



Small Group Discussion

The Week of: April 29, 2026

What's your life like:

- Would you rather have the newest phone or unlimited snacks forever?
- Would you rather be the best at sports or the best at video games?

Did you notice how easy it is to want what sounds better? That's kind of how jealousy works...

What are we talking about this week:

Main Point of Message

- We can cure the problem of jealousy in two ways: stop comparing and start counting your blessings.

Bible Verses

- Proverbs 27:4, Proverbs 14:30, 1 Corinthians 4:7, Philippians 4:12-13

Discussion Questions

1. Why do you think the Bible describes jealousy as dangerous? Do you agree?
2. Comparison drives jealousy. What are some things people your age compare? (clothes, sports, friends, phones, etc.) Why do you think we do this?
3. How can jealousy mess with your attitude or relationships? Have you ever noticed how jealousy affects your mood?
4. Why is it hard to notice what we already have? How could focusing on what you DO have (counting your blessings) change your attitude?
5. Which is harder for you: stopping comparison or counting blessings?
6. What does it mean that "we have everything we need in Jesus"?
7. How could remembering that help when you feel left out or "not enough"?

Now what:

Stop comparing and start counting! Every time you feel jealous:

1. Pause
2. Name 3 things you're thankful for
3. Thank Jesus for them