

In Quietness

Isaiah 30.15

“For thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength.”



Last Sunday the message was about abiding in Jesus. The short Jesus prayer will lead us to the quietness of heart in the Holy Spirit. If you start to pray, you might yearn to experience God's presence in a special way. You might bring a question. You might bring a request. Or you might just come to experience the comfort and peace God allows you. Will there be anything that we should do? Yes, there is!

It is not to strive to hear God, or to feel the presence of God. You aren't required to do anything. There is no need to conjure emotions or worry about whether you've heard or felt God's voice. All you need to do is to believe God is with you. In quietness, you might feel God is close. You might not feel anything at all. Still God is with you at the center of your being.

God knows how to move the hearts because God created us. We are destined to see God's face. Do not force yourself. Even after a while you do not feel anything at all, trust that God is with you. God is joyful that you are seeking God. God is watching over you with loving eyes. Trust God's love and goodness. Imagine that you are embraced by God's loving arm and imagine that God is gazing you with loving eyes. You don't need to do a thing. Just be present and breathe.

Grace and peace,

Hae-Je Yoon

Pastor Hae-Jeong