



Deep Breath in Silence

Psalm 46:10

*Surrender your anxiety!
Be silent and stop your striving
and you will see that I am God.*

With an extra-long prayer, I wait for the Lord. I bring my situation to the Lord and plead for His help. I present the scripture that speaks to my situation and request God to act as He has said in the Bible. At the end of all my strivings, I am exhausted in the Lord. Prayers are done, and tears are shed. I do not know what more to do. I feel God is close, but He doesn't speak at all. Angst and anxiety still rage within me. I look for God.

At the end of all waiting, when nothing else can be done, God comes. God comes gently in silence to a surrendered heart. When all my efforts are finished, when I give all my situations to the Lord, God takes over the situation gently and clearly. God never leaves you and me alone.

The faint touch of the Holy Spirit chases away my anxiety and fears. Slowly but surely, peace rules my heart. Even though nothing has happened to me yet, I know that God will give me victory in the situation. Peace tells me that all will be alright. My heart knows it will be alright. God, the Creator, is in me and with me. I feel the lifted holiness has brought me to a different realm of God. Praise the Lord! His promise never changes.

Grace and Joy,

Pastor Hae-Jeong