Point Loma
COMMUNITY PRESBYTERIAN CHURCH
Elaine Burrell, MSW | Senior Adult Ministry Director
619-223-1633, Ext. 210, elaine@pointlomachurch.org

2128 Chatsworth Blvd., San Diego, CA 92107

NOVEMBER

SENIOR ADULT MINISTRY
2026 NEWSLETTER

SMARTPHONE CLASSES FOR SENIORS - 11-12:00pm in the Family Life Center

November 2: Understanding Your Phone's Hardware
November 16: Locking Down Your Digital World: Passwords & Security

Senior Tech Connect is an organization that helps older adults build confidence with everyday technology through patient, practical, and accessible support. Each class is a hands-on, one-hour session. Bring your phone, iPhone or Android, and we'll walk through everything together with our instructor, Mariana. RSVP to Elaine if you have not already done so for the series.



PATRIOTIC COFFEE ON THE COURTYARD HOSTED BY SENIOR MINISTRY

Sunday, November 8, 10:00-10:30am in the Small Courtyard

Enjoy a Christie's donut, fruit and hot coffee in a patriotic atmosphere during our weekly fellowship time. Discover what's going on at the church and sign up for events. Bring a friend!



HONORING OUR VETERANS NAVY BAND CONCERT & RECEPTION

Tuesday, November 10, 1:00pm in the Sanctuary & Plaza

Join us for a special afternoon of music and gratitude as we honor those who have served our country. Enjoy an inspiring performance by The Navy Band Southwest Woodwind Quintet in the Sanctuary, followed by a coffee and cake reception on the Plaza.



SURVIVING THE HOLIDAYS SEMINAR & DINNER - $10 donation at the door

Wednesday, November 18, 5:30-7:30pm in the Family Life Center

The holidays are challenging when you are grieving a loss. Join us at this workshop to receive encouragement, support and learn practical ways to navigate the season. Workshop includes a 30 minute video, discussion time and a comforting meal. Facilitated by Pastor John Moser and Louise Lucas. RSVP to Elaine.



DECK THE HALLS - CHURCH DECORATING DAY

Sunday, November 22, 10:00-Noon

Do you love to decorate for Christmas? Join us after church services on this day to decorate the exterior of our church spaces and Sanctuary trees. Wear comfortable clothing and meet in the Sanctuary courtyard.

Forever Fit Returns to PLCPC on January 6, 2027!

Register for events online at pointlomachurch.org/register or contact Elaine.
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Save the Date

Christmas Concert for the Community

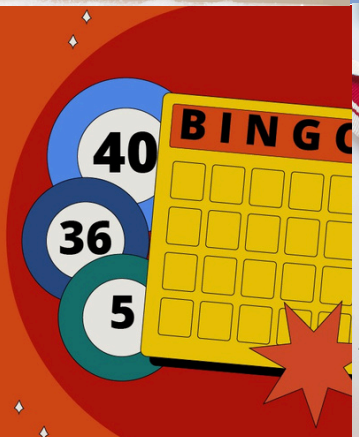
Sunday, December 6, 5:00 & 7:00pm
in the Sanctuary

COOKIE RECEPTION IN THE FAMILY LIFE CENTER BETWEEN CONCERTS

PRODUCE PANTRY
AT THE RYAN FAMILY YMCA

4390 VALETA ST.
Fridays, November 6 & 20
12:00-1:00pm
Open to all, no eligibility requirements,
free produce varies

FAMILY
Bingo Night



Nov 13, 6:00pm | FLC

POINTLOMACHURCH.ORG/REGISTER



ADVENT FAIR

Sunday, November 29, 9:00am - Noon

I Am Thankful For
by Nancy J Carmody

I am thankful for...

.....the mess to clean up after a party because it means I have been surrounded by friends.
.....the taxes that I pay because it means that I'm employed.
.....the clothes that fit a little too snug because it means I have enough to eat.
.....my shadow who watches me work because it means I am out in the sunshine.
.....the spot I find at the far end of the parking lot because it means I am capable of walking.
.....all the complaining I hear about our government because it means we have freedom of speech.
.....that lady behind me in church who sings offkey because it means that I can hear.
.....lawn that needs mowing, windows that need cleaning, and gutters that need fixing because it means I have a home.
.....my huge heating bill because it means that I am warm.
.....weariness and aching muscles at the end of the day because it means that I have been productive.
.....the alarm that goes off in the early morning hours because it means that I am alive.

Don't forget to turn your bathroom scales back 15 pounds Wednesday night at 1 AM for Thanksgiving.



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Senior Adult Ministry provides enriching fellowship and educational opportunities that nurture the spiritual, social, intellectual, and physical wellness of mature adults.

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