



COMMUNITY OF FAITH

UNSHAKABLE JOY

HOW TO STAND FIRM NO MATTER WHAT

“For this reason, brothers and sisters, my joy and crown whom I dearly love, I cannot wait to see you again. Continue to stand firm in the Lord....” Philippians 4:1

How to Stand Firm

1. Practice staying united at church with other believers.

2. Practice maintaining a spirit of worship.

“Most of all, friends, always rejoice in the Lord! I never tire of saying it: Rejoice!”
Philippians 4:4

3. Practice letting go of your rights.

“Keep your gentle nature so that all people will know what it looks like to walk in His footsteps.” Philippians 4:5a

4. Practice resting on a confident faith in the Lord.

“The Lord is ever present with us.” Philippians 4:5b

“Therefore, put on every piece of God’s armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground, putting on the belt of truth and the body armor of God’s righteousness. For shoes, put on the peace that comes from the Good News so that you will be fully prepared.”
Ephesians 6:13-15

5. Practice turning worry into gratitude and prayer.

“Don’t be anxious about things; instead, pray. Pray about everything. He longs to hear your requests, so talk to God about your needs and be thankful for what has come.”
Philippians 4:6

“Be thankful...” Philippians 4:6b

“Cast all your anxiety on Him because He cares for you.” 1 Peter 5:7

“And know that the peace of God (*a peace* that is beyond any and all of our *human understanding*) will stand watch over your hearts and minds in Jesus, the Anointed One.” Philippians 4:7

“You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!” Isaiah 26:3

6. Practice learning to think rightly.

“Finally, brothers and sisters, fill your minds with *beauty and* truth. Meditate on whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is good, whatever is virtuous and praiseworthy.” Philippians 4:8

“Be renewed in the spirit of your mind.” Ephesians 4:23

7. Practice, practice, practice.

“The things you’ve learned, received, and heard and seen in me, practice these things and the God of peace shall be with you.” Philippians 4:9

The Lord is near.