

July 20, 2025

Yet what we suffer now is nothing compared to the glory he will reveal to us later.

-Romans 8:18 NLT

Reflect

Be still for a moment. A prayer to start...Father, open my ears and my heart to your living word.

Read the full passage in your Bible - Romans 8:18-30 NLTWhat is it from these verses that grabs your heart or sparks curiosity?

How does the verse above (Romans 8:18) strike you?

In what ways are you experiencing suffering? How's your hope level?

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Pray

Turn to God and use the previous question as a springboard for prayer. What might God want to say to you about this? Listen carefully.

Invite God to reveal his presence to you in the midst of present suffering and challenges. Ask him to give you a fresh glimpse of the future glory he will reveal.

As you soak in this scripture, what do you want to praise God for (who he is) and thank God for (what he's done)? Go ahead and do that.

Live It Out

1. Name Your Pain and Invite God In

Don't bury your struggles—bring them to God. Be honest in prayer. Tell Him where it hurts, where you're battling. Then, invite Jesus—your suffering Savior—into those places.

2. Anchor Yourself in Real Hope

True hope isn't found in our circumstances but in Jesus' presence and promise of the future. When life feels uncertain, cling to Jesus and to the truth that this world is not the end of the story.

3. Be a Hope-Bearer for Someone Else

You may not have all the answers—but you can still show up. Text someone who's struggling. Offer to pray. Remind them they're not alone and that God is at work, even now, in the middle of the life's mess.