



PHILIPPIANS

“Thinking the
Right Things”

Philippians 4:8-9

Pastor Brad Eubank

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All scripture comes from the New American Standard Bible (NASB) – 1995 version unless otherwise noted.

Right thinking will lead us to right living.

Proverbs 23:7 (NASB); Mark 7:20-23 (NLT)

"Sow a thought, reap an action. Sow an action, reap a habit. Sow a habit, reap a character. Sow a character, reap a destiny!"

William Barclay – "...It is the law of life that, if a man thinks of something often enough and long enough, he will come to the stage where he cannot stop thinking about it. His thoughts will be quietly literally in a groove out of which he cannot jerk them."

2 Corinthians 10:5 (NASB & NCV)

1. Permeate (saturate) your mind with the right things

Romans 12:2; Ephesian 4:32; 1 Peter 1:13

How do we define what are the right things?

Those things that are excellent and praise worthy

Romans 8:5 (NLT); Colossians 3:2 (NASB)

A. True

B. Noble

C. Right/Just

D. Pure

E. Lovely

F. Admirable

2. Put into practice what you know

A. Learned and Received 2 Timothy 2:2 (NASB)

B. Heard and Seen James 1:22 (TEV)

3. Promise that follows – The God of peace will be with you

Isaiah 32:17; James 3:17; Romans 8:6; 15:33; 16:20;
2 Corinthians 13:11

Our Response

- 1) Stop for a moment and consider: What do you spend the most time thinking about in your daily life? Share the top 5 and how much time. How does that compare to what Paul challenges us to think about?
- 2) Why is right thinking so important for right living? How have you seen this play out in your life?
- 3) What are the right things you need to start thinking about on a regular basis? What changes do you need to make in order to do just that?
- 4) What might you need to put into practice that you already know to be true (that which you've learned, received, heard & seen)?
- 5) How have you experienced the peace of God in your life? Share some specific moments. Why were you able to experience His peace?