

DISCUSSION GUIDE

- Icebreaker -

What's something about you that people would be surprised to know?

1. What are some "nearly true" beliefs you've held or have encountered?
2. How do we ensure our definition of truth is in line with God's definition of truth? It's not an easy task, but a vital one. (**John 18:37-38**, **Proverbs 14:12**)
3. What are some of the ways our experiences, hearts, and feelings can lead us off course if they are disconnected from absolute truth? (**Jeremiah 17:9**, **2 Timothy 4:2-5a**)
4. Pastor Tom said, "Truth isn't just something we believe, it is a Person we follow." How can you build a habit of conforming what you believe to what Jesus taught and said? (**John 14:6**, **1:1-5**)
5. While God's truth may seem harder to find, or difficult to live out, how does **John 8:31-32** encourage you to make changes in how you live and believe this week?

PERSONAL GUIDE

Day One: Matthew 20; Psalm 109

Day Two: Leviticus 19 Proverbs 16

Day Three: 1 Corinthians 15; 1 Kings 5

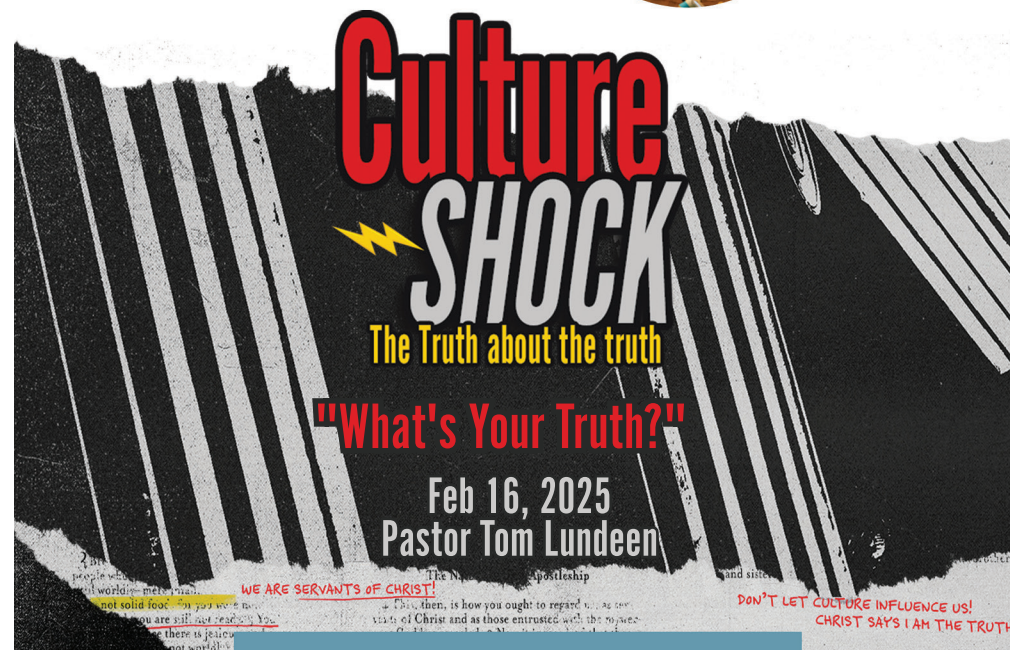
Day Four: Revelation 1; Jeremiah 43

Day Five: Ecclesiastes 5; Acts 25

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.



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MESSAGE NOTES

"What's Your Truth?"

Feb 16, 2025
Pastor Tom Lundeen

...we're going to explore a huge reality that is part of our cultural _____, that is there are many beliefs that sound like they could be true, but they're not true. And these "nearly true" beliefs are embraced by all types of people, including _____ followers at times.

Note **John 18:37-38**

What is truth really matters in _____ aspect of our lives and relationships.

1. Building a _____ Definition of Truth

Truth is _____, constant, and true for everyone, everywhere, all the time. (Groeschel)

Problem today is that many people confuse truth with _____.

But your truth can actually be a _____ (note **Proverbs 14:12**).

2. Just Because I _____ Something Doesn't Make it True

Your _____ matters.

But what I experience and you experience doesn't equate with _____ truth.

Follow your _____... (problem = **Jeremiah 17:9**).

If I let my feelings determine my truth, I'm in trouble, because my feelings _____.

Note **2 Timothy 4:2-5a**

God's Word never _____ (note **Psalms 119:89; Isaiah 40:8; Matthew 24:35**).

We can't just look for people who tell us what we want to hear instead of what we _____ to hear.

3. Truth Isn't a Thing; Truth is a _____

Truth isn't just something we believe, it is a Person we _____ (note **John 14:6**).

Jesus is the _____ made flesh (note **John 1:1-5**).

If what I feel, think, want, and believe _____ the Word of God, it's not true, it's a lie.

Note **John 18:38-40; 19:4, 6b**

The Truth about the truth:

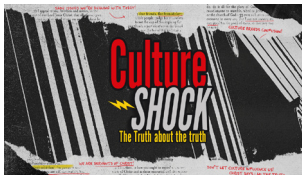
- Truth can be difficult to hear, confrontational, and can require us to _____ at times.
- _____ tell us we are fine as we are.
- Jesus is the truth.
- And what does Jesus as truth _____ (note **John 8:32**)?
- Jesus can set you free.



Tell us about the next step you took today in your spiritual journey!

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And these "nearly true" beliefs are embraced by all types of people, including Jesus' followers at times.

Note **John 18:37-38**

What is truth really matters in every aspect of our lives and relationships.

1. Building a Working Definition of Truth

Truth is absolute, constant, and true for everyone, everywhere, all the time.
(Groeschel)

Problem today is that many people confuse truth with perspective.
But your truth can actually be a trap (note **Proverbs 14:12**).

2. Just Because I Believe Something Doesn't Make it True

Your story matters.

But what I experience and you experience doesn't equate with absolute truth.

Follow your heart... (problem = **Jeremiah 17:9**).

If I let my feelings determine my truth, I'm in trouble, because my feelings lie.

Note **2 Timothy 4:2-5a**

God's Word never changes (note **Psalms 119:89; Isaiah 40:8; Matthew 24:35**).

We can't just look for people who tell us what we want to hear instead of what we need to hear.

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Truth isn't just something we believe, it is a Person we follow (note **John 14:6**).

Jesus is the Word made flesh (note **John 1:1-5**).

If what I feel, think, want, and believe contradicts the Word of God, it's not true, it's a lie.

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The Truth about the truth:

- Truth can be difficult to hear, confrontational, and can require us to change at times.
- Lies tell us we are fine as we are.
- Jesus is the truth.
- And what does Jesus as truth accomplish (note **John 8:32**)?
- Jesus can set you free.



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