

“FROM FORGIVENESS TO FREEDOM!”



Philippians 1:1-6

¹ Paul and Timothy, servants of Christ Jesus,

To all God's holy people in Christ Jesus at Philippi, together with the overseers and deacons:

² Grace and peace to you from God our Father and the Lord Jesus Christ.

Thanksgiving and Prayer

³ I thank my God every time I remember you. ⁴ In all my prayers for all of you, I always pray with joy ⁵ because of your partnership in the gospel from the first day until now, ⁶ being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

INTRODUCTION — “HEALING IS A JOURNEY, NOT A JUMP”

Forgiveness opens the door, but healing walks us through it. Many believers stop at forgiveness, but God desires to take us further — into **wholeness, restoration, and freedom**. This Bible study helps us understand the *middle space* between being forgiven and being fully restored. It is the space where God works on us, grows us, and prepares us for what's next.

POINT 1 — “GOD STARTED IT... AND GOD WILL FINISH IT”

Scripture: *Philippians 1:6*

⁶ being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

“FROM FORGIVENESS TO FREEDOM!”

Exegesis

Paul writes to the Philippian church, reminding them that the “good work” God began is ongoing. The Greek word for “complete” (*epitelesai*) means **to bring to full maturity**, implying a process rather than an instant.

Theology

God is not a God of half-finished healing. His grace is both **initiating** and **sustaining**. Forgiveness is the first act of grace; healing is the continuing act; restoration is the completing act.

Life Application

- You may be forgiven, but you’re not finished.
- Don’t judge your healing by your feelings — judge it by God’s faithfulness.
- Trust God with the parts of your story that are still under construction.

POINT 2 — “HEALING REQUIRES TRUSTING GOD WITH THE UNFINISHED PLACES”

Scripture: *Psalms 147:3* — “He heals the brokenhearted and binds up their wounds.”

Exegesis

“Heals” (*rapha*) is a verb of ongoing action. “Binds up” refers to the careful, repeated wrapping of a wound.

“FROM FORGIVENESS TO FREEDOM!”

Theology

God is the Great Physician, and He treats wounds in stages. Healing is not a single event — it is a divine process.

Life Application

- Healing takes time, and God is patient with you.
- You don't have to hide your wounds; God works on what you reveal.
- Trusting God means letting Him touch the places you'd rather avoid.

POINT 3 — “FAITH THAT REACHES: MOVING FROM PAIN TO PURSUIT”

Scripture: *Mark 5:27–28* — “She came up behind Him... and touched His garment.”

Exegesis

The woman with the issue of blood moves from internal suffering to external action. Her reach is an act of desperation and determination.

Theology

Faith is not passive — it presses, pushes, and pursues. Healing often begins when faith moves from **believing** to **reaching**.

Life Application

- Healing requires participation: you must reach for what God is offering.
- Don't let shame, fear, or fatigue stop your reach.
- Sometimes the reach is the breakthrough.

“FROM FORGIVENESS TO FREEDOM!”

POINT 4 — “PREPARING YOUR HEART FOR WHAT GOD WILL RESTORE”

Scripture: *Joel 2:25–26*

²⁵ *“I will repay you for the years the locusts have eaten—
the great locust and the young locust,
the other locusts and the locust swarm^[a]—
my great army that I sent among you.*

²⁶ *You will have plenty to eat, until you are full,
and you will praise the name of the LORD your God,
who has worked wonders for you;
never again will my people be shamed*

Exegesis

God promises to “restore the years,” meaning He can redeem time, opportunities, and seasons that were lost.

Theology

Restoration is not random — it is **intentional grace**. God restores what has been surrendered to Him.

Life Application

- Restoration requires readiness.
- God restores what you release.
- Healing prepares the soil; restoration produces the harvest.

“FROM FORGIVENESS TO FREEDOM!”

POINT 5 — “HEALING POSITIONS YOU FOR RESTORATION”

Scripture: *Mark 5:34* — “Daughter, your faith has made you whole.”

Exegesis

Jesus doesn't just stop her bleeding — He restores her identity (“Daughter”) and her dignity (“go in peace”).

Theology

Healing is not only physical or emotional; it is **relational and spiritual**. God restores identity before He restores circumstances.

Life Application

- Healing is the doorway to restoration.
- God wants to restore your peace, your identity, and your future.
- When God heals you, He prepares you for what's next.

CLOSING & CONCLUSION — “FROM FORGIVENESS TO FREEDOM THROUGH THE CROSS”

Everything we've studied — trusting God to finish the work, reaching for healing, preparing for restoration — is only possible because of **what Jesus accomplished on the Cross**. At Calvary, He carried our wounds, broke our bondage, and opened the door for healing and restoration.

When He declared, “**It is finished,**” He wasn't saying *your journey* was finished — He was saying **your shame, your separation, your sin, and your old story were**

“FROM FORGIVENESS TO FREEDOM!”

finished. Because He completed the work on the Cross, you can walk in the freedom that follows forgiveness.

So, as we move from **Sermon 1** toward **Sermon 2**, remember:

- **Forgiveness** is yours because of His sacrifice.
- **Healing** is yours because of His stripes.
- **Restoration** is yours because He rose.
- **Freedom** is yours because He lives.

The One who forgave you is the One who will heal you, and the One who heals you is the One who will restore you. **This is the journey — From Forgiveness to Freedom — made possible by the finished work of Jesus Christ.**