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SEPTEMBER

SENIOR ADULT MINISTRY 2025 NEWSLETTER



WELCOME BACK LUNCHEON WITH COWBOY JACK JOHNSON Tuesday, September 9, Family Life Center – \$7 at the door Doors open at 10:00AM, Entertainment at 11:00AM, Lunch at Noon

Welcome back friends! This month we will kick-off the season with some country-western music performed by Cowboy Jack Johnson along with a menu of beef kabobs, rice, salad, roll and dessert. Join us for fun and fellowship and sign up for upcoming senior events. Bring a friend! RSVP kindly requested by September 5.



MEET THE DIRECTOR OF THE NEW SHARP NEUROLOGICAL CENTER Wednesday, September 17, 11:00AM-12:30PM, Family Life Center

Sharp Grossmont Hospital for Neuroscience is San Diego's first comprehensive center for patients needing advanced neurosurgical, neurological and spine care. The Director of the Center, Truong-Giang Huynh, will provide an overview of their services as well as some memory education. Refreshments provided. RSVP to Elaine



TOUR OF PETCO PARK & LUNCH Tuesday, September 23, 11:00AM, Depart in church van at 10:30AM

Experience the ballpark as only players and staff do. Led by a tour guide, this historical, behind-the-scenes tour allows guests to experience the ballpark while learning about the history of Petco Park and the San Diego Padres. Tour is 80 minutes long and requires lengthy standing and walking. \$40 per person, pre-payment & registration with Elaine required. Space is limited to 12 participants. We will have a no-host lunch after the tour at a nearby establishment.



TEEN TECH 4 SENIORS Saturday, September 27, 1:00-3:00PM, Family Life Center

Would you like to become more proficient at using your portable digital device, or learn how to pair it to your vehicle? At this workshop, you will be matched with a friendly, tech-savvy teenager to work with you one-on-one for up to an hour. They can help you troubleshoot basic problems, teach you how to optimize the functions of your device, and adapt it to meet your needs. Reservations required by September 24. When registering, please indicate the type of device you need help with.



TREE OF LIFE NEW LEAF DEDICATION & BREAKFAST RECEPTION Sunday, September 28, 10:30AM, Following the Congregational Meeting

The Tree of Life display has graced the Family Life Center since 1989. It contains over 450 leaves highlighting special events in the life of this congregation. On this day, there will be a dedication of 12 new leaves being installed, celebrating people and milestones. Join us in the FLC immediately following the Congregational Meeting. A light breakfast will be served.

Register for events online at pointlomachurch.org/register or contact Elaine. 619-223-1633, Ext. 210, elaine@pointlomachurch.org





JOIN OUR TEAM!

Red Brick Riders

November 8

Calling all bike riders!

Join Point Loma Church's team—Red Brick Riders—for Ride the Point, a community bike ride supporting pancreatic cancer research. Choose between a 25-mile ride or a 5-mile family-friendly option. Select "Red Brick Riders" as your team when registering, and use code RTP25RBR for \$10 off the 25-mile ride. Let's ride together for a great cause and fun fellowship!



POINTLOMACHURCH.ORG/REGISTER





4390 VALETA ST.

Fridays, September 5 & 19

Open to all, no eligibility free produce varies



Deacons Pancake Breakfast

SUNDAY, SEPT 21 9:30-11:00AM **FAMILY LIFE CENTER**

PROCEEDS BENEFIT THE DEACON FUND



SUPPORT GROUP FOR PARENTS & GRANDPARENTS **OF COLLEGE STUDENTS**

Monday, September 29, October 27 & November 17 5:00-6:00pm in the Parlor

When a child goes away to college, the whole family goes through an adjustment period. At this meeting, we will share joys and concerns, pray for our students and learn about our Deacon college outreach ministry. Refreshments provided. RSVP to Elaine

THE MOST **EXPENSIVE VEHICLE TO** OPERATE, BY FAR, IS THE COSTCO SHOPPING CART.

Sorry, but your password must contain:

at least 8 characters upper and lower case letter a symbol or number a hieroglyph a haiku a musical note the feather of a hawk a drop of unicorn blood



ELAINE AT THE GRAVE OF COLONEL SANDERS DURING A VISIT TO KENTUCKY THIS SUMMER



Senior Adult Ministry provides enriching fellowship and educational opportunities that nurture the spiritual, social, intellectual, and physical wellness of mature adults.

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