

# WHEN IN ROMANS



WOODBURY  
LUTHERAN

**June 29, 2025**

For we died and were buried with Christ by baptism. And just as Christ was raised from the dead by the glorious power of the Father, now we also may live new lives.

-Romans 6:4 NLT

## Reflect

**Be still for a moment. A prayer to start...**Father, open my ears and my heart to your living word.

**Read the full passage in your Bible - Romans 6:1-14 NLT**

What is it from these verses that grabs your heart or sparks curiosity?

The power of sin has been broken in Jesus. You are free. Does that connect with you? How have you or haven't you experienced this? What does this stir up?

It's been said, "The key to living in freedom is fully embracing our identity in Christ." Ponder your life and how this connects with you personally.

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## Pray

Turn to God and use the previous question as a springboard for prayer. What might God want to say to you about this? Listen carefully.

What do you long for? What might it look like to live in greater freedom? Talk to God about that.

As you soak in this scripture, what do you want to praise God for (who he is) and thank God for (what he's done)? Go ahead and do that.

## Live It Out

### 1. Leave It Behind

Take a moment each morning to reflect: What am I leaving behind today? Whether it's shame, pride, addiction, or fear, name it—and leave it at the cross. You are no longer defined by your past but by your new life in Christ.

### 2. Live Like You're Free

Freedom takes practice. Start each day by asking, What does it look like to live free today? Offer your heart, words and actions, all of it, to God today. Surrender.

### 3. Lean Into Community

Walking in newness isn't a solo journey. Reach out to a trusted friend or a small group where you can be honest, encouraged, and reminded of who you really are in Jesus.