and help you notice people who need His kindness and light.

Sing together

"He Will Hold Me Fast" – Use the bulletin from Sunday.

Memory verses for the month

2 Corinthians 5:21 *For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.*

Psalm 145:18 *The LORD near to all who call on him, and to all who call on him in truth.*

Catechism question for the week[1]

Question 16: **What is sin?**

Answer*: Sin is rejecting or ignoring God in the world he created, not being or doing what he requires in his law.*

[1] *New City Catechism* (http://newcitycatechism.com/)