



ALL
SAINTS'
EPISCOPAL CHURCH

2023

KANUGA

ANNUAL PARISH RETREAT

SCHEDULE - PAGE 1 / 2

FRIDAY, SEPTEMBER 29

TIME	LOCATION	EVENT
12:00 NOON		Golf (with Ann Stuart Pearce and Ellen Porter)
4:00 P.M. - 6:00 P.M.	Lodge	Check-in for accommodations
	Johnson Fireplace Lounge and the Rocking Chair Porch	Reception (Beverages, Name Tag Fun, Goodie Bags, sign up for activities)
6:00 P.M. - 7:00 P.M.	Dining Hall	Dinner
7:00 P.M. - 8:00 P.M.	Rocking Chair Porch	Generation Jeopardy and Sing-a-Long (This is going to be a blast! Who does not love Jeopardy and singing!)
8:00 P.M. - 9:00 P.M.	Lakeside Cabin 3	Desserts & Drinks hosted by our Annual Canvass Team (Late arrivals, you can pick up name tags and goodies bags here)
9:00 P.M. - 10:00 P.M.	Meet at Lobby	Youth Bonfire by the fire pit

SATURDAY, SEPTEMBER 30 (A.M.)

TIME	LOCATION	EVENT
7:15 A.M.	Meet outside the Chapel of the Transfiguration	Fun Run (begins at 7:30 A.M. with Tim Frilingos)
7:30 A.M.	Lakeside Chapel	Eucharist w/ The Rev. Dr. Jennifer McBride (Outdoor Service)
8:00 A.M. - 9:00 A.M.	Dining Hall	Breakfast
8:45 A.M. - 11:50 A.M.	Gym	K - 3 Children's Program w/ Kathy Roberts and Annette Sullivan
8:45 A.M. - 11:50 A.M.	Hunter Home in Minkler Area	Birth - Age 4 Meetup
8:45 A.M. - 12:00 NOON	Gym	Grades 4 - 5 Ropes Course w/ Jack Askew, Jowell Tome, Barkley Toole
9:00 A.M. - 11:50 A.M.	St. John's Chapel	Grades 6 - 12 Corn Maze Adventure w/ Hope Westervelt, Alvin Moore and Briley Brisendine
9:00 A.M. - 10:00 A.M.	Johnson Fireplace Lounge	Join The Rev. Nontombi Naomi Tutu as she shares her journey (coffee provided)
10:15 A.M. - 11:30 A.M.	Gym	Labyrinth Walk Outdoors with Barrie Gibby
10:15 A.M. - 11:45 A.M.	Tennis Courts	Pickleball with Wendy Little
11:00 A.M. - 12:00 NOON	Lakeside Pavillion	Yoga with Katie Paisley (all levels, yoga mats provided)





ALL
SAINTS'
EPISCOPAL CHURCH

2023

KANUGA

ANNUAL PARISH RETREAT

SCHEDULE - PAGE 2 / 2

SATURDAY, SEPTEMBER 30 (P.M.)

TIME	LOCATION	EVENT
12:00 NOON - 1:00 P.M.	Lawn by Rocking Chair Porch	Outdoor Picnic
1:00 P.M. - 2:00 P.M.	Lakeside Chapel	Practicing Wonder w/ the poetry from Mary Oliver! Attend to the wonder of creation and reflect on how that might serve as a spiritual practice for everyday life. Led by The Rev. Dr. Jennifer McBride.
1:30 P.M. - 2:30 P.M.	Elliot Playing Fields (by Gym)	Kickball
3:00 P.M. - 3:30 P.M.	Lake Pavillion	Polar Bear Swim w/ Tim Frilingos
4:00 P.M. - 5:00 P.M.	Rocking Chair Porch	Scavenger Hunt
5:00 P.M. - 6:00 P.M.	Johnson Fireplace Lounge and the Rocking Chair Porch	Social Hour and Awards Ceremony
6:00 P.M. - 7:00 P.M.	Dining Hall	Dinner
7:30 P.M. - 9:30 P.M.	Balthis Building	Dance Party (Dress like your favorite generation and dance the night away to your playlist! DJ, photobooth and beverages provided!)
9:00 P.M. - 10:00 P.M.	Lakeside Cabin 2	Hangout Hosted by Habitat Team (An assortment of delicious popcorn will be provided)
10:00 P.M. - 11:00 P.M.		High School Night Hike

SUNDAY, OCTOBER 1

TIME	LOCATION	EVENT
7:30 A.M. - 9:00 A.M.	Dining Hall	Breakfast
9:30 A.M.	Chapel of the Transfiguration	Worship Service
10:00 A.M. - 11:00 A.M.	West Dining Hall	Lunch on-the-go! (Boxed lunches with a choice of ham, turkey, chicken salad or veggie wrap will be provided. Sides include chips and a piece of fruit. Drinks will be provided. Many asked if we could have to-go lunches because they like to get on the road, so no buffet will be available. For those who wish to stick around and eat, you may eat in the dining hall or outside!)

NOTE: Throughout the weekend, you may do your own thing at any time! Other options at Kanuga Camp and Conference Center include: fishing, hiking on your own, apple picking, a road trip to Flat Rock or Hendersonville and/or the Carl Sandburg National Historical Site.

