



Your group matters.

DISCUSSION GUIDE

- Icebreaker -

When vacationing, what is the one place or activity that rejuvenates you most?

1. Read **Galatians 6:2**; **Ephesians 4:2**; and **Colossians 3:13**. The call to humility when dealing with a difficult person or someone who has done you wrong is not just challenging, but can even feel offensive. What helps you regain (or maintain) a humble perspective in such circumstances?
2. Pastor Tom said that “bearing with one another is the prelude to forgiving one another...” (**Colossians 3:13**) suggesting that forgiving someone when angry, disgusted, or offended is unfeasible. How do you get over these emotions? Read **Colossians 3:1-2**; **10**, **12** and discuss God’s answers to this very human conundrum.
3. Like humility, gentleness seems counterintuitive in these situations and requires what Pastor Tom called a “character qualification.” Read **Ephesians 4:2**; **Colossians 3:12**; and **Galatians 6:1**. What is that qualification and what steps can you take to develop it in your life?
4. Pastor Tom indicated that for the fallen Jesus follower to experience forgiveness, it “requires a willing attitude and actions...” If you have walked through that process what/who helped you see what was needed to take steps toward forgiveness and restoration?
5. Is there someone you need to forgive or help restore to a healthy place with God? If so, Pastor Tom said that you will need to “release any bitterness” you may harbor to forgive them and “depend on the Holy Spirit in a new way” to help them pick up their lives again. What steps will you take this week?

Day One: Mark 13; Psalm 130

Day Two: Numbers 13; Proverbs 6

Day Three: Ephesians 1; 2 Kings 4

Day Four: Revelation 22; Ezekiel 7

Day Five: Job 6; Acts 18

PERSONAL GUIDE

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.



Your
story
matters.

JULY 13, 2025

Message Notes



People-ing 101: Building Community One Story at a Time
"BEAR WITH ONE ANOTHER"
 Pastor Tom Lundeen | July 13, 2025

How can the _____ connected culture in human history be struggling so much to find meaningful relationships?

Loneliness isn't a 21st century _____

The good news is that God sees us and knows all about us, and He knows how to address the problem of _____.

Note **Galatians 6:2; Ephesians 4:2; Colossians 3:13**

We don't naturally bear with each other's problems, inconsistencies, and _____.

1. _____ One Another (note Colossians 3:1-17)

Note **Colossians 3:1-2, 5-9, 10 & 12, 13**

Bear = to hold oneself up against...to _____ with...endure.

Bearing with one another is the _____ to forgiving one another...

To bear with each other describes the unpleasant and difficult aspect of forgiving others = _____.

2. _____ One Another (note Galatians 6:1-3)

In Galatians 6, bearing with each other takes forgiveness to the next step (note **Galatians 6:1a, NIV** = _____ in a sin).

Not a tiny _____, but a critical, moral/ethical failure.

A _____ qualification for those helping to restore others (note **Galatians 6:1** = spiritually minded...walking by the rule of the Spirit...keeping in step with the Spirit).

The proper _____ = _____ (note **Galatians 5:22**).

The right _____ needed (note **Galatians 6:1b** = _____).
 Restore = literally a surgical term for setting of _____ bones.

Overcome/caught in a sin...trapped - _____ by sin's consequences...
 Note **Galatians 6:2** = carry/bear = to _____/take up.

Here we are talking about...one who has harassed the church and brought _____ grief to Christian hearts. Yet he who caused the trouble is a person for whom Christ died. He is a Christian in _____ error. Restore him in love. Bear his burden. He has failed to be a Christian. _____ be a Christian. (Blackwood)

When we carry each other's burdens (heavy, _____ load) we fulfill the law of Christ (note **Galatians 5:14**).

There is another side of the coin in restoration:

- It's not a license to do evil.
- It requires a willing attitude and actions on the part of the fallen Jesus follower to sincerely _____ and submit to a process of restoration.

Note **Ephesians 4:2** and **Galatians 6:1-3**

Forgiving and restoring one another opens doors of opportunity to demonstrate God's grace to each other and make God's love _____.

SO MY NEXT STEP IN PEOPLE-ING 101:

- _____ any bitterness/unforgiveness/desire for revenge towards another and embrace God's grace to be willing to forgive and restore another.
- Or _____ we're a fallen/backslidden Jesus follower and we need to sincerely repent and submit to a process of restoration.
- Or _____ on the Holy Spirit in a new way to help a fallen Jesus follower to put the broken pieces of their lives back together as they turn back to Jesus.
- ...understand that Jesus _____ what it means to bear with each other...

Tell us about the next step you took today in your spiritual journey!

App: Message Notes/Connect Card **Or:** MYRC.LINK/CONNECT



People-ing 101: Building Community One Story at a Time
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How can the most connected culture in human history be struggling so much to find meaningful relationships?
 Loneliness isn't a 21st century problem...
 The good news is that God sees us and knows all about us, and He knows how to address the problem of loneliness.

Note **Galatians 6:2**; **Ephesians 4:2**; **Colossians 3:13**

We don't naturally bear with each other's problems, inconsistencies, and hypocrisy.

1. Forgiving One Another (note **Colossians 3:1-17**)

Note **Colossians 3:1-2, 5-9, 10 & 12, 13**

Bear = to hold oneself up against...to put up with...endure.

*Bearing with one another is the prelude to forgiving one another...
 To bear with each other describes the unpleasant and difficult aspect of forgiving others = suffering.*

2. Restoring One Another (note **Galatians 6:1-3**)

In Galatians 6, *bearing with each other* takes forgiveness to the next step (note **Galatians 6:1a, NIV** = caught in a sin).
 Not a tiny flaw, but a critical, moral/ethical failure.

A character qualification for those helping to restore others (note **Galatians 6:1** = *spiritually minded...walking by the rule of the Spirit...keeping in step with the Spirit*).
 The proper approach = gently (note **Galatians 5:22**).

The right attitude needed (note **Galatians 6:1b** = humility).
 Restore = literally a surgical term for setting of broken bones.

Overcome/caught in a sin...trapped - crushed by sin's consequences...
 Note **Galatians 6:2** = carry/bear = to lift/take up.

Here we are talking about...one who has harassed the church and brought immeasurable grief to Christian hearts. Yet he who caused the trouble is a person for whom Christ died. He is a Christian in grave error. Restore him in love. Bear his burden. He has failed to be a Christian. You be a Christian.
 (Blackwood)

When we carry each other's burdens (*heavy, crushing load*) we fulfill the law of Christ (note **Galatians 5:14**).
 There is another side of the coin in restoration:

- It's not a license to do evil.
- It requires a willing attitude and actions on the part of the fallen Jesus follower to sincerely repent and submit to a process of restoration.

Note **Ephesians 4:2** and **Galatians 6:1-3**

Forgiving and restoring one another opens doors of opportunity to demonstrate God's grace to each other and make God's love practical.

SO MY NEXT STEP IN PEOPLE-ING 101:

- Release any bitterness/unforgiveness/desire for revenge towards another and embrace God's grace to be willing to forgive and restore another.
- Or admit we're a fallen/backslidden Jesus follower and we need to sincerely repent and submit to a process of restoration.
- Or depend on the Holy Spirit in a new way to help a fallen Jesus follower to put the broken pieces of their lives back together as they turn back to Jesus.
- ...understand that Jesus exemplified what it means to *bear with each other*...

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