

## **PSALMS 103**

**1- Psalms 103:1-5 "Bless the LORD, O my soul: And all that is within me, bless his holy name.**

**I don't want anything in me that Can't Bless The Lord...  
that's why I tell Mr Arthur (arthritis) I hear you knocking  
but because you Can't Bless The Lord... YOU CAN'T  
COME IN...**

**MR COVID...  
MR DIABETES  
HIGH BLOOD PRESSURE  
MR ASTHMA  
CANCER**

**THAT'S WHY EVERYDAY I TELL MY HEART.  
HEART BLESS THE LORD  
LUNGS BLESS THE LORD  
KIDNEYS BLESS THE LORD  
LIVER BLESS THE LORD  
STOMACH BLESS THE LORD  
ALL THE WAY DOWN TO MY GIBBARD, BLESS THE LORD  
LET ALL THAT IS WITHIN ME BLESS HIS HOLY NAME**

**2- Bless the LORD, O my soul, And forget not all his  
Benefits...**

**What's the most important question you ask when you go  
for a job... WHAT ARE YOUR BENEFITS?**

**Does it include health insurance?  
(God has the best Health Insurance Plan in the World)**

**Does it include a retirement plans?**

**(God has the best retirement plan in the World) etc, etc...**

**Bless the Lord oh my soul... Passion Translation/  
"Yahweh, you are my soul's celebration. How could I ever forget the miracles of kindness you've done for me?"**

**3- Who forgiveth all thine iniquities;  
Thank God for the Miracle of Forgiveness...**

**Jesus willingly suffered for my sins that I Might be  
Forgiven...**

**David said, Lord, if you were to remember sin...  
Who Could Stand? BUT THERE IS FORGIVENESS WITH  
THEE, THAT THOU MAYEST BE WORSHIPED, ADORED  
AND GLORIFIED...**

**The Passion Translation "Lord, You kissed my heart with  
forgiveness, in spite of all I've done.**

**STOP LISTENING TO THE VOICE OF GUILT AND  
CONDEMNATION! Remember, the devil is the accuser of  
the brethren. but Here's the good news... No matter what  
you've done, if you have asked the Father to Forgive you  
according to I John 1:9 YOU ARE FORGIVEN!**

**REMEMBER, WE ARE NOT FORGIVEN ON THE BASIS OUR  
GOODNESS... WE ARE FORGIVEN ON THE BASIS OF THE  
BLOOD THAT JESUS SHED FOR YOU AND ME ON  
CALVARY**

**4- Who healeth all thy diseases; "You not only kissed my  
heart with forgiveness, in spite of all I've done.  
But You've healed me inside and out from every disease."**

**Receive his Benefit in Jesus Mighty Name...**

**Isaiah 53:5 "But he was wounded for our transgressions, he was bruised or crushed for our iniquities or wrongdoings, the punishment needful for us to obtain peace was laid upon him; and with his stripes (the stripes that tore his back open) we are healed."**

**Song... Healing is here!**

**Claim his benefits... Lay hold on this benefit of healing today in Jesus Mighty Name, it's Yours!  
Now Praise Him for it...**

**5- Who redeemeth thy life from destruction;**

**ALMOST 50 YEARS AGO, JESUS IN HIS MERCY,  
SNATCHED A WRETCH LIKE ME OUT OF THE FIRES OF  
HELL AND SAVED ME...**

**THEN, IN 2019 HE SNATCHED ME OUT OF THE JAWS OF  
PREMATURE DEATH AND DELIVERED MY SOUL FROM  
DESTRUCTION. Testify!**

**6- Who Beautifies, Dignifies, and crowns thee with  
lovingkindness and tender mercies; The Lord is not out to  
get you... The Lord is looking to Bless You!**

**Great is Your mercy towards me  
Your love and kindness towards me  
Your tender mercy I see, Day after Day  
Forever faithful towards me  
always providing for me**

**Great is Your mercy towards me  
Great is Your grace**

**Love and Favour Lead the Way... Goodness and Mercy will  
follow me all the days of my life and I Will dwell in the  
House and Presence of the Lord for ever and forever**

**7- Who satisfieth thy mouth with good things... (not bad  
things/ not sickness and heartache/ no a million times  
no...**

**He satisfies your Mouth with Good things...**

**This is talking about ABBA Fathers Generosity and Divine  
Provisions in your life...**

**Know that all Jesus died and payed for belongs to you...  
Lay hold of this wonderful Benefit... make it yours today  
in Jesus Name, For stretches forth his Hand to meet the  
Desire of every living thing...**

**8- "You satisfy my mouth with good things, so that my  
Youth is Renewed like the Eagle...**

**You've supercharged my life so that I can soar again like a  
Mighty eagle in the sky!" Psalms 103:5 TPT**