



Your group matters.

## DISCUSSION GUIDE

- Icebreaker -

March came in like a "lamb". What was the worst "lion" year you can remember?

1. Pastor Tom said, when we "hit the wall," many are surprised to discover that they are not enough and feel guilt/shame as a result. Have you ever felt shame/guilt over not being enough? Why?
2. Another reaction, Pastor Tom said, was to take our eyes off God and double-down on self-sufficiency, trying harder on our own. Has that been your tendency and if so, how has that worked for you?
3. But why are we not enough? Pastor Tom listed seven reasons for our inadequacy from the Bible. Read over these passages and discuss which reasons best resonate in your life.
4. Read **Ephesians 2:1-5**; **2 Corinthians 3:4-5**; and **Colossians 2:10**. Pastor Tom also lists eight reasons why we don't have to be enough. Which of these reasons bring you the most comfort and confidence as you walk through life?
5. "In what area of your life are you relying on yourself instead of God and what is God calling you to do about it?" (Pastor Tom)

## PERSONAL GUIDE

*Day One:* Matthew 22; Psalm 111

*Day Two:* Leviticus 21; Proverbs 18

*Day Three:* 2 Corinthians 1; 1 Kings 7

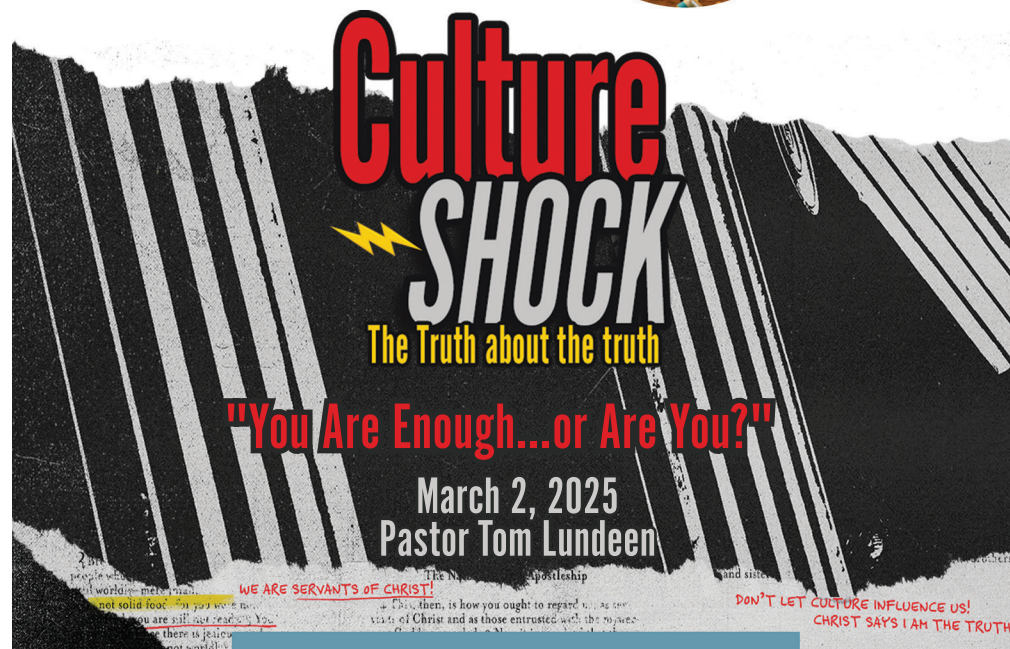
*Day Four:* Revelation 3; Jeremiah 45

*Day Five:* Ecclesiastes 7; Acts 27

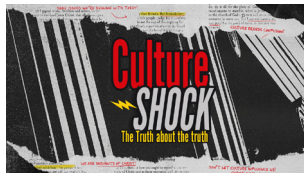
This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.



**RIVERSIDE**  
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## MESSAGE NOTES

# "You Are Enough...or Are You?"

March 2, 2025  
Pastor Tom Lundeen

...we're going to explore a huge reality that is part of our \_\_\_\_\_ landscape, that is there are many beliefs that sound like they could be true, but they're not true.

And these \_\_\_\_\_ true beliefs are embraced by all types of people, including Jesus' followers at times.

We all *hit the* \_\_\_\_\_ during our lives...  
But why don't I feel like I'm enough?

Because I'm not enough, and neither are you.  
Without \_\_\_\_\_, I'm not enough and you're not enough.

## 1. God is \_\_\_\_\_ and I'm Not

Note **Colossians 2:8-10**

- I think I'm enough, but I know I'm not, so I feel \_\_\_\_\_/ashamed.
- I think I'm enough, so I take my eyes off \_\_\_\_\_ and think I'm in control/self-sufficient.

Big problem = If I believe I'm enough, I won't seek the only \_\_\_\_\_ who is enough.

## 2. We Are Not Enough \_\_\_\_\_ From Jesus Because...

- A. We're \_\_\_\_\_ in our sins (note **Ephesians 2:1**).
- B. We're without \_\_\_\_\_ and helpless (note **Ephesians 2:12**).
- C. We're foolish, disobedient, and a slave to sin (note **Titus 3:3**).
- D. We're walking in darkness and spiritually \_\_\_\_\_ (note **1 John 2:11**).
- E. We're miserable (note **Romans 7:24**).
- F. We're ignorant and separated from the \_\_\_\_\_ of God (note **Ephesians 4:18**).
- G. We're objects of wrath, destined for destruction (note **Romans 9:22**).

We cannot compare our \_\_\_\_\_ to others (note **James 2:10; Romans 3:10, 12**).

Sin is more than just a \_\_\_\_\_/spiritual offense...  
It's also a \_\_\_\_\_ offense...

## 3. Why I Don't Have to Be Enough (note **Ephesians 2:1-5; 2 Corinthians 3:4-5**)

- A. I'm helpless, but Jesus is my helper (note **Hebrews 13:6**).
- B. Jesus is my strength when I'm \_\_\_\_\_ (note **2 Corinthians 12:9-10**).
- C. Jesus is my hope when hope is hard to find (note **2 Thessalonians 2:16**).
- D. When I'm weary, Jesus gives me genuine \_\_\_\_\_ (note **Matthew 11:28**).
- E. Jesus gives me real peace when fear and anxiety seem unconquerable (note **John 14:27**).
- F. In uncertain economic times, being \_\_\_\_\_ like Jesus is the pathway to having my needs met (note **Philippians 4:15-19; Acts 20:35**).
- G. When I'm in pain and hurting, Jesus comforts me (note **2 Corinthians 1:3-4**).
- H. If I'm a slave to sin and in bondage to anyone/anything, Jesus is the Savior and \_\_\_\_\_ who sets me free (note **John 8:36**).

Note **Hebrews 13:5**

### *The Truth about the truth:*

- In what area of your life are you \_\_\_\_\_ on yourself instead of God?
- What is God \_\_\_\_\_ you to do about it?
- I'm not enough and neither are you and we never will be.
- But all we need to do is to put our trust in Jesus and \_\_\_\_\_ on Him.
- Note **Romans 10:13; Psalm 86:7; 50:15; 145:18; Jeremiah 33:3; 1 Peter 5:7**



**Tell us about the next step you took today in your spiritual journey!**  
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**SMALL GROUP**  
guide on the back



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Big problem = If I believe I'm enough, I won't seek the only One who is enough.

## 2. We Are Not Enough Apart From Jesus Because...

- We're dead in our sins (note **Ephesians 2:1**).
- We're without hope and helpless (note **Ephesians 2:12**).
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We cannot compare our sins to others (note **James 2:10**; **Romans 3:10, 12**).

Sin is more than just a legal/spiritual offense...  
It's also a relational offense...

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