

SERMON NOTES

Romans 12:1-5 (NRSV) | Written by Rev. Dr. Alf Halvorson

As you reflect on this message, consider both the comfort and the challenge it offers. The sermon invites us to rest in Christ and to be reformed again and again by God’s Word. Use these questions to talk honestly about where you feel formed by the Gospel, where you may be shaped by other pressures, and how God may be calling you to deeper clarity, trust, and faithfulness.

1. What part of the sermon’s invitation to rest stood out most to you, and why do you think it resonated? Where do you need rest right now, and what form do you think it should take?
2. Read Rom. 12:1-5. How does it suggest we need to be reformed?
3. The message says we are always being reformed according to the Word of God. What does that look like in practical, everyday life?
4. Where do you see the strongest pressures in your life to be shaped by hurry, fear, politics, preference, or culture rather than by Christ and Scripture? How do you counter those pressures?
5. Which of the Reformation emphases—Scripture alone, Christ alone, grace alone, faith alone, or the glory of God alone—feels especially meaningful or needed for you right now?
6. What is one concrete way you could pursue both deeper rest and deeper faithfulness this summer?

Financial Update as of May 24, 2026

2026 Annual Budget	\$ 14,728,728
Actual Income to Date	5,471,909
Needed to Meet 2026 Budget	9,256,819



Officer Nominations

Open Now at nominations.mdpc.org

We need your help in identifying members whose gifts may be calling them into leadership at MDPC. As you pray, who comes to mind as a future Elder or Deacon? Submit nominations online, or use a paper form available around campus. Thank you for taking part in this meaningful season in the life of MDPC.

Stephen Ministry

Next Sun, June 7, join us in welcoming eight new Stephen Ministers to MDPC’s Stephen Ministry team. Stephen Ministers are trained to provide one-to-one Christian care for people going through a difficult time. Contact Beverly Fluke (bfluke@mdpc.org, 713.490.9542) if someone you know is carrying a heavy load and could potentially benefit from the support of a Stephen Minister.

Youth Alumni Still Connected

Sun, Jun 7-Aug 2 | 11:15am | **The Youth Garage**
Summer group for MDPC graduating seniors and current away college students (MDPC Youth Alumni). We’ll be talking about real-life topics like identity, anxiety, relationships, and more. Details and RSVP: youthevents.mdpc.org

Youth Alumni Summer Bible Study

Tue, Jun 9-Jul 28 | 7pm | MDPC

MDPC Youth Alumni (AKA all of our current away college students and friends), this is a space for you to reconnect, build community, and grow in your faith while you’re home for the summer. Whether every week or just when you can, you are always welcome youthevents.mdpc.org

Wednesday Night Summer Bible Study

Wed, Jun 10-Jul 1 | 6:30-7:30pm | **Summit Room**

Open to everyone! We’ll spend two weeks in Jude with Dr. Laurien Hook and two weeks in Jonah with Dr. Clay Brown. Our study of these powerful and often-overlooked books will be a rich opportunity for learning, discussion, and fellowship. Details under Events at discipleship.mdpc.org.

ECO Theology Conference

Mon-Wed, Sep 21-23 | MDPC

Join ECO pastors, elders, deacons, and covenant partners from across the nation at *Light in the Darkness: Faithful Responses to Heresy*. Presentations on contemporary expressions of ancient heresies, their impact today, and our faithful responses to them. For schedule and to register, visit theologyconf.mdpc.org.

A SLICE OF

SUMMER

SUMMER STUDY
Wed, Jun 17 and 24
10-11:30am • Parlor

SUMMER SERVE
Fri, Jun 19
1-3pm • Child Advocates

SUMMER SOCIAL
Thu, Jun 25
6-8:30pm • Summit Rm.

MDPC Women

You’re Invited to

ALL-CHURCH LUNCH

Sun, June 7 | 11am-1pm
Fellowship Hall

Join your church family after services for lunch on the first Sunday of each month!

Pricing and menu:
ACL.mdpc.org

Online Giving give.mdpc.org

All Events events.mdpc.org



8:30 BLENDED SERVICE

GATHERING

Call to Worship		Amy Delgado
*Songs of Praise	How Good It Is Great Is Thy Faithfulness	
Confession & Assurance		Rachel Poysky
Song of Response	In Christ Alone	
Prayer		Amy Delgado
Worship Song	Cornerstone	

HEARING THE WORD

Message	R & R: Reformed & Reforming Romans 12:1-5 (NRSV)	Alf Halvorson
---------	---	---------------

RESPONDING

Offertory	Firm Foundation
-----------	-----------------

SENDING

*Benediction	Alf Halvorson
--------------	---------------

.....

9:45 CONTEMPORARY SERVICE

GATHERING

*Invitation to Worship	How Good It Is	
Call to Worship		Michael Middleton
*Songs of Praise	Praise God I'm Just Grateful	
Confession & Assurance		Rachel Poysky
Welcome		Amy Delgado
Worship Song	Cornerstone	

HEARING THE WORD

Message	R & R: Reformed & Reforming Romans 12:1-5 (NRSV)	Alf Halvorson
---------	---	---------------

RESPONDING

Offertory	Firm Foundation
-----------	-----------------

SENDING

*Benediction	Alf Halvorson
--------------	---------------

Blended and Contemporary Worship Leaders
MDPC Worship Team: Coppelia Acevedo, Uvaldo Callejas, David Cavazos, Asher Pudlo, Will Story
Michael Middleton, Generational Worship Director

* Please stand, if comfortable.

As you enter worship, we kindly ask that you silence your cell phones.

11:15 TRADITIONAL SERVICE

GATHERING

Prelude	A Mighty Fortress Is Our God	arr. David N. Johnson (1922-1988)
Call to Worship		Amy Delgado
Choral Introit	My Shepherd Will Supply My Need	Virgil Thompson (1896-1989)
*Hymn of Praise	A Mighty Fortress Is Our God	Vs. 1, 2, 4 #260 EIN FESTE BURG
Confession & Assurance of Pardon		Laurien Hook
*Affirmation of Faith from United Church of Canada		
*Congregational Response	Glory Be to the Father	#579 GLORIA PATRI

HEARING THE WORD

Anthem of Preparation	Grace Alone	arr. Molly Ijames (b. 1978)
Message	R & R: Reformed & Reforming Romans 12:1-5 (NRSV)	Alf Halvorson

RESPONDING

*Hymn of Response	How Firm a Foundation	Vs. 1, 2, 5 #361 FOUNDATION
Prayers of the People (with The Lord's Prayer)		Amy Delgado
Offertory	My Hope Is Built on Nothing Less	John Ferguson (1941-2025)

SENDING

*Doxology	Praise God, from Whom All Blessings Flow	#592 OLD 100TH
*Benediction		Alf Halvorson
Postlude	Psalms 20	Gordon Young (1919-1998)

Traditional Worship Leaders
MDPC Sanctuary Choir | Kathryn White, organist/pianist
Charles Hausmann, Traditional Worship Director

* Please stand, if comfortable.

Our pastors are here to help. They'd love to hear from you!

 Alf Halvorson Senior Pastor ahalvorson@mdpc.org	 Rachel Poysky Next Gen Pastor rpoysky@mdpc.org	 Beth Case Caring & Christian Formation Pastor bcase@mdpc.org
 Dan Aikins Evangelism Pastor daikins@mdpc.org	 Clay Brown Adult Discipleship Pastor cbrown@mdpc.org	 Almir Dias Portuguese-language Pastor adias@mdpc.org
 Brett Hurst Relationships Pastor bhurst@mdpc.org	 Bin Wang Chinese Ministry Partner bwang@mdpc.org	 Guillermo Yela Spanish-language Pastor gyela@mdpc.org



Remember Our Frontline Mission Partners
MDPC partners in local and global ministry truly covet your prayers! Find out this week's prayer recipients by picking up the prayer booklet available around campus or visit partners.mdpc.org.