



RESOURCE GUIDE

FOOD RESOURCES

FINANCIAL RESOURCES

GOVERNMENT SHUT-DOWN RESOURCES



This guidebook provides essential resources for individuals and families in need, including directories of local food banks, financial assistance programs, and community support services. It also offers practical guidance and information specifically tailored to help furloughed government workers navigate financial hardship and access available aid.

*Information contained subject to change.

National Food Resources & Advice

Feeding America: These guys have a nationwide network of 200 food banks. From those food banks, they have 60,000 partner pantries from which they can serve every community across the United States. This is an awesome resource, and they have already begun serving Federal employees affected by the government shutdown.

Your School District: To save on food and ensure your kid eats breakfast and/or lunch free (less stress and worry for you), notify the district of your furlough. No income is an emergency and normally qualifies you for the free meal program.

Local Food Banks and Pantries

Covenant UCC

Address:
1130 E. 154th Street South
Holland, IL 60473

Contact Name:
Rev. Troy Underwood
Phone: 708-793-3943

Regular Hours
Saturday 9:30 AM - 12:00 PM

Special Hours
Nov 27, 2025 CLOSED
Dec 27, 2025 CLOSED

Calumet City Resources Inc.

Address:
768 Lincoln Ave Calumet
City, IL 60409

Contact Name:
Marlene Hill
Phone: 708-891-9330

Regular Hours
Monday 9:30 AM - 11:30 AM
Tuesday 9:30 AM - 11:30 AM

All Nations Church of Chicago

Address:
520 Sibley Blvd
CALUMET CITY, IL 60409

Contact Name:
Quennon Buie

Regular Hours
Thursday 3:00 PM - 6:00 PM
Friday 10:00 AM - 12:00 PM

Special Hours
Nov 27, 2025 CLOSED

Franciscan Health Hammond Fresh Start Market

Address:
5314 Hohman Ave.
Hammond, IN 46320

Contact Name:
Wendie Clark
Phone: 219-407-6948
Email:

wendie.clark@franciscanalliance.org

General Hours:
Wednesday 9:00 AM - 1:00 PM
(2nd Week of Month)
Wednesday 12:00 PM - 4:00 PM
(4th Week of Month)

St. Joseph's Conference

Address:
5304 Hohman Ave
Hammond, IN 46320

Contact Name:
St Vincent De Paul
Phone: 219-932-0702
Email:

svdp.stjosephchurch@gmail.com

General Hours:
Monday 10:00 AM - 11:00 AM
(1st of Month)
Regular Hours
Wednesday 12:00 PM - 1:00 PM

Flourish 4 Life Food Pantry

Address:
200 Russell St Suite 202
Hammond, IN 46320

Contact Name:
Debra Johnson
Phone: 219-932-0702
Email:

flourish4life200@gmail.com

General Hours:
Thursday 12:00 PM - 3:00 PM

InnerMission, Inc. (Formerly Caring Hands)

Address:
5670 Sohl
Hammond, IN 46320

Contact Name:
Scott Wells
Phone: 219-407-6948

Email:
scott@innermissioninc.com

General Hours:
Contact for Information

Apostolic Church of God's Love

Address:
5549 Sohl Ave
Hammond, IN 46320

Contact Name:
Mary McCoy
Phone: 219-315-6300

Email:
mars11150@yahoo.com

General Hours:
Thursday 3:00 PM - 5:00 PM
(2nd Week of Month)

First United Methodist Food Pantry

Address:
6635 Hohman Ave.
Hammond, IN 46324

Contact Name:
Dave Armistead

Email:
dwarmist@aol.com

General Hours:
Thursday 10:00 AM - 12:30 PM



Local Food Banks and Pantries

New Hope Missionary Baptist

Address:
6634 Calumet Ave
Hammond, IN 46324

Contact Name:
Shirley Gillespie

Regular Hours
Contact for Information

Community Services of Northwest Indiana

Address:
824 Hoffman St.
Hammond, IN 46327

Contact Name:
Jasper Nanevie
Phone: 219-932-4800 Ext.4

Regular Hours
Monday 11:00 AM - 2:00 PM
Wednesday 11:00 AM - 2:00 PM
Friday 11:00 AM - 2:00 PM

St Florian

Address:
13115 South Houston Avenue
Chicago, IL 60633

Contact Name:
Joan Gibbons
Phone: 312-966-7538

Regular Hours
Wednesday 9:00 AM - 11:00 AM
(1st, 2nd, 3rd, 5th of Month)
Wednesday 2:30 PM - 4:30 PM
(4th of Month)

Charity House Woodmar

Address:
1421-173rd St.
Hammond, IN 46324

Contact Name:
Pamela Downey
Phone: 219-407-6948

Email: pgwathney@yahoo.com

Regular Hours:
Tuesday 9:00 AM - 10:00 AM
(Please arrive prior to 9:00 AM to register for service. We operate on a first come first served basis.)

Greater First Baptist

Address:
4862 Olcott Ave.
East Chicago, IN 46312

Contact Name:
Robin Grant

Email:
firstladyrobin@yahoo.com

Regular Hours:
Wednesday 5:30 PM - 7:00 PM

Salvation Army - East Chicago

Address:
513 W. Chicago Ave.
East Chicago, IN 46312

Contact Name:
Captain Ramon Cebrian
Phone: 219-932-0702

Email:
trINETTE.wash@usc.salvationarmy.org

Regular Hours:
Monday 9:00 AM - 11:00 AM
Tuesday 9:00 AM - 11:00 AM
Wednesday 9:00 AM - 11:00 AM
Thursday 9:00 AM - 11:00 AM

Salvation Army - Munster

Address:
8225 Columbia Ave.
Munster, IN 46321

Contact Name:
Merle Davis
Phone: 219-838-0380

Email:
merle.davis@usc.salvationarmy.org

General Hours:
Tuesday 1:00 PM - 4:00 PM
Wednesday 9:00 AM - 12:00 PM
Thursday 1:00 PM - 4:00 PM

Altgeld-Murray Homes Local Advisory Council

Address:
951 E 132nd Place
Chicago, IL 60601

Contact Name:
Lyle Scott
Phone: 312-913-7479

General Hours:
Friday 9:00 AM - 11:00 AM

Meek Baptist

Address:
4830 Alexander Ave. (Side Door)
East Chicago, IN 46312

Contact Name:
Melody Jones
Phone: 219-397-1084

Email:
jonesmelody@yahoo.com

Regular Hours:
Contact for Information
Thursday 11:00 AM - 1:00 PM

Fish and Loaves Ministry

Address: 4756 Melville Street East Chicago, IN 46312

Contact Name:
Janet Anderson

Email:
buganderson47@yahoo.com

Regular Hours:
Saturday 11:00 AM - 1:00 PM
(3rd of Month)



FINANCIAL

Home, Auto & Life Insurance Relief

MetLife: For those not receiving a paycheck from the federal government because of the current shutdown, MetLife Auto & Home may grant a one-time, 30-day grace period on your payment of premium on a MetLife Auto & Home policy. Members must request this one-time allowance by calling **1-800-GET-MET8**. Certain restrictions apply, and premium remains due after delay expires.

Fidelity & Guaranty Life Insurance Company: To help the nearly 27,000 AFGE members who currently have a policy with the company during this government shutdown, the company “will keep the policy-in-force by waiving the cost of insurance charges for the next 30 days.” Policies beginning with the letter “Y” call: **844-800-9146**, all other policies call: **888-513-8797**



Other Notable Mentions for Relief & Assistance

Rent-A-Center (Benefits Plus Membership): If your account was up to date at the time of furlough and you are a part of benefits plus you may be eligible for a payment waiver based on your state: “Involuntary Unemployment Payment Waiver: Losing a job is hard and making payments while unemployed is even harder. Fortunately, your Membership waives your payments when you are involuntarily unemployed. Whether you were fired, laid off, suspended, or are out of work due to a labor dispute or strike, your payments are covered for up to four (4) months, up to \$1,000, or when you’re able to return to work.”

National Freebie Offers

U.S. Office of Personnel Management: Their fact sheet states that federal employees may be eligible for unemployment compensation administered by state unemployment insurance agencies. So, eligibility is determined by state law, not on the Federal level, which may work in your favor.

USAA are offering deferments for all loans and credit card payments.

FURLOUGHED

Bank of America: announced assistance available to furloughed Federal employees. Call the priority assistance line **844.219.0690**.

Chase Bank: Chase today announced efforts to help its customers who are U.S. government employees affected by the U.S. government shutdown. Here’s the special line they set up **1-888-356-0023**.



FURLOUGHED

Congressional Federal Credit Union: For more information on our Relief Line of Credit or any of our assistance programs, contact our Member Service Representatives at **800-491-2328** or stop by one of our branch locations.

Fed Choice: They're offering quite a few different options to assist – for existing and new members.

Interior Federal Credit Union: They're offering a special loan for both member and non-member furloughed Federal workers. Net paycheck up to \$15,000, interest free up to 30 days. Members may apply for a limit up to the equivalent of 2 net paychecks. More offers are available on the site or call **800-914-8619**

Navy Federal Credit Union: These guys are offering a special loan program. Read the FAQs PDF from this link to see if you qualify or call **1-888-842-6328**

PayPal: PayPal has made a very generous offer. They've allocated \$25 million to fund interest-free cash advances to our furloughed Federal workers that need assistance right now. This is for both new and existing PayPal Credit customers. Minimum loan is \$250 with a maximum cash advance of \$500. Your account does need to be in good standing if you're an existing PayPal Credit customer. Existing customers call **1-877-689-1975**. For new accounts, apply here first, then after approval call **1-877-689-1975**.

U.S. Bank: Will waive all late fees if you miss a mortgage payment due to the shutdown. Also mentioned they will defer first payment dates for new mortgages.





FURLOUGHED

U.S. Employees Credit Union: USECU is also offering shutdown loans, but only until Tuesday, January 15th. Call **(312) 922.5310** to get help.

SunTrust: SunTrust didn't make a specific offer, but they did make a public announcement that they have programs in place to help clients affected by the shutdown.

Synchrony Bank: These guys handle store cards for Amazon, Lowes, Walmart, JCPenney, Chevron/Texaco, and many other large nationwide companies that you might do business with on a day-to-day basis. They are allowing affected customers to defer payments until after the shutdown. Contact them for more information.

Union Plus: For union members, there are a great number of options available if you're with Union Plus. Call them at **800-472-2005** to ask about these offers: \$300 Furlough Grant for eligible Union Plus credit card holders, Mortgage Assistance Loan & \$300 Grant: payment grace period for your Union Plus Life and Accident Insurance, payment grace period for Union Plus Auto Insurance, and payment grace period for Union Plus Life and Accident Insurance.

Wells Fargo: They've got a few different options to help depending on the services you have with their bank.

Furlough Grants

FEEA-NARFE: This is an awesome offer that every furloughed Federal worker needs to take advantage of. FEEA-NARFE fund is offering \$100 grants to active federal employee members who are not receiving a paycheck during the current shutdown due to being furloughed or working in excepted status. To apply, visit the FEEA website.

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Thrift Savings Plan

TSP Plan News and Announcements: TSP allows for the suspension of loan payments when you go into non-pay status. They do not require documentation about your furlough currently. Missing one or two payments will not cause your loan to go into default. Log in to your account to check your status or simply call the Thrift Line at **1-877-968-3778**.

Furlough Grants

Toyota Financial Services & Lexus Financial Services: Affected lease and finance customers in good standing with their accounts may be eligible to take advantage of up to two months of finance contract payment extensions or lease deferred payments. Toyota Financial Services call **800-874-8822** and Lexus Financial Services call **800-874-7050**.

Hyundai Capital: Hyundai will extend all Hyundai Capital auto loans and lease payments for 30 days for current Hyundai owners who are federal government employees furloughed during the shutdown. Impacted consumers should contact Hyundai Motor Finance at **1-800-523-4030** to take advantage of this offer.

Kia Motors Finance: Kia has announced they're offering deferred payments of 30 days. If you've been affected by the current Government Shutdown and need assistance from Kia Finance, please contact us at **1-866-331-5632**.

Ford Credit, GM Financial, & Mercedes-Benz Financial Services: It has been reported that these companies are among those providing qualified customers options such as payment deferrals, late fee waivers and special care lines to address their individual problems, though official announcements from these companies have not been released online.

Mobile Telephone Service Providers

AT&T: Will assist with adjusting late fees, providing extensions, and revising payment schedules.

Sprint: Will provide short-term payment solutions. Call **1-888-211-4747**

T-Mobile: Offering short-term assistance and can spread out service payments over time. Call **1-877-746-0909** or **611** from a T-Mobile device.

Verizon: Offering flexible payment options and has a Promise to Pay program to set payments for a future date. Call **1-866-266-1445**.





Contact Us!

Address

1130 EAST 154TH STREET
SOUTH HOLLAND, IL 60473

Phone

708-333-5955

Email

info@covucc.org

COVUCC.ORG



@COVUCC

