

Discipleship Essentials Pathway – Week 9 "Taking the Temptation Test"

1 Peter 1:15-16 (NIV)

But just as he who called you is holy, so be holy in all you do; ¹⁶ for it is written: "Be holy, because I am holy."

Genesis 39:1-12 (NIV)

Now Joseph had been taken down to Egypt. Potiphar, an Egyptian who was one of Pharaoh's officials, the captain of the guard, bought him from the Ishmaelites who had taken him there. ² The Lord was with Joseph so that he prospered, and he lived in the house of his Egyptian master. 3 When his master saw that the Lord was with him and that the Lord gave him success in everything he did, 4 Joseph found favor in his eyes and became his attendant. Potiphar put him in charge of his household, and he entrusted to his care everything he owned. 5 From the time he put him in charge of his household and of all that he owned, the Lord blessed the household of the Egyptian because of Joseph. The blessing of the Lord was on everything Potiphar had, both in the house and in the field. ⁶ So Potiphar left everything he had in Joseph's care; with Joseph in charge, he did not concern himself with anything except the food he ate. Now Joseph was wellbuilt and handsome, ⁷ and after a while his master's wife took notice of Joseph and said, "Come to bed with me!" But he refused. "With me in charge," he told her, "my master does not concern himself with anything in the house; everything he owns he has entrusted to my care. 9 No one is greater in this house than I am. My master has withheld nothing from me except you, because you are his wife. How then could I do such a wicked thing and sin against God?" 10 And though she spoke to Joseph day after day, he refused to go

to bed with her or even be with her. ¹¹ One day he went into the house to attend to his duties, and none of the household servants was inside. ¹² She caught him by his cloak and said, "Come to bed with me!" But he left his cloak in her hand and ran out of the house.

Taking the Temptation Test:

1. Who does this body belong to?

1 Corinthians 6:19-20 (NIV)

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your bodies.

2. What are God's boundaries for my sexuality?

1 Thessalonians 4:3–8 (NIV)

It is God's will that you should be sanctified: that you should avoid sexual immorality; ⁴ that each of you should learn to control your own body in a way that is holy and honorable, ⁵ not in passionate lust like the pagans, who do not know God; ⁶ and that in this matter no one should wrong or take advantage of a brother or sister. The Lord will punish all those who commit such sins, as we told you and warned you before. ⁷ For God did not call us to be impure, but to live a holy life. ⁸ Therefore, anyone who rejects this instruction does not reject a human being but God, the very God who gives you his Holy Spirit.

• God's boundaries for sex are one man and one woman inside the confines of covenant marriage.

1 John 2:3-4 (NIV)

We know that we have come to know him if we keep his commands. ⁴ Whoever says, "I know him," but does not do what he commands is a liar, and the truth is not in that person.

• God's boundaries are always a means of His protection and provision.

1 John 5:3 (NIV)

In fact, this is love for God: to keep his commands. And his commands are not burdensome

- 3. What is my battle plan for temptation?
 - Temptation is anything that promises satisfaction at the cost of obedience to God.

- Instead of coddling sin, we must wage war against it.
- Deciding beforehand is a great first step in your battle against temptation.
- Set some God-honoring boundaries in your battle plan.

Genesis 39:10 (NIV)

And though she spoke to Joseph day after day, he refused to go to bed with her or even be with her.

Philippians 4:8 (NIV)

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

• Don't reason with temptation, run from it.

1 Corinthians 6:18 (NIV)

Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

• Dependence and distance are keys to overcoming temptation.

2 Timothy 2:22a (NIV)

Flee the evil desires of youth

- 4. Do I want to live for physical pleasure or God's presence?
 - Purity positions us for God's presence.

2 Timothy 2:20-22 (NIV)

In a large house there are articles not only of gold and silver, but also of wood and clay; some are for special purposes and some for common use. ²¹ Those who cleanse themselves from the latter will be instruments for special purposes, made holy, useful to the Master and prepared to do any good work. ²² Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.

What is the noble vision you have for your life?

1 Corinthians 6:18 (NIV)

Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

1 Corinthians 6:9-10 (NIV)

Or do you not know that wrongdoers will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor men who have sex with men ¹⁰ nor thieves nor the greedy nor drunkards nor slanderers nor swindlers will inherit the kingdom of God.