



## Psalms

In his book *Praying the Psalms*, Thomas Merton writes that "The Psalms are not only the songs of prophets inspired by God, they are the songs of the whole Church, the very expression of her deepest

inner life. The words and thoughts of the Psalms spring not only from the unsearchable depths of God, but also from the inmost heart of the Church, and there are no songs which better express her soul, her desires, her longing, her sorrows, and her joys." Join us on Wednesday evenings this Spring as we explore these songs of the people of God. This will not be a sequential walkthrough of the psalter: rather, each week we will look at a particular psalm or group of psalms to consider their literary form, theological content, and the ways that they have been used by the people of God throughout history as part of our experience of worship and spiritual formation.

- 18 January - Welcome, Introduction, and Psalm 27
- 25 January - Psalms 93-99
- 1 February - Psalms 1-2
- 9 February - Psalms 42-43
- 15 February - Psalms of Confidence: Psalms 16 and 23
- 22 February - *Ash Wednesday*
- 1 March - Laments of the Community: Psalms 44, 74, and 79
- 8 March - Royal Psalms TBA
- 15 March - Wisdom Psalms 101, 111, and 112
- 22 March - Spring Break
- 29 March - Psalms of Ascents: Psalms 120-134
- 5 April - Holy Week
- 12 April - Enthronement Psalms 24 and 29
- 19 April - Hallel Psalms 113-118
- 26 April - Hallel Psalms 146-150

I highly encourage you to read the Scripture passage for each session during the week ahead of our meeting time. Read out loud. Read multiple times. Read slowly. Read prayerfully, listening for what God is saying to you both in the scriptures and through the whispers of the Holy Spirit as you read. Write down thoughts, questions, and reflections to bring to the table for our conversation together.

I am excited to go on this journey with you! Please let me know if you have any questions along the way. May God draw us nearer to Godself and to one another during this season of fellowship, study, and worship!