Get Serious. About Prayer. 1 John 5:14-15

With a message on prayer, that's an appropriate start

I have such mixed feeling about preaching on prayer

It's one of the SD's necessary to train yourself for godliness . . .

But I sometimes wonder if our time would be better spent praying, instead of talking about it

But after preparing for this message, I concluded from my own heart . . .

That being reminded and refreshed of what I already knew about prayer, spurred me on to get serious about it

To actually do what I already knew was right and best

I trust you'll find the same as a result of our time in the Word this morning

If you're like me, you fail to pray for two reasons –

1. You don't want to

It's not because you don't know how, or don't know you're supposed to But because you don't *want* to

If you're like me you're lazy, busy, distracted

Frankly you'd rather do something else; Anything but pray

Am I right? Am I alone in that?

2. You don't think it matters

When it comes right down to it, you're not convinced it does any good That God really changes things as a result of your prayers

That's a self-fulfilling mindset – the less you pray, the less change you'll see

The less change you see, the less you'll pray because you don't think it matters

So I hope to convince you otherwise this morning, and encourage you to . . .

Take advantage of it (1 John 5:14-15)

Turn to 1 John 5:14-15 – we're going to do a little Bible study on prayer this morning Look at some of the key passages on prayer

Some, I'll have you turn to so can mark them in own Bible

Others I'll put on screen for the sake of time; 1 Jn 5:14-15 is one of them (read it)

3 main reasons to take advantage of prayer, starting with the fact that God hears you 14 - *If we ask anything according to God's will* . . .

• He hears us

God actually hears us; Us; What a privilege

To personally communicate with God – to express to him your thoughts, fears, concerns, joys, struggles . . . anything, anytime

That's prayer . . . Prayer is personal $\underline{\textbf{communication}}$ with God

That's something to take advantage of

It's like having an open invitation for lunch with the President, anytime you want Any time you want you can tell him what's on your mind; ask him a nagging question "Hey Mr President, cancel your gigs and meet me at Taco Bell"; "Glad you called" Whether you like him or not, you'd take advantage of that in a heartbeat

That's exactly what we have with God – an open invitation to talk to him, personally, any time, confident that he hears us

Not only that, but . . .

• He answers us

Take advantage of prayer because he answers us

He's not some bump on the log idol who can't answer us

Nor is he some far off deity who won't answer us

Read v15 – When we ask according to God's will, he not only hears us, but answers us

That's not original with John

Look at Lk 11:9-10 (p869) Jesus said – And I tell you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For every one asks receives, and the one who seeks finds, and to the one who knocks it will be opened.

No wonder James said . . . You do not have, because you do not ask. (James 4:2)

Implication – if you do ask, he answers

That's something to take advantage of

Something that's dependent of course on asking according to God's will (1 Jn 5)

Which begs the question – "How do we know what God's will is?"

Well, sometimes the Bible is explicit about that, and we can know it for sure

Like we *know* it's God's will to love our neighbor – that's explicit

So there's no question that if we ask God to help us love our neighbor, we're asking according to his will

And we can expect him to answer with increased love

Short of that, we pray/ask in faith, doing our best to discern God's will

And while we may ask at times for things *outside* of his will, we can rest assured that he will always *answer*, *according* to his will

But ask we must

It's something to take advantage of

He hears us, he answers us, and . . .

• He helps us

Don't know how to pray? Not sure what to say to the "President of the universe"? Doesn't matter

Rom 8:26 (p944) – Likewise, the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.

Did you get that? The HS will eliminate any word deficiency, any inadequacy, any lack of understanding . . .

Or anything else when it comes to personally communicating with God

The HS totally helps us and takes care of it – what more could you want?

It's something to take advantage of it – on your own, or with other believers Privately, or as a church at designated times

Like on Sunday mornings from 8:15-8:45

Or in between services from 10:30-10:45 – I need your prayer as much as anybody at that time, as I get ready for another service

Not to mention the hearts of those who are on their way to the 2nd service

Wednesday mornings from 6:15-7:15 is another time that we pray together as men

We've been doing that for about 2 years now, and *it's just what we do* on Wed a.m.'s About 10 or 15 of us – mostly staff, elders, and deacons, gather

No frills, no lesson, no small talk – we just walk in, bow our heads, and start praying

When we're done at 7:15, we walk out, say good-bye, and trust that our day, our church, and our lives will be different because we took advantage of the opp to pray

Will you get serious about prayer and take advantage of

Will you get serious about prayer and take advantage of it . . . consistently?

Not just for a week or two, but for good, forever – seriously

It's an incredible privilege we dare not neglect, or take for granted

Take advantage of it, and . . .

Make time for it (various Scriptures)

• As much as you need

Like Moses, who spent 40 days and 40 nights on the mountain, praying Not once, but twice

In **Deut 9:25-26** he's recounting it to the people, and says – So I lay prostrate before the Lord for these forty days and forty nights, because the Lord had said he would destroy you. And I prayed to the Lord...

Closer to home was a man named EM Bounds, who said (quote) . . .

The gospel moves with slow and timid pace when the saints are not at their prayers early and late and long."

Which is why for the last 17 years of his life, he woke up at 4 a.m. every morning to study the Bible and pray

If you're going to get serious about prayer – you have to make time for it As much as you need

• On a consistent basis

Like Daniel, as recorded in **Dan 6:10**

When Daniel knew that the document [the law that banned prayer to anyone but the king] had been signed, he went to his house where he had windows in his upper chamber open toward Jerusalem. He got down on his knees three times a day and prayed and gave thanks before his God, as he had done previously.

Daniel made time for prayer on a consistent basis – 3 times a day Not just when trouble started, but *previously* as well

The point is not that you have to pray in exactly that manner, or with that frequency The point is, you have to consistently, day in and day out, make time for it Time to listen, to talk, to draw near; Even under stress and strain, like Daniel

• No matter what

Like Jesus in **Lk 5:15-16** – . . . great crowds gathered to hear him and to be healed of their infirmities. But he would withdraw to desolate places and pray.

It didn't matter who needed him, or how many – Jesus made time for prayer . . . No matter what

Most of us would do much better if life were like kindergarten and our prayer times were scheduled just like our nap times were

But they're not; Which means you have to make time for them, no matter what

No matter what's going on; No matter who's grabbing for your attention No matter how busy you are

You have to make time for it, because it won't happen by itself

You'll always be too busy to pray
And you'll always be too busy *not* to pray
You'll always be too tired to pray
And you'll always be too tired *not* to pray
We need the strength that God supplies in prayer
Make time for it – no matter what . . .

On a consistent basis, as much as you need . . .

• Even when it's hard

Heb 5:7 – Jesus offered up prayers and supplications, with loud cries and tears It was hard at times: A labor: But it was labor that needed to be done

Once again, **EM Bounds**, who wrote 7 books on prayer said this . . .

Spiritual work is taxing work, and men are loath to do it. Praying, true praying, costs an outlay of serious attention and of time, which flesh and blood do not relish. Few persons are made of such strong fiber that they will make a costly outlay when surface work will pass as well in the market.

I don't need to ask you which you tend toward – surface work or hard work in prayer But I can tell you from experience which one yields more godliness in *my* life In fact, which one yields godliness at all

Get serious about prayer and make time for it even when it's hard

Take advantage of it – it's a privilege we can't afford to neglect; and finally . . .

Just <u>do</u> it (1 Thess 5:17; Col 4:2)

Not just sometimes, but . . .

• All the time

1 Thess 5:17 (p988)— *Pray without ceasing* That's pretty straight forward, don't you think?

Does that mean be on your knees 24/7?

Obviously not, because you wouldn't be able to fulfill the other parts of Scripture Rather, it means – make the HS the constant companion of your thoughts Have a constant, ongoing conversation with him, every waking hour No matter what you're doing or who you're talking to You always keep a running dialogue with him

It's like carrying on two cell phone conversations at the same time
Where you're asking for help *while* someone is laying out their issues
Or thanking God for the awesome time you're having, *while* you're having it

Or, for those of you who love to text more than you like to talk . . .

It's like having 5 different text-conversations, the HS included, all at the same time He may not be the primary focus, but he's always one of the participants He's always there; You're always keeping him in the loop

That's what it means to pray without ceasing; To pray all the time

hat's what it means to pray without ceasing; To pray all the tin Something we should do . . .

• More and more

Col 4:2 (p984) – Continue steadfastly in prayer, being watchful in it with thanksgiving. Different than the constant prayer of 1 Thess 5:17, this is talking about times of dedicated prayer

Assuming that we already do it, we should persevere in it all the more We should just do it – more and more

Nowhere is your commitment to a dedicated time/place to get with God, more important than w/ prayer

Under My Plan for Godliness, you can circle, underline, highlight #3...

Anything you can, to – Establish/maintain a consistent time and place to meet with the Lord

If you don't *establish* that from the get-go, you'll never pray consistently *or* steadfastly And you probably won't pray at all

And if you don't commit to corporate times of prayer, you'll never pray more and more You must *commit* to a time/place, and stick to it, no matter how you feel – in order to pray more and more

In order to continue steadfastly in prayer

And thank God, the more you just do it, the more you want to do it

The more you pray – the more you want to pray

The more dedicated time you spend in God's presence, the more you want to be there

So whether it's on your own, or with others – let me encourage you to get serious and . . . **Pray** more – make it a part of your plan for godliness . . . and just do it

You can start with our **Week of Prayer** tonight from 7-8 p.m., right here We're going to . . .

Commit the ministry year to the Lord – reaffirming all we do is for glory of his name Commit ourselves to the Lord – acknowledging our need to get serious and train ourselves for godliness

Ask for God's blessing on our church and ministries – we're never going to stop doing that; we're going to do it more and more, all the time

Because without his blessing, "we got nothin"

People will be here praying every night this week – Sunday through Saturday Same time, same place; 7-8 p.m.

Will you pick at least one of those nights, and come and pray? No matter what?

There's so much to pray for – the various prayer cards (fill one out); all the different ministries; staff; leaders

So much to pray for and so much to be gained by doing so together

Take advantage of it, make time for it, and just do it God blesses that; And he'll bless *you* for it as well