

# Rooted



*Psalm 1:3*

*He will be standing firm like a flourishing tree planted by God's design, deeply rooted by the brooks of bliss, bearing fruit in every season of life. He is never dry, never fainting, ever blessed, ever prosperous.*

From today, I would like to share some reflections on the Psalms. Some Psalms are songs filled with beautiful, poetic language, while others are raw and honest expressions of the heart. We can connect with these Psalms in prayer by using language that truly expresses our emotions.

In Psalm 1, which serves as an introduction to the rest of the Psalms, two types of people are contrasted: the blessed and the wicked. These may represent two different individuals, or they could be different aspects within a single person. However, the Psalm invites us to strive for blessings from the Lord, by meditating on His word and finding strength and joy in His teachings.

Meditation in Hebrew terms is a very active process. It is like a dog playing with the bones it likes... lick, bite, lick, the ground and hide, take it out again and growl at the bone. It has to do with the Word of God and all kinds of mental gymnastics.

Who are the wicked? The Bible says that above all else, those who don't acknowledge the presence of God are the wicked, and they are called the fool. Also, those who are arrogant, and scoff others, Proverbs says that God hates haughty eyes – what a strong expression it is!

By immersing ourselves in the goodness of God, we become like trees firmly planted by streams of water. Once we experience the refreshing joy of God's presence, we are rooted deeply in His blessings and do not wish to depart from them. This deep sense of fulfillment, holy pleasure leads us to soar above worldly troubles, for the joy God offers us is unparalleled.

By accepting God's invitation to dwell in His presence, we can hope to experience true peace and healing. Just as a river of life flows from God's throne in Revelation 22, bringing healing and restoration to all. And our inner turmoil can be truly calmed when we allow Heaven to enter our hearts.

Grace and peace,

Pastor Hae-Jeong