



# The Best Life

A SERIES THROUGH THE SERMON ON THE MOUNT

**LIFE**  
**GROUPS**  
WEEK 3 • FEB 22

### NORTHSHORE'S COMPELLING STATEMENT

Hope changes everything.

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### ICE BREAKER

What's the difference between peacekeeping and peacemaking?

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### BACKGROUND

Matthew 5:1-12 is part of the Sermon on the Mount, where Jesus addresses His disciples and the gathered crowd. This setting is significant as it marks the beginning of His public teaching ministry, presenting a radical redefinition of what it means to be blessed and to live in accordance with God's will. In these verses Jesus describes the character of those who belong to His Kingdom. These Beatitudes are not personality traits; they are Spirit formed qualities that reflect God's own heart. In verses 7-9 we will look at three of the eight Beatitudes, where there is a shift from inner posture to outward expressions of a transformed life.



**KEY VERSES:** Matthew 5:8

"Blessed are the pure in heart, for they shall see God."

**READ:** Matthew 5:7-9

### REVIEW

What was meaningful from the above context or the sermon from last Sunday?



**HEAD LEVEL:** *What does it say? These help us to examine what the Word tells us.*

1. What promise is made to the merciful and what does that mean?
2. How can I be pure in heart? ( 1 John 1:7, 9; James 4:4, 8) What promise is made to the pure in heart?
3. How can we experience God's peace? ( Philippians 4:6-7)

### DIGGING DEEPER:

- What is the meaning of the word “heart” in Scripture? ( Mark 7:20-23, Psalm 51:10, 1 Peter 1:22, Proverbs 4:23)
- What is the Meaning of the word “Pure”? ( Jeremiah 32:39, 1 John 1:7, Mark 7:20-23, Matthew 15:19-20)



**HEART LEVEL:** What does it mean? These questions help us shape our beliefs around the objective truth of God’s word.

1. What is the meaning of being merciful? What is a merciful person like? (Matthew 25:41-45)
2. What is the prerequisite to seeing God?
3. What is the meaning of peace? Where is real peace found? ( John 16:33)



**HANDS LEVEL:** *What does it mean to me? These questions help us commit to live out the truth in our everyday lives and commit to potential next steps.*

1. What does “seeing God” look like in everyday life?
2. Where is God inviting you to be a peacemaker right now?
3. What competes for your heart’s attention?



**MEMORY VERSE:** Matthew 7:24

*“Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock.”*

### PRAYER REQUESTS

*(Please remember that these requests are confidential and need to stay within the group.)*