



Summer in the Psalms - Week 9 “Etchings from a Cave Dweller”

Psalm 57 (NIV)

For the director of music. To the tune of “Do Not Destroy.” Of David. A miktam. When he had fled from Saul into the cave.

*Have mercy on me, my God, have mercy on me,
for in you I take refuge.*

*I will take refuge in the shadow of your wings
until the disaster has passed.*

² *I cry out to God Most High,
to God, who vindicates me.*

³ *He sends from heaven and saves me,
rebuking those who hotly pursue me—
God sends forth his love and his faithfulness.*

⁴ *I am in the midst of lions;
I am forced to dwell among ravenous beasts—
men whose teeth are spears and arrows,
whose tongues are sharp swords.*

⁵ *Be exalted, O God, above the heavens;
let your glory be over all the earth.*

⁶ *They spread a net for my feet—
I was bowed down in distress.*

*They dug a pit in my path—
but they have fallen into it themselves.*

⁷ *My heart, O God, is steadfast,
my heart is steadfast;
I will sing and make music.*

⁸ *Awake, my soul!
Awake, harp and lyre!
I will awaken the dawn.*

⁹ *I will praise you, Lord, among the nations;
I will sing of you among the peoples.*
¹⁰ *For great is your love, reaching to the heavens;
your faithfulness reaches to the skies.*
¹¹ *Be exalted, O God, above the heavens;
let your glory be over all the earth.*

1. Reject the lie.

- A cave is a place, not a prison.

2. Remember your purpose.

Psalm 57:2 (NIV)

*I cry out to God Most High,
to God, who vindicates me.*

Psalm 57:5 (NIV)

*Be exalted, O God, above the heavens;
let your glory be over all the earth.*

- Fulfilling your purpose turns your cave of misery into a catapult of meaning.
- We will begin to walk out of our cave when it becomes a cathedral of praise.

3. Recognize you can have the “high ground.”

Psalm 57:2-3a (NIV)

*I cry out to God Most High,
to God, who vindicates me.*

³ *He sends from heaven and saves me,*

Hebrews 8:10 (NIV)

This is the covenant I will establish with the people of Israel after that time, declares the Lord. I will put my laws in their minds and write them on their hearts. I will be their God, and they will be my people.